

DEMENTIA EDUCATION AND SUPPORT WORKSHOP FOR FAMILY CAREGIVERS

Friday, November 30, 2018 | 9 am to 2 pm

THIS WORKSHOP WILL BE GIVEN IN ENGLISH. PLEASE BRING YOUR LUNCH.

McGill University's Steinberg Centre for Simulation and Interactive Learning and the RUIS McGill Centre of Excellence on Longevity are working in collaboration with Alzheimer's Care Consultant and Facilitator **Claire Webster**, and with **Dr. Serge Gauthier**, Director of the Alzheimer Disease Research Unit at the McGill University Research Centre for Studies in Aging (MCSA), to offer a community workshop which aims to educate and support caregivers who are looking after a family member with Alzheimer's disease or a dementia-related illness.

This workshop will:

- focus on the most important elements that caregivers need to know regarding dementia and its associated behavioural and psychological symptoms;
- help family members prepare themselves for the journey of caring for someone who has the disease, including best practices for ensuring their own well-being as caregivers;
- simulate a real-life scenario to educate caregivers on how to create a safe home environment.

*Through education and empowerment,
this workshop will help support caregivers and
provide them with the necessary resources to
turn to in the community for support.*

TO REGISTER AND FOR MORE INFORMATION:

514-398-4175 | www.mcgill.ca/medsimcentre

Steinberg Centre for Simulation and Interactive Learning

3575 Parc Avenue, Suite 5640, Montreal, Quebec H2X 3P9

Cost: \$50

Thanks to the generous support of our donors, The Henry & Berenice Kaufmann Foundation, The Zeller Family Foundation, and Equinoxe LifeCare, we are able to offer this valuable workshop for a minimal registration fee of \$50.



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SIMULATION AND INTERACTIVE LEARNING
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