

*Instructions and regulations for the apartment in Cowansville
For McGill trainees*

No smoking allowed in the apartment

The CSSS La Pommeraie provides you with a furnished apartment during your rotation. The apartment has three (3) rooms, a living room, a complete kitchen and one bathroom.

The apartment is located at: 357, rue St-Jean, apt. 10 (last floor), Cowansville, Quebec.

It is at walking distance from the Brome-Missisquoi-Perkins Hospital (20 minutes walk). The hospital is located at 950, rue Principale, Cowansville. Attached are driving directions.

Reservations

We need to reserve your room by email at least 3 weeks before your rotation:

Ms Claude Benoît
Technicienne en administration
Direction des affaires médicales et services professionnels
CSSS La Pommeraie
Email: claud.benoit@rrsss16.gouv.qc.ca
Additional information : (450) 266-4342, option 5, ext 5535

In your email; provide your name and your dates of arrival and departure. The attribution of the rooms will be made according to the principle of *first come first served*.

IMPORTANT: On your first day of rotation you must visit the office of the *direction des affaires médicales et des services professionnels* to fill the form "Stagiaires-résidents" which grants you the privileges necessary for your medical practice during your rotation. Hence, you must meet with:

Ms Claude Benoît,
Brome-Missisquoi-Perkins Hospital
950 rue Principale – 3rd floor room 3012
Cowansville, Quebec

This is obligatory for all the trainees rotating at the CSSS La Pommeraie

Arrival and departure

The keys will be available under your name at the at the Brome-Missisquoi Perkins Hospital security desk, 950, rue Principale, Cowansville the evening before your rotation starts. You must present an ID card in order to get the keys and a \$10 deposit is required. We ask that the keys be returned to the hospital security desk on the last day of your rotation upon which you will get your deposit back.

Supplies provided:

The apartment is completely furnished: The bathroom, living room and kitchen are completely equipped (refrigerator, stove, microwave, dishes and utensils, pans, coffee machine, toaster, iron, television set, cable, linen, washer and drier). Internet access is available; however, trainees have to bring their own laptops. There are computers available in the doctors' room at the hospital.

Supplies not-provided:

You must bring your own hygiene products and food.

Heating:

The trainee is required to maintain a minimal temperature of 17° C at all times in the apartment. The trainee is expected not to overheat the apartment (maximum of 23° C).

Garbage:

All household garbage has to be deposited by the trainee, in the designated location for this purpose and in the appropriate containers (in the parking lot of the building).

Cleanliness:

It is agreed that the regular maintenance of the apartment is the responsibility of the trainees. The trainees have the responsibility to wash their own dishes, etc. Trainees must also empty out the refrigerator and the freezer of their food at the end of their stay. The apartment must always be left very clean.

Personal effects of the trainees:

It is agreed that the CSSS La Pommeraie is not held responsible for the trainee's personal effects in case of theft or damage in their rooms.

Telephone:

Trainees have access to a telephone. However no long distance calls can be made. You will be able to receive calls or make collect calls.

Visitor:

The housing is only reserved for McGill trainees. Partners, children, and friends of trainees cannot stay in the apartment.

Parking:

A parking space is put at the trainee's disposal. It is identified with the number of your room. You can also use the visitor's parking space.

You can also park in the employee reserved spaces when you are at the hospital. It is across from the hospital on Principale Street. Please indicate whether you will need a *parking pass* when you make your room reservation. The *parking pass* will be available under your name at the Brome-Missisquoi-Perkins Hospital security desk. A \$10 deposit is required which will be refunded to you once you return the *parking pass* at the end of your rotation.

Emergency:

In case of an emergency concerning the apartment you must communicate with the janitor Mr. Yvon Thériault: 450-263-2276 or with the manager of the building, Mr. Marcel Morin 514-914-9047.

Pictures of the apartment:

