

# Best practices in teaching supervision

### Did you know...

## Each step of the clinical reasoning requires its specific remediation strategy?

by Participants of the Internal community of practices on teaching supervision Chantal Robillard, Ph.D. | Academic Affairs Directorate

Hypotheses generation and directing of data gathering

Sources of

problem

Questions to ask the stagiaire Remediation strategies to put into place by the supervisor

#### 1. Difficulties in generating hypotheses, identifying clues and directing data gathering

Difficulties in identifying cues for hypotheses generation, in defining hypotheses to guide the reasoning or in structuring data collection.

- What are the key elements for this situation?
- At the beginning, when the patient mentioned this symptom, what associations did you make?
- When the patient tells you X, Y or Z, what should you be thinking about?
- Explain the clinical reasoning process
- Verbalize your clinical reasoning
- Build exercises to develop initial hypotheses generation or identification of key features: e.g. case studies, previous evaluations without hypotheses<sup>7</sup>
- Invite the stagiaire to intervene at different moment in the initial interviewing process<sup>7</sup>
- Ask for initial interview plan in writing<sup>7</sup>

#### 2. Premature closing

Rapid focus on one hypothesis or fixation on one feature leading to superficial or limited interviewing.

- Please walk me through how you came to develop this hypothesis.
- Apart from your main diagnostic hypothesis, what could be other possible diagnosis?
- Why do you think you may have missed it?
- What clues did you use to confirm or exclude other potential diagnoses?
- Systematically ask the stagiaire for differential diagnoses
- Ask for justification of the most and least (more severe) probable diagnoses
- Support the stagiaire's reflection on his/her reasoning behind the rejection of certain hypotheses
- Ask the stagiaire to read on various diagnoses and discuss them with him/her

#### 3. Difficulties in prioritizing

Inadequate prioritization of patient's problems or in the identification of relevant information when the patient presents multiple complaints.

- What made you think this problem was more important?
- What lead you to ask for more details about this feature?
- Explain in your words what the patient wanted, the situation and the steps of your clinical reasoning.
- Discuss with the stagiaire why you think this problem is more important and how to weight different features
- Ask the stagiaire to consider alternatives
- Ask the stagiaire to reflect on each factor and impact, and to share it with you
- Ask the stagiaire to summarise the patient's narrative
- Support the stagiaires, resolve the situation and explain afterwards

Refinement of hypotheses and hypotheses testing

<sup>\*</sup>The following table is an adaptation from the training material and publications of Audétat and colleagues<sup>4-6</sup> (authorized by the author) with a few additions from our Internal community of practice.<sup>7</sup>

#### 4. Difficulties in painting an overall picture of the clinical situation

Difficulties in connecting various information and integrating patient's perspective or larger context.

- Please summarize the situation in 2-3 sentences.
- What associations can you make between complaints or problems?
- If we think back and take into account the patient's history and follow-ups, how can we explain today's situation?

\*A case summary can be clear enough to mislead the supervisor.

- Before starting with a complex case, ask the stagiaire to read the chart, summarize it to you and think about it in a continuous manner
- Ask the stagiaire to reflect on different aspects of the clinical situation: patient's personality, life context, values, etc. and their impact on the problem at hand
- Ask the stagiaire to create a figure or conceptual map of the clinical situation and discuss it with him/her

#### 5. Difficulties in elaborating a management plan

Inadequate management plan due to limits in integration and synthesis process leading to inadequate interventions.

- How did you come to this intervention plan: elements that were taken into account, what was retained and their impact on hypotheses generation or orientations for the treatment plan?
- What if the problem evolves, what have you planned?
- Explicitly explain to the stagiaire what information was retained in favour of the intervention plan
- Support the stagiaire in taking position and making decisions by providing potential results of the investigation or evolution of the problem to lead to a more integrated and comprehensive intervention plan
- Discuss with the stagiaire how certain recommendations are applied or adapted to the particularity of the patient
- Ask the stagiaire to do a comparative reading, highlighting pros and cons for each investigation and treatment options

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#### **METHOD**

Minutes from the Internal community of practices on teaching supervision and review of French and English scientific literature published between 2012-2017, and other key references.

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