



# McGILL **CPD** MedUpdates LIVE and ON DEMAND

**2023 - 2024 VIRTUAL LEARNING**

Office for Continuing  
Professional Development (CPD)

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**McGill**

Faculty of  
Medicine and  
Health Sciences

Continuing  
Professional  
Development

**Excellence in Healthcare and Lifelong Learning**

## Message from our Associate Dean

Dear Colleagues,

The McGill University Faculty of Medicine and Health Sciences Office for Continuing Professional Development (CPD) has a core mission to support healthcare providers in caring for diverse patient populations. To serve the educational needs of family physicians and other medical specialists, residents, medical students and allied healthcare professionals, the Office continues to offer the **McGill CPD MedUpdates** webinar series as **live and on-demand** accredited learning modules.

Through the concerted efforts of our dynamic Scientific Planning Committee, guest faculty and dedicated administrative staff, this year's programming offers varied and stimulating content and includes 56 CPD presentations covering 13 disciplines.

This year we are introducing a new format for CPD MedUpdates. The weekly Wednesday one-hour session will no longer take place. Weekly Thursday two-hour webinars will be livestreamed starting at 18:00 ET including a three-hour session once per month which will be eligible for RAMQ reimbursement for professional development ([Annex 19](#)) for family physicians. Participants must attend live to be eligible. All webinars will be archived and made available as on-demand learning modules one week after each live session. This will allow you to watch at your convenience to receive full credit for up to one year.

Continuing professional development is crucial to maintaining competence and mandatory for licensure. All webinars meet the accreditation/certification criteria of the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada. As such, participants may claim Mainpro+® or MOC Section 1 credits.

On behalf of the McGill CPD Office, I invite you to consult the McGill CPD MedUpdates site for more information, including a list of **upcoming interactive presentations**.

Whether you are at home, at the office, or on campus, we look forward to joining you for this remarkable learning experience.

Best regards,

*Heather Abrahams*

Heather Abrahams, MDCM CCFP  
Associate Dean, Continuing Professional Development  
Faculty of Medicine and Health Sciences  
McGill University

### SCIENTIFIC PLANNING COMMITTEE

Heather Abrahams, MD (Associate Dean)  
Patrick Ergina, MD  
Joyce Fung, PhD  
Ronald Ludman, MD  
Rosalba Perrotta, MD  
Cyrus Salek, MD  
Joe Schwarcz, PhD

### MCGILL GUEST FACULTY

Joanne Alfieri, MD	Katherine Logue, RN
Radu Avramescu, PhD	David Luckow, MD
Susan Bartlett, MD	Suzanne MacDonald, MD
Alain Bitton, MD	Marco Mascarella, MD
Linda Booij, MD	Jordi Perez, MD
Anne-Sophie Brazeau, PhD	Togas Tulandi, MD
Christian El-Hadad, MD	

## ABOUT THE COURSE

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### LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

- o demonstrate their competence in a wide variety of family and general practice subjects with a consideration of the CanMEDS roles;
- o outline knowledge of new investigations, management strategies and therapies;
- o provide practical office-based screening and disease prevention strategies;
- o optimize communication and collaboration with other professionals in a team-based inter-professional model.

### ACCREDITATION

This series meets the accreditation/certification criteria of:

- o The College of Family Physicians of Canada (Mainpro+®)
- o The Royal College of Physicians and Surgeons of Canada (MOC)
- o Le Conseil québécois de développement professionnel continu des médecins (CQDPCM): 2016 Code of Ethics for parties involved in Continuing Medical Education

### CREDITS

- o Certified for up to 56 Mainpro+® Group Learning or Self-Learning credits
- o Accredited for up to 56 MOC Section 1 (Group Learning Activity) credits/hours

### POTENTIAL CONFLICT OF INTEREST AND COURSE DEVELOPMENT

All CPD educational programs are developed by a Scientific Planning Committee (SPC) and McGill guest faculty. Speakers, moderators and SPC members are mandated to disclose to the audience any real or apparent conflict(s) of interest. All decisions about the program's content and presenters are made exclusively by the SPC.

### ADDITIONAL NOTES

Presentations are delivered in English. The duration of each presentation is approximately one (1) hour, consisting of a 45 minute presentation followed by a 15 minute question period. Questions may be asked in either English or French. Certificates will be provided at the end of the fall and winter sessions, as well as after each 3-hour session.



## IMPORTANT INFORMATION

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### **REGISTER TODAY!**

- An **early bird special rate** will apply to registrations processed **before September 16, 2023, at 23:59 ET**.
- Proof of profession and/or McGill ID (if applicable) is required for the McGill Faculty of Medicine and Health Sciences members, residents, students, nurses and physicians.
- Registration is FREE for McGill Faculty of Medicine and Health Sciences residents and students.
- [MedUpdates Registration Guide](#)

will be notified as soon as possible. The McGill CPD Office will aim to reschedule any cancelled events at a later date. For schedule changes, consult our calendar.

All cancellation requests must be made in writing to [cpdcourses.med@mcgill.ca](mailto:cpdcourses.med@mcgill.ca) within 14 days of purchasing the course. A 25% administrative fee will apply.

McGill University will not be liable for any loss, damages or other expenses that such cancellations may cause.

### **PAYMENT METHOD**

- All fees are in Canadian dollars (CAD). Applicable taxes will be added accordingly.
- All registrations must be paid by credit card online through our registration platform.
- No cheques or cash payments will be accepted.
- Tax receipts will be automatically sent by email upon registration.

### **ADDITIONAL FEES**

- A fee of \$30 plus taxes will be charged for any additional certificates requested.

### **CANCELLATION/REFUND POLICY**

The Office for Continuing Professional Development (CPD) of McGill University reserves the right to change presentation topics or speakers without notice.

In the event of a session cancellation, registrants

### Dates and Time

September 21 to December 7, 2023

January 18 to April 11, 2024

On demand: All webinars will be available as accredited asynchronous learning modules one week after each live session.

### Webinar Schedule Live (ET):

- 2-hour sessions: from 18:00 to 20:00
  - 3-hour sessions: from 18:00 to 21:10
- Presentations followed by Q&A session

All three-hour session are eligible for RAMQ reimbursement for professional development ([Annex 19](#)).

### ADOLESCENT MEDICINE

3-HOUR SESSION

#### September 21

Disordered Eating

*Dr. Holly Agostino*

Mental Health in Teens

*Dr. Martin Gignac*

Contraception and STIs in Youth

*Dr. Pierre-Paul Tellier*

### LIFESTYLE & NUTRITION

#### September 28

Cases in Pediatric Obesity

*Dr. Preetha Krishnamoorthy*

Bariatric Surgery for Obesity

*Dr. Amin Andalib*

### ADDICTION MEDICINE

3-HOUR SESSION

#### October 5

Suboxone in the Office

*Dr. Vanessa Pasztor*

Alcohol Use Disorder

*Dr. Emilie Poitout*

Cannabis Addiction

*Dr. Gabriella Gobbi*

### HEMATOLOGY & ONCOLOGY

#### October 12

Cancer Genetics: When to Refer

*Dr. Tania Cruz-Marino*

Use of Tumour Markers and General Cancer Work-Up

*Dr. Parvaneh Fallah*

### GASTROENTEROLOGY

#### October 19

Abnormal Liver Profile

*Dr. Marc Deschenes*

Non-Alcoholic Fatty Liver Disease

*Dr. Giada Sebastiani*

### OCCUPATIONAL HEALTH

#### October 26

How to Get Your Patient Back to Work? - Pt. 1

*Dr. Anne Thériault*

How to Get Your Patient Back to Work? - Pt. 2

*Dr. Anne Thériault*

### PAIN MANAGEMENT

3-HOUR SESSION

#### November 2

Pain Throughout the Ages: Pediatric / Adolescent Pain

*Dr. Jonathan Hudon*

Pain Throughout the Ages: Adult Pain

*Dr. Yoram Shir*

Pain Throughout the Ages: Geriatric Pain

*Dr. Mark Ware*

### OTOLARYNGOLOGY

#### November 9

Otitis and Tonsillitis in Children

*Dr. Tobial McHugh*

Snoring in Children

*Dr. Tobial McHugh*

### GYNECOLOGY

#### November 16

Early Detection of Gynecological Cancers

*Dr. Lucy Gilbert*

Cervical Cancer Screening and Management

*Dr. Annie Leung*

### RESPIROLOGY

#### November 23

Indoor Air Pollution

*Joe Schwarcz, PhD*

The Wheezy Child

*Dr. Christine McCusker*

### OPHTHALMOLOGY

#### November 30

The Most Common Eye Diseases

*Dr. Silvin Bakalian*

Periocular Skin Tumours: Recognition, Diagnosis and Management

*Dr. Bryan Arthur*

### ENDOCRINOLOGY

#### December 7

Type 2 Diabetes Update

*Dr. Jean-François Yale*

Diabetes Technology Update

*Melissa Pasqua, PhD*

Diabetes Case-Based Interactivity

*Dr. Jean-François Yale*

**3-HOUR SESSION**

### LIFESTYLE & NUTRITION

**3-HOUR SESSION**

#### January 18

Sports Medicine and Professional Athletes

*Dr. Laurent Duvernay-Tardif*

Different Diets

*Annyck Besso*

Sports Nutrition

*Erik Sesbreno*

### OPHTHALMOLOGY

#### January 25

What's New in Ophthalmology?

*Dr. Sheila Xi Huang*

Paradigm Shifts in the Treatments of Human Hereditary Blindness: Gene Therapy and Gene Editing

*Dr. Robert Koenekoop*

### OTOLARYNGOLOGY

**3-HOUR SESSION**

#### February 1

Thyroid Nodules

*Dr. Marco Mascarella*

Sinusitis

*Dr. David Chan*

Pharyngitis

*Dr. David Chan*

### HEMATOLOGY & ONCOLOGY

#### February 8

Interpretation of CBC

*Dr. Margaret Warner*

Thrombosis Management

*Dr. Vicky Tagalakakis*

### PAIN MANAGEMENT

#### February 15

Opioids for Pain Management

*Dr. Jordi Perez*

Cannabinoids for Pain Management

*Dr. Mark Ware*

### GYNECOLOGY

**February 22**

Medical Treatment of Endometriosis

*Dr. Togas Tulandi*

Vulvovaginitis

*Dr. Fady Mansour*

### ADOLESCENT MEDICINE

**February 29**

Trans Health – Medical Side

*Dr. David Martens*

Trans Health – Psychological Side

*Françoise Susset*

**MARCH 7**

**NO SESSION AVAILABLE (SPRING BREAK)**

### GASTROENTEROLOGY

**3-HOUR SESSION**

**March 14**

Approach to Dyspepsia, GERD and PPI

*Dr. Serge Mayrand*

H. Pylori: Diagnosis and Treatment

*Dr. Carlo Fallone*

Celiac Disease

*Dr. Terry Sigman*

### ENDOCRINOLOGY

**March 21**

Menopause & Andropause

*Dr. David Morris*

Adrenal Update

*Dr. Stavroula Christopoulos*

### EVIDENCE-BASED MEDICINE

**March 28**

Evidence-Based Medicine Update

*Dr. Roland Grad*

Eminence-Based Medicine

*Joe Schwarcz, PhD*

### RESPIROLOGY

**3-HOUR SESSION**

**April 4**

Chronic Cough

*Dr. Maxime Cormier*

Approach to Dyspnea in a Post-COVID World

*Dr. Bryan Ross*

Approach to Thoracic Incidentalomas

*Dr. Nicole Ezer*

### ADDICTION MEDICINE

**April 11**

Online & Gaming Addiction

*Dr. John Sader*

Sex & Porn Addiction

*Laurie Betito*

# McGill **CPD** MedUpdates 2023-2024

## Categories and Fees

September 21 to December 7, 2023  
January 18 to April 11, 2024

Registration Category	Bundles and Individual Sessions	Early Bird Rate Until September 16, 2023*	Regular Rate After September 16, 2023*
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<b>Physician</b>	<b>SPECIAL PRICING :</b> All 2023 - 2024 sessions	<b>\$1495</b>	\$1695
	Only 3-hour sessions	\$895	\$995
<b>McGill Faculty of Medicine and Health Sciences Appointee</b>	<b>SPECIAL PRICING :</b> All 2023 - 2024 sessions	<b>\$1420</b>	\$1610
	Only 3-hour sessions	\$850	\$945
<b>Nurses, IMGs and Other Healthcare Professionals</b>	<b>SPECIAL PRICING :</b> All 2023- 2024 sessions	<b>\$900</b>	\$1015
	Only 3-hour sessions	\$535	\$600
<b>Residents and Medical Students of McGill University</b>		<b>FREE</b>	

[Click here](#) to register for McGill CPD MedUpdates!

\* All fees displayed are in Canadian dollars (CAD). Applicable taxes are not included in the above prices and will be added upon checkout.