

Work and Play

Improving Your Leadership

Management Forum Plenary Session:
March 17, 2010

Work and Play

Improving Your Leadership

Joan Butterworth,
Leadership Training Facilitator
First-Year Office, Student Services

Work and Play

Agenda for today:



PLAY



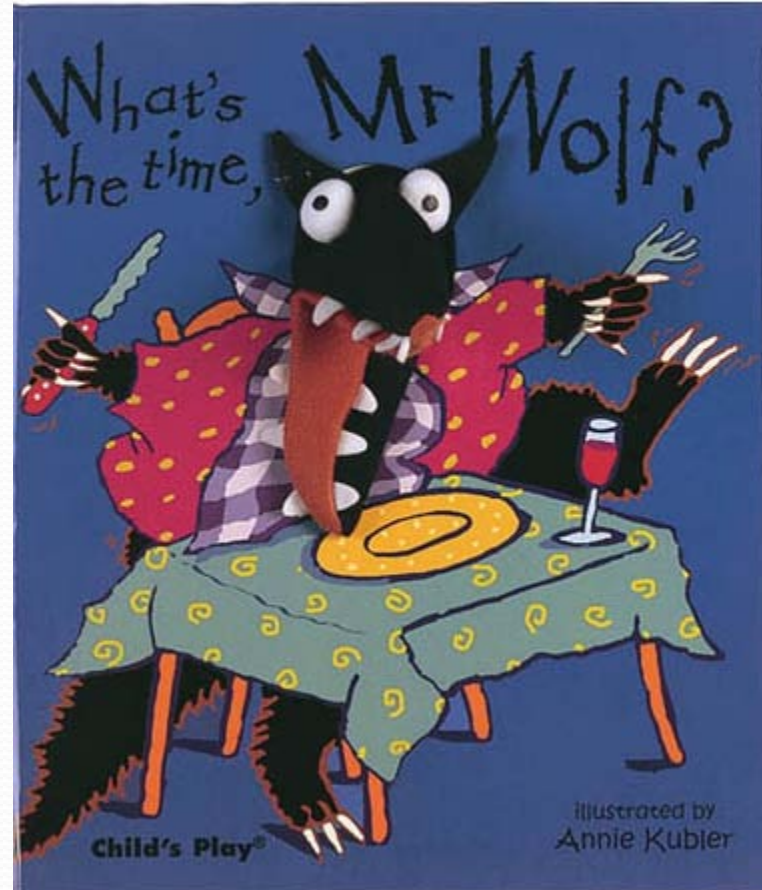
Improv



Conclusion

Work and Play

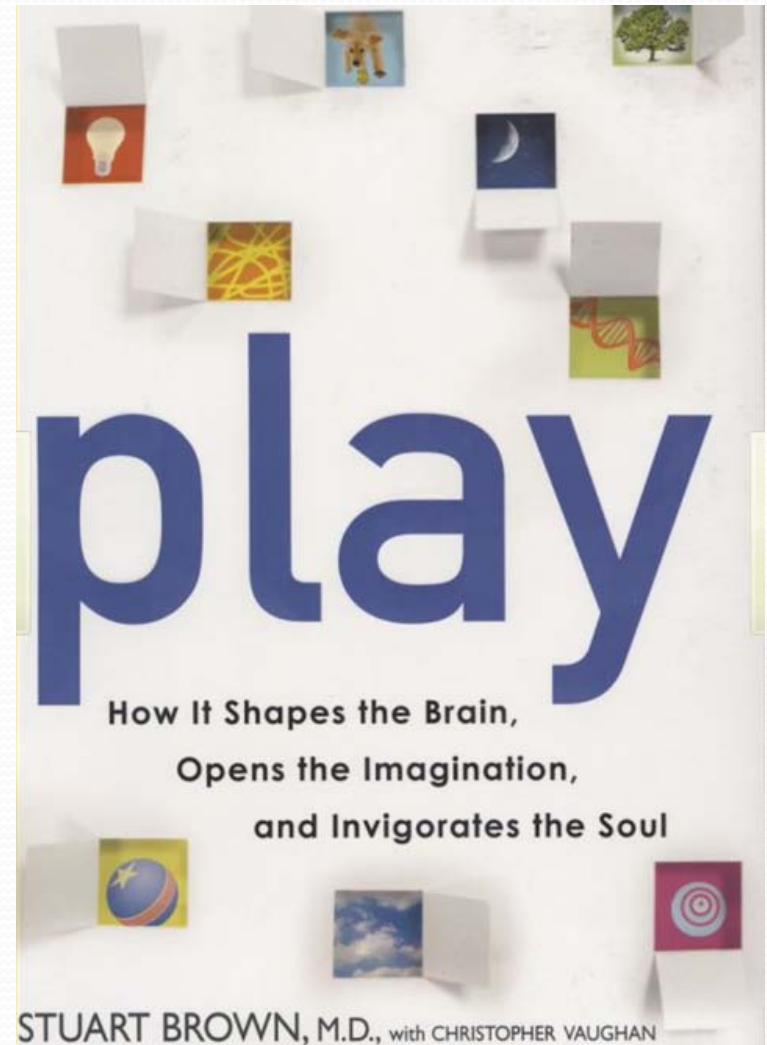
PLAY



Work and Play



Impro



Work and Play

PLAY



Work and Play

PLAY



Work and Play

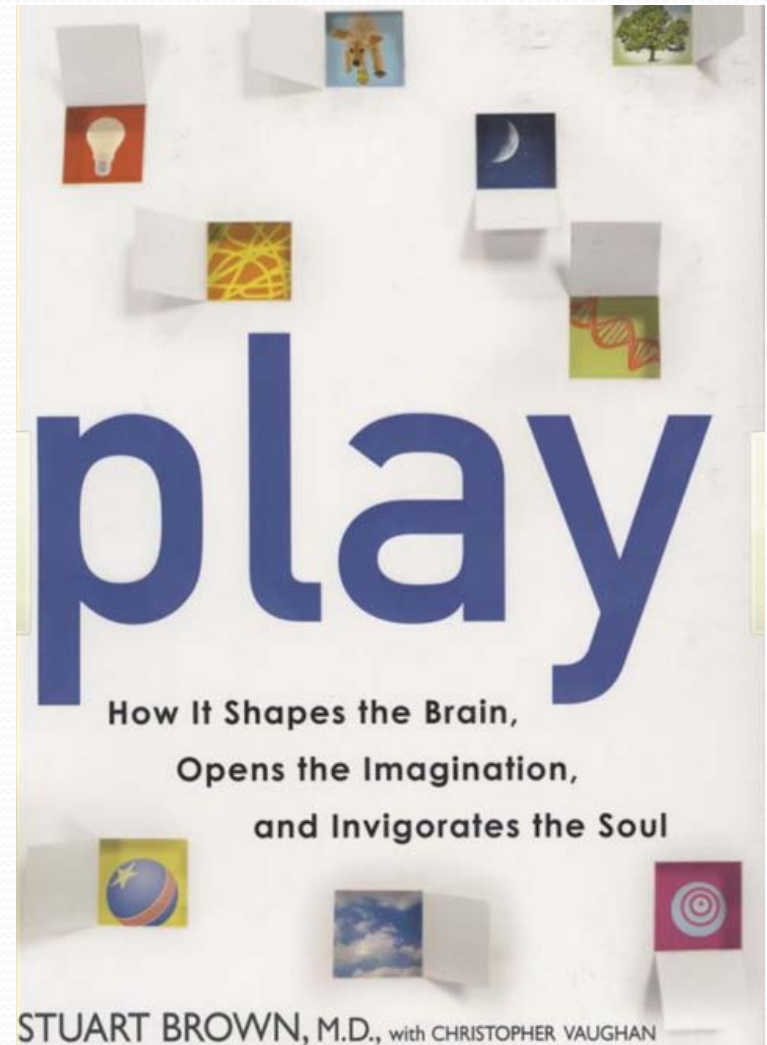
Properties
of PLAY



Work and Play



Impro



Work and Play

PLAY



Work and Play

PLAY



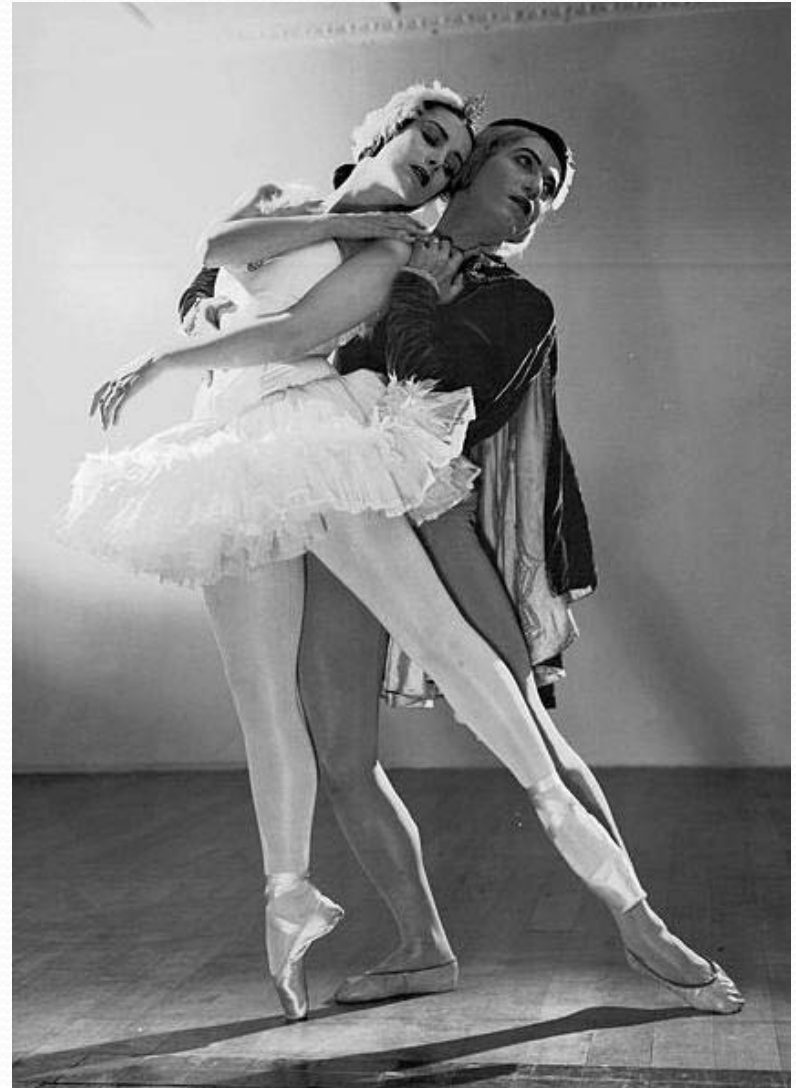
Work and Play

PLAY



Work and Play

PLAY



Imp

Work and Play



**Properties
of PLAY**

- Apparently purposeless
- Voluntary
- Inherent attraction
- Freedom from time
- Diminished consciousness of self
- Improvisational potential
- Continuation desire

Work and Play

Agenda for today:



PLAY



Improv



Conclusion

Five Principles of Improv

- Taking Risks
- Accepting Offers (or Not Blocking)
- Mindless Enthusiasm (M.E.)
- Keep It Simple, Stupid (K.I.S.S.)
- Playing with High and Low Status

Five Principles of Improv

Taking Risks



Five Principles of Improv

Taking Risks

The possible outcomes....

- Risk of Success
- Risk of Failure

Tense state vs. Relaxed state

Five Principles of Improv

Accepting Offers



Five Principles of Improv

Accepting Offers (or Not Blocking)

When you accept offers you ...

Share the control of the scene

Build trust through validation

Move the scene forward

Five Principles of Improv

Mindless Enthusiasm (M.E.)



Five Principles of Improv

Mindless Enthusiasm (M.E.)

When you use M.E. you ...

- Add energy to the scene
- Build trust through validation
- Inspire people to believe in themselves

Five Principles of Improv

Keep It Simple, Stupid (K.I.S.S.)



Five Principles of Improv

Keep It Simple, Stupid (K.I.S.S.)

When you keep it simple you ...

- Can be focused
- Build a scene together more readily

Five Principles of Improv

Play with High and Low Status

When you can play with status you can ...

Place yourself instead of being placed

Place other people in a different status

Recognize status quickly and use it to make a scene interesting

Work and Play

Agenda for today:

PLAY

Improv

Conclusion

Work and Play



Conclusion

Exercise:

Think about:

1. How play is valuable to you?
2. What you found valuable about the principles of improvisation?

Work and Play

Agenda for today:

For additional inspiration to be reminded how we all can increase the role of play in our lives, visit YouTube to see Jill and Kevin's Wedding Entrance Dance at:

<http://www.youtube.com/watch?v=4-94JhLEiN0>



PLAY



Improv



Conclusion

Also fun to watch to see what happens when we accept offers: Free Hugs Campaign on Youtube http://www.youtube.com/watch?v=vr3x_RRjdd4