This workshop will:

- focus on the most important elements that caregivers need to know regarding dementia and its associated behavioural and psychological symptoms;
- help family members prepare themselves for the journey of caring for someone who has the disease, including best practices for ensuring their own well-being as caregivers;
- simulate a real-life scenario to educate caregivers on how to create a safe home environment.

Through education and empowerment, this workshop will help support caregivers and provide them with the necessary resources to turn to in the community for support.

TO REGISTER AND FOR MORE INFORMATION:

514-398-4175 | www.mcgill.ca/medsimcentre

Steinberg Centre for Simulation and Interactive Learning
3575 Parc Avenue, Suite 5640, Montreal, Quebec H2X 3P9

Cost: $50

Thanks to the generous support of our donors, the Amelia & Lino Saputo Jr. Foundation, we are able to offer this valuable workshop for a minimal registration fee of $50.