



Career Resources – Volunteering Opportunities

Are you looking for volunteering opportunities? This handout lists websites and resources to use to find volunteering opportunities.

Volunteering Within McGill

- [Engage McGill](#)
McGill offers a wide variety of volunteering opportunities. This site has a list of links to organizations offering volunteering opportunities.
- [SSMU Directory of community outreach and volunteering clubs](#)
Get out of the McGill bubble and make meaningful contributions to the community with one of SSMU volunteer programs!
- [McGill Student Parent Network](#)
Offers a number of support services for students and their families, including in-house babysitting, "Study Saturdays," and regular social events for fun and fellowship.

Volunteering in Montreal

- [Youth Fusion](#)
A non-profit that aims to lower drop-out rates by focusing on experiential learning through pedagogical projects in various fields.
- [Maison de l'amitié/House of Friendship](#)
Promote the social integration of immigrants (regardless of their status) and reduce cultural and linguistic divisions within the community. Welcome volunteers to give language classes.
- [Yellow Door](#)
A community organization offering volunteering opportunities to its constituents. The Yellow Door provides an outreach program for seniors, a music and poetry venue for amateur artists, food security programs for students and meeting rooms for community groups.
- [Agence Ometz](#)
Charitable organization offering employment, immigration, school and social services to help people fulfill their potential, and secure the growth and vitality of the Montreal community.
- [Batshaw Youth and Family Centers](#)
Volunteers help by tutoring youth who need homework support. Volunteers act as mentors to those who need a "big brother" or a "big sister". Volunteers provide support to children living in group homes, teaching them arts and crafts, music and singing, playing games.
- [Frontier College](#)
Volunteering with Frontier College means that you will be helping other Canadians build literacy and numeracy skills, which increases their confidence, community engagement, and opportunities for the future.
- [Centraide of Grand Montreal – Agency and Project Directory](#)
A directory of all the Centraide supported agencies and projects throughout the Grand Montreal.
- [Volunteer Bureau of Montreal](#)
Promotes volunteerism to the general public. This site has volunteer opportunities for everyone.
- [Face UP](#)
Offers after school programs and summer camps to children in Montreal, through not-for-profit organizations including community centres, and school foundations.



- [Literacy Foundation](#)
To support adults and children so they can develop their ability to read and write and participate fully in society.
- [Les Scientifines](#)
Fait la promotion des sciences et de la technologie auprès des jeunes filles de milieux socioéconomiques défavorisés.
- [The Learning Exchange](#)
Providing free, one-on-one or group tutoring to adults in need. TLE is committed to lifelong learning and the promotion of literacy awareness.
- [Action Against Hunger](#)
A global humanitarian organization committed to ending world hunger. Volunteer opportunities in many areas: Food security, sanitation and hygiene, nutrition and health, human resources, program coordination and more.
- [AIDS Community Care Montreal \(ACCM\)](#)
Working to enhance the quality of life of people living with HIV/AIDS.
- [ARCHE](#)
L'ARCHE is an international federation of over 120 communities, each centered on the gifts and needs of women and men who live with an intellectual disability.
- [Saint Columba House](#)
Engaged in seeking justice through empowerment, education and social action, as a community ministry of the United Church of Canada in partnership with the Point Saint Charles Community.
- [Big Brothers and Big Sisters Montreal](#)
Dedicated to helping children and youths who are faced with personal and socio-economic difficulties, as well as their families. Our agency offers professional mentoring services.
- [Collective Community Services](#)
A community organization that develops and provides a continuum of support services for families and individuals, regardless of race, age, gender, religion or language.
- [Club des petits déjeuners du Québec](#)
Volunteer opportunities. Prepare and serve breakfast to children in schools.
- [Conseil Jeunesse de Montréal](#)
Enables young Montrealers to give voice to youth concerns and make the municipal administration aware of their needs. From time to time, CjM looks for volunteers.
- [DESTA Black Youth Network](#)
An outreach initiative to young adults within the black community in the Montreal area.
- [Ecomuseum Zoo](#)
The zoo offers its visitors a unique and natural experience with its mission focuses on education, research and applied conservation. A variety of volunteer opportunities from administrative tasks to guided tours.
- [Girl Guides of Canada \(GGC\)](#)
Offers a safe and acceptable environment with diverse and exciting programs and activities to give girls a chance to learn, grow and discover through age-appropriate programs.
- [Girls Action Foundation](#)
The foundation leads and seeds girls' programs across Canada. The aim is to build girls' and young women's skills and confidence, and inspire action to change the world
- [Habitat for Humanity Montreal](#)



A housing organization helping low-income families to acquire a simple, decent house. Volunteer opportunities in building a house, serving meals, public relations and more

- [Katimavik](#)
Provides young Canadians with the opportunity to volunteer in community development initiatives across the country
- [Lighthouse](#)
The Lighthouse offers respite services and support to families caring for children with life-threatening illnesses.
- [Making Waves Montreal](#)
A student initiative. The mission is to provide affordable and accessible one-on-one swimming instruction to children with special needs.
- [RECLAIM](#)
Aims to accommodate adult literacy students who could not attend classes due to ill-health, child care considerations, work schedule difficulties or other factors.
- [Santropol Roulant](#)
Founded and run by young people in Montreal. The organization brings people together across generations and cultures through an innovative approach to meals-on-wheels.
- [Share the Warmth Foundation](#)
To awaken hopes and dreams by overcoming hunger and poverty through food bank and hunger relief school program
- [Toujours Ensemble](#)
Provides academic, financial and social support to youth in the underprivileged community of Verdun in Montréal.
- [Tyndale St-Georges Community Centre](#)
A centre serving the community of Little Burgundy in South-West Montreal. Volunteer opportunities in early childhood department, children, youth and family department, etc.

Volunteering in Canada

- [Volunteer Canada](#)
The national voice for volunteerism in Canada. The site contains a list of volunteer centers across Canada. Click the link www.Getvolunteering.ca for volunteer opportunities.
- [Kids Help Phone](#)
Provides the immediate help and hope that young people need and deserve 24 hours a day, 365 days a year
- [Scouts Canada](#)
Provides underprivileged boys and girls the much-needed opportunity to experience the great outdoors and to learn to appreciate the peace and freedom that it inspires.
- [United Nations Children's Fund \(Unicef\) Canada](#)
A leading advocate for children, helping to build a world where the rights of every child are realized
- [World Literacy Canada \(WLC\)](#)
Uses literacy to fight poverty and advance the cause of social justice, especially for women and children. The link "get involved" has a link to volunteer opportunities.