

DEMENTIA EDUCATION AND SUPPORT WORKSHOP FOR FAMILY CAREGIVERS

Friday, October 19, 2018 | 9 am to 2 pm

THIS WORKSHOP WILL BE GIVEN IN ENGLISH. PLEASE BRING YOUR LUNCH.

McGill University's Steinberg Centre for Simulation and Interactive Learning is working in collaboration with Alzheimer's Care Consultant and Facilitator **Claire Webster**, and with Geriatrician **Dr. Olivier Beauchet** from the RUIS McGill Centre of Excellence on Longevity, to offer a community workshop which aims to educate and support caregivers who are looking after a family member with Alzheimer's disease or a dementia-related illness.

This workshop will:

- focus on the most important elements that caregivers need to know regarding dementia and its associated behavioural and psychological symptoms;
- help family members prepare themselves for the journey of caring for someone who has the disease, including best practices for ensuring their own well-being as caregivers;
- simulate a real-life scenario to educate caregivers on how to create a safe home environment.

Through education and empowerment, this workshop will help support caregivers and provide them with the necessary resources to turn to in the community for support.

TO REGISTER AND FOR MORE INFORMATION:

514-398-4175 | www.mcgill.ca/medsimcentre

Steinberg Centre for Simulation and Interactive Learning

3575 Parc Avenue, Suite 5640, Montreal, Quebec H2X 3P9

Cost: \$50

Thanks to the generous support of our donors, The Henry & Berenice Kaufmann Foundation, The Zeller Family Foundation, and Equinoxe LifeCare, we are able to offer this valuable workshop for a minimal registration fee of \$50.



STEINBERG CENTRE FOR
SIMULATION AND INTERACTIVE LEARNING
CENTRE DE SIMULATION ET
D'APPRENTISSAGE INTERACTIF STEINBERG



CENTRE D'EXCELLENCE
SUR LA LONGEVITÉ
CENTRE OF EXCELLENCE
ON LONGEVITY

