Dear ISoN Members,

Here is today’s update on the Ingram School of Nursing (ISoN)’s response to the COVID-19 pandemic.

Online courses

The ISoN Pandemic Response Team (PRT) understands that there are several questions and concerns in relation to online delivery of courses within the School. Because ISoN is a professional program within the Faculty of Medicine, it is permitted to offer online courses over the next two weeks (and thereafter). This exception was made by the University for health professional programs due to the accreditation and licensing obligations under which these programs must function. **With these obligations in mind, effective Wednesday, March 18th, several ISoN courses will begin to be made available to students online.** These courses will, for the most part, be asynchronous in nature. This means that students will be able to access the material and participate in the course at a time that suits each person best, allowing each to meet work and family obligations while continuing their studies. Course Coordinators will communicate with their students directly to confirm the details of each specific course. The PRT asks that all students check their McGill emails for updates.

Clinical and Lab Courses

Some of these courses will continue from March 30th onward in a different format. In the meanwhile, the PRT is exploring ways to create opportunities for students to complete their lab and clinical course requirements, given the current exceptional circumstances and Ministerial Directives. We understand that this uncertainty creates stress for students, especially those planning to graduate, as they wish to proceed in clinical. As solutions are identified, they will be communicated to you. This is likely to take some time since identifying solutions, while maintaining excellence in education, in the midst of a pandemic is new territory for us.

Support Services

Should any **student** need support, please use any of the resources below.
- Tracom (24/7). Qualified crisis intervention workers are available to take your call if you have feelings of confusion, anxiety, distress, and suicidal ideas. Tel.: 514-483-3033
- Drug and alcohol help (24/7). Speak with a trained counsellor for support. Toll-free in Quebec: 1-800-265-2626. Tel: 514-527-2626
- Suicide Action Montreal (24/7). They offer support services, crisis workers, and monitor for people who are at risk of suicide. Toll-free in Quebec: (1-866-APPELLE) 1-866-277-3553. Tel.: 514-723-4000

During this very challenging time, The WELL Office will remain open, however working remotely until March 30. The ISoN Wellness Consultants will be holding virtual counselling appointments which can be booked online: [www.mcgill.ca/thewelloffice/our-services/spot-scsd-ison/wellness-support/counselling-appointments](http://www.mcgill.ca/thewelloffice/our-services/spot-scsd-ison/wellness-support/counselling-appointments).

Should any **staff or faculty** need support, please consult the [McGill website](http://www.mcgill.ca), the [Health Canada website](http://www.canada.ca), and the [Employee assistance program](http://www.canada.ca) is available 24/7.

Protecting Our Community and Health System

The Quebec government asked that all individuals continue to practice social distancing, working remotely, as well as staying up-to-date with the measures taken to contain the spread. Regular updates from the Quebec government on COVID-19 can be found at: [www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/#c46904](http://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/#c46904)

Please continue to direct any questions for the PRT to: directoradmin.nursing@mcgill.ca

Regards,

ISoN Pandemic Response Team