

#### MIMOSA LUIGI, Class of 2028

Education: HonBSc (Biomedical Sciences), MSc (Psychiatry), Université

de Montréal

Supervisor: Anne Crocker

**Dpt.:** Psychiatry

<u>Work location:</u> Philippe-Pinel National Institute of Legal Psychiatry <u>Project:</u> Towards better prevention and management of inpatient

violence in the psychiatric setting

<u>Selected Award(s):</u> Training Award from the International Center for Comparative Criminology, CIHR Canada Graduate scholarship – Master's, Fonds de recherche du Québec (FRQS) – Master's

#### Research Description:

PhD in Mental Health in the Department of Psychiatry and at the Institut national de psychiatrie légale Phillippe-Pinel. My PhD projects aim to reduce the risk for inpatient violence in psychiatry through improved clinical matching between the latest tools for violence risk assessment and individualized prevention and intervention plans.

## Why did you decide to pursue both MDCM and PhD degrees? What are your career aspirations?

I became enamoured with psychiatric research on my path towards medicine and can no longer imagine doing one without the other. I aspire to improve the health of persons living with a mental illness and involved with the justice system as a forensic psychiatrist and researcher. The MDCM and PhD program opens the door to being an active part in developing, testing, and implementing innovative care solutions for this doubly stigmatized population.

### Why did you choose to study at McGill University?

I choose McGill because it could offer the opportunity to learn from clinician-scientists in multiple fields and unique training opportunities for research in my field.

## What aspect of the MD-PhD program do you enjoy the most or are looking forward to?

I've most enjoyed getting inspired by clinical activities for research, the seminars outlining various career trajectories available to us, and the communal initiatives taken on by our student cohort.

# What advice do you have for incoming MDCM-PhD students?

I suggest taking on all the opportunities to train in transferable skills and collaborate in and outside of the curriculum. This can mean looking to other departments or centers' expertise, working on program evaluations or taking part in policy development. Explore the research possibilities an MD-PhD practice can offer.

### What do you like to do in your spare time?

I like to get out on the water to dive or swim whenever I can!