Keeping our community strong:

**How to keep students engaged remotely**

- Keep group meetings going:
  - Weekly lab Zoom meetings
  - Start a journal club
  - Write a joint review paper with students
  - Slack page for students to engage on a peer-to-peer level
  - Zoom social time – for coffee, check-ins or even for exercising!

- One-on-one Zoom meetings
  - Meet weekly, bi-weekly, or as needed. Everyone’s motivation levels vary at the moment and we all cope differently, so it is important to check in regularly.

- Make use of online communication platforms such as:
  - Slack
  - Trello (www.trello.com) or Jira (www.atlassian.com) - project management tools for shared users to break down project components and track progress.

- Pair up or find a buddy!
  - Make a weekly work schedule and share it with a buddy. This will help everyone stay accountable for the work they assigned themselves.
  - Use the 396 course model to pair up grad students with undergrads.
  - Helping clinicians who are busy on the COVID frontline
    - Help with academic aspects of their teaching and/or connect them with senior graduate students who can provide their students with additional support.

- Encourage students to learn new skills
  - Students can take courses that could be useful to their learning, that they might not otherwise have time for (ie. Big data/coding, how to do systematic reviews, MATLAB, etc.)

- Work on what can be worked on
  - Prepare ethics submissions
  - Work on grant and research proposals
  - Work on the pieces of the pieces of their thesis that they can.