



# McGILL **CPD** MedUpdates LIVE and ON DEMAND

**2024 - 2025 VIRTUAL LEARNING**

Office for Continuing  
Professional Development (CPD)

- + [mcgill.ca/medicinecpd](https://mcgill.ca/medicinecpd)
- + [cpdcourses.med@mcgill.ca](mailto:cpdcourses.med@mcgill.ca)
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**McGill**

Faculty of  
Medicine and  
Health Sciences

Continuing  
Professional  
Development

Excellence in Healthcare and Lifelong Learning

## Message from our Associate Dean

Dear Colleagues,

The office for Continuing Professional Development (CPD) is dedicated to supporting lifelong learning of physicians as well as other healthcare professionals. Whether you are at home, at the office, or on campus, we offer several flexible learning opportunities.

MedUpdates, our weekly webinar series, is available live and on-demand. Thanks to our dynamic Scientific Planning Committee, guest faculty and dedicated administrative staff, this year's programming includes 56 hours of accredited presentations covering 13 disciplines.

Weekly webinars take place on Thursday evenings starting at 18:00 ET and will include a three-hour session once per month which will be eligible for RAMQ reimbursement for professional development ([Annex 19](#)) for family physicians. All webinars will be archived and made available as on-demand learning modules one week after each live session. This will allow you to watch at your convenience to receive full credit for up to one year. All webinars meet the accreditation/certification criteria of the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada. As such, participants may claim Mainpro+® or MOC Section 1 credits.

On behalf of the McGill CPD Office, I do hope that you will join us at MedUpdates.

Best regards,

*Heather Abrahams*

Heather Abrahams, MDCM CCFP  
Associate Dean, Continuing Professional Development  
Faculty of Medicine and Health Sciences  
McGill University

### SCIENTIFIC PLANNING COMMITTEE

Heather Abrahams, MD (Associate Dean)  
Joyce Fung, PhD  
Ronald Ludman, MD  
Rosalba Perrotta, MD  
Michael Malus, MD  
Cyrus Salek, MD  
Joe Schwarcz, PhD  
Dubravka Diksic, MD

### MCGILL GUEST FACULTY

|                     |                       |
|---------------------|-----------------------|
| Marcel Behr, MD     | Sharon Nessim, MD     |
| Wendy Chiu, MD      | Chantal Poulin, MD    |
| William Foulkes, MD | Lawrence Rudski, MD   |
| Carolyn Jack, MD    | Vicky Tagalakakis, MD |
| Claire Leblanc, MD  | Jeanne Teitelbaum, MD |
| Nancy Mayo, PhD     | Christos Tsoukas, MD  |
| Jeffrey Minuk, MD   | Patrick Willemot, MD  |
| Jose Morais, MD     | Daniel Zigman, MD     |

## ABOUT THE COURSE

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### LEARNING OBJECTIVES

At the conclusion of this activity, I will be able to:

- demonstrate my competence in a wide variety of family and general practice subjects with a consideration of the CanMEDS roles;
- outline knowledge of new investigations, management strategies and therapies;
- provide practical office-based screening and disease prevention strategies;
- optimize communication and collaboration with other professionals in a team-based inter-professional model.

### ACCREDITATION

This series meets the accreditation/certification criteria of:

- The College of Family Physicians of Canada (Mainpro+®)
- The Royal College of Physicians and Surgeons of Canada (MOC)
- Le Conseil québécois de développement professionnel continu des médecins (CQDPCM): 2016 Code of Ethics for parties involved in Continuing Medical Education

### CREDITS

- Certified for up to 56 Mainpro+® Group Learning or Self-Learning credits
- Accredited for up to 56 MOC Section 1 (Group Learning Activity) credits/hours

### POTENTIAL CONFLICT OF INTEREST AND COURSE DEVELOPMENT

All CPD educational programs are developed by a Scientific Planning Committee (SPC) and McGill guest faculty. Speakers, moderators and SPC members are mandated to disclose to the audience any real or apparent conflict(s) of interest. All decisions about the program's content and presenters are made exclusively by the SPC.

### ADDITIONAL NOTES

Presentations are delivered in English. The duration of each presentation is approximately one (1) hour, consisting of a 45 minute presentation followed by a 15 minute question period. Questions may be asked in either English or French. Certificates will be provided at the end of the fall and winter sessions, as well as after each 3-hour session.

## IMPORTANT INFORMATION

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### **REGISTER TODAY!**

- An **early bird special rate** will apply to registrations processed **before September 12, 2024, at 23:59 ET**.
- Proof of profession and/or McGill ID (if applicable) is required for the McGill Faculty of Medicine and Health Sciences members, residents, students, nurses and physicians.
- Registration is FREE for McGill Faculty of Medicine and Health Sciences residents and students.
- [MedUpdates Registration Guide](#)

will be notified as soon as possible. The McGill CPD Office will aim to reschedule any cancelled events at a later date. For schedule changes, consult our calendar.

All cancellation requests must be made in writing to [cpdcourses.med@mcgill.ca](mailto:cpdcourses.med@mcgill.ca) within 14 days of purchasing the course. A 25% administrative fee will apply.

McGill University will not be liable for any loss, damages or other expenses that such cancellations may cause.

### **PAYMENT METHOD**

- All fees are in Canadian dollars (CAD). Applicable taxes will be added accordingly.
- All registrations must be paid by credit card online through our registration platform.
- No cheques or cash payments will be accepted.
- Tax receipts will be automatically sent by email upon registration.

### **ADDITIONAL FEES**

- A fee of \$30 plus taxes will be charged for any additional certificates requested.

### **CANCELLATION/REFUND POLICY**

The Office for Continuing Professional Development (CPD) of McGill University reserves the right to change presentation topics or speakers without notice.

In the event of a session cancellation, registrants

## SESSIONS SCHEDULE

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### Dates and Time:

September 19 to December 5, 2024

January 16 to April 17, 2025

On demand: All webinars will be available as accredited asynchronous learning modules one week after each live session.

### Webinar Schedule Live (ET):

• 2-hour sessions: from 18:00 to 20:00

• 3-hour sessions: from 18:00 to 21:10

*Presentations followed by Q&A session*

All three-hour sessions are eligible for RAMQ reimbursement for professional development ([Annex 19](#)).

## FALL 2024

SEPTEMBER 19

### INFECTIOUS DISEASES

3-HOUR SESSION

- **New Vaccines in Adults** - *Dr. Brian Ward*
- **Travel Related Rickettsiosis** - *Dr. Leighanne Parkes*
- **Pediatric Rashes Related to Infection** - *Dr. Earl Rubin*

SEPTEMBER 26

### GERIATRICS

- **Exercise/Mobility in the Elderly** - *Dr. José Morais*
- **Nutrition and Brain Health During Aging** - *Guylaine Ferland, PhD*

OCTOBER 10

### INTERNAL MEDICINE

3-HOUR SESSION

- **Incidentalomas** - *Dr. Jeff Segal*
- **Deprescription/Polypharmacy** - *Dr. Emily McDonald*
- **Peripheral Vascular Disease** - *Dr. Matthew Ades*

OCTOBER 17

### DERMATOLOGY

- **Sunscreens and Creams** - *Dr. Beatrice Wang*
- **Atopic Dermatitis in Children and Adults** - *Dr. Carolyn Jack*



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|-------------|---|----------------|
| OCTOBER 24  | MUSCULO-SKELETAL  |                |
|             | <ul style="list-style-type: none"> <li>• <b>Fractures Not to Miss</b> - <i>Dr. Nayla Papadopoulos</i></li> <li>• <b>Mechanical vs. Inflammatory, or Just Back Pain?</b> - <i>Dr. Mohan Radhakrishna</i></li> </ul>                                  |                |
| OCTOBER 31  | GENETICS  |                |
|             | <ul style="list-style-type: none"> <li>• <b>What the Family Doctor Needs to Know About Genetics in 2024</b> - <i>Dr. Bettina Mucha-Le Ny</i></li> <li>• <b>Cancer Genetics</b> - <i>Dr. Tania Cruz Marino &amp; Evan Weber</i></li> </ul>           |                |
| NOVEMBER 7  | PSYCHIATRY  | 3-HOUR SESSION |
|             | <ul style="list-style-type: none"> <li>• <b>Psychedelics</b> - <i>Dr. Sara de la Salle</i></li> <li>• <b>Personality Disorders</b> - <i>Dr. Ruben Martins</i></li> <li>• <b>Autism Spectrum Disorder</b> - <i>Julie Scolah, PhD</i></li> </ul>      |                |
| NOVEMBER 14 | ALLERGY-IMMUNOLOGY  |                |
|             | <ul style="list-style-type: none"> <li>• <b>Pediatric Vaccines</b> - <i>Dr. Christine McCusker</i></li> <li>• <b>Eosinophilic Esophagitis</b> - <i>Dr. Natacha Tardio</i></li> </ul>  |                |
| NOVEMBER 21 | NEUROLOGY   |                |
|             | <ul style="list-style-type: none"> <li>• <b>Transient Ischemic Attack (TIA)</b> - <i>Dr. Aimen Moussaddy</i></li> <li>• <b>The Essentials of the Neurological Examination</b> - <i>Dr. Robert Altman</i></li> </ul>                                 |                |
| NOVEMBER 28 | EMERGENCY MEDICINE  |                |
|             | <ul style="list-style-type: none"> <li>• <b>Suicide in ER</b> - <i>Dr. Karine Igartua</i></li> <li>• <b>In-Flight Medical Emergencies</b> - <i>Dr. Mitchell Shulman</i></li> </ul>  |                |
| DECEMBER 5  | CARDIOLOGY  | 3-HOUR SESSION |
|             | <ul style="list-style-type: none"> <li>• <b>Cardiac Rehabilitation</b> - <i>Lisa Masse M.Sc</i></li> <li>• <b>Geriatric Cardiology</b> - <i>Dr. Catherine Talbot-Hamon</i></li> <li>• <b>Atrial Fibrillation</b> - <i>Dr. Atul Verma</i></li> </ul> |                |

## WINTER 2025

JANUARY 16

### ALLERGY-IMMUNOLOGY

3-HOUR SESSION

- **Immunotherapy** - *Dr. Jesse Schwartz*
- **Preventing Peanut Allergies in Children** - *Dr. Moshe Ben-Shoshan*
- **Understanding How Immunology Shifts as we Age** - *Dr. Christos Tsoukas*

JANUARY 23

### NEUROLOGY

- **Seizures in Children: Approach to Diagnosis and Management** - *Dr. Kenneth Myers*
- **Headaches in Children: Approach to Diagnosis and Management** - *Dr. Kenneth Myers*

JANUARY 30

### INTERNAL MEDICINE

- **Update in Dyslipidemia 2025** - *Dr. George Thanassoulis*
- **Lipids and the Primary Prevention of Cardiovascular Disease** - *Dr. Roland Grad*

FEBRUARY 6

### NEPHROLOGY & UROLOGY

3-HOUR SESSION

- **Common Electrolyte Abnormalities** - *Dr. Sharon Nessim*
- **Hypertension in Nephrology** - *Dr. Bethany Foster*
- **Medication Safety in CKD** - *Dr. Emilie Trinh*

FEBRUARY 13

### GERIATRICS

- **Behavioral and Psychological Symptoms of Dementia** - *Dr. Elise Levinoff*
- **Sleep Disorders in the Elderly** - *Dr. René Desautels*

FEBRUARY 20

### PSYCHIATRY

- **Adult ADHD** - *Dr. Alexandre Traicu*
- **Bipolar Disorder Diagnosis** - *Dr. Daniel Zigman*

FEBRUARY 27

### MUSCULO-SKELETAL

- **Screening for Scoliosis in Teens** - *Dr. Jean Ouellet*
- **What Knees Should be Referred to Physio** - *Dr. Daniel Abourbih*

**MARCH 13**

**DERMATOLOGY**

**3-HOUR SESSION**

- **Hidradenitis Suppurativa and Acne** - *Dr. Anjali Saxena*
- **Hair** - *Dr. Alfred Balbul*
- **Approach to an Examination of Cancer** - *Dr. Philippe Lefrancois*

**MARCH 20**

**EVIDENCE-BASED MEDICINE & INFECTIOUS DISEASES**

- **Top POEMs of 2024** - *Dr. Roland Grad*
- **Antibiotic Resistance and Stewardship** - *Dr. Makeda Semret*

**MARCH 27**

**EMERGENCY MEDICINE**

- **The Use of Point of Care Ultrasound in the Family Medicine Setting** - *Dr. Joel Turner*
- **Practical Uses of AI in Clinical Medicine** - *Dr. Seth Davis*

**APRIL 3**

**EMERGENCY MEDICINE**

**3-HOUR SESSION**

- **Head Trauma and Concussions in Pediatrics** - *Dr. Sasha Dubrovsky*
- **Abdominal Pain** - *Dr. Ana Sant'Anna*
- **Approach to the Management of Febrile Young Infants** - *Dr. Brett Burstein*

**APRIL 10**

**GENETICS**

- **Common Genetic Disorders Presenting with Physical Symptoms in Children** - *Dr. Isabelle De Bie*
- **Update on Prenatal Genetic Screening** - *Dr. Isabelle De Bie*

**APRIL 17**

**NEPHROLOGY & UROLOGY**

- **Infections of the Urinary Tract: The Simple and the Complicated** - *Dr. Ling Kong*
- **Pediatric UTIs** - *Dr. John-Paul Capolicchio*



## McGill CPD MedUpdates 2024-2025

### Categories and Fees

September 19 to December 5, 2024  
January 16 to April 10, 2025

| Registration Category   | Bundles and Individual Sessions                      | Early Bird Rate Until September 12, 2024* | Regular Rate After September 12, 2024* |
|---|--|---|--|
| <b>Physician</b>  | <b>SPECIAL PRICING :</b><br>All 2024 - 2025 sessions | <b>\$1495</b>                             | \$1695                                 |
|   | Only 3-hour sessions                                 | \$895                                     | \$995                                  |
| <b>McGill Faculty of Medicine and Health Sciences Appointee</b> | <b>SPECIAL PRICING :</b><br>All 2024 - 2025 sessions | <b>\$1420</b>                             | \$1610                                 |
|   | Only 3-hour sessions                                 | \$850                                     | \$945                                  |
| <b>Nurses, IMGs and Other Healthcare Professionals</b>          | <b>SPECIAL PRICING :</b><br>All 2024- 2025 sessions  | <b>\$900</b>                              | \$1015                                 |
|   | Only 3-hour sessions                                 | \$535                                     | \$600                                  |
| <b>Residents and Medical Students of McGill University</b>      |  | <b>FREE</b>                               |  |

[Click here](#) to register for McGill CPD MedUpdates!

\* All fees displayed are in Canadian dollars (CAD). Applicable taxes are not included in the above prices and will be added upon checkout.