**McGill Lesson Plan**

**Competency: Pre-K - K, C1, C2, C3**

**Mean of Action:\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Focus:**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ LES Period Number**: \_\_\_\_\_\_

**Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Grade**:\_\_\_\_\_\_ **Number of students**: \_\_\_\_\_\_ **Duration**: \_\_\_\_\_

|  |
| --- |
| **Pre-K and Kindergarten:** *see coursepack*  **Areas of dvpt and competencies:** *example-Physical and Motor dvpt*  **Key Features:** *uses gross motor skills: jumping - skipping games* |

**PROGRESSIONS OF LEARNING (POL)**

|  |  |
| --- | --- |
| **Knowledge** | **Skills / Action Rules** |
| **Strategies (Elementary )** | **Behaviour/ Attitudes** |
| **Integration of Knowledge or Skills from C3 POL:**  (*E.g.: D. Physical fitness 3. Cardiovascular endurance – warm up running activity)* | |
| **Rationale for the activities:** Why did you choose this activity? Are there pre-requisites? *(1-2 sentences )* | |
| **Development of Professional Competency from MEES: PC #\_\_\_**  **To develop this competency, I will:** *( you may want to choose a weekly PC for all lessons in the same week)* | |

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** | **Task Progressions & Differentation** | **Teaching Cues** | **Time** |
| **Introduction** |  |  |  |
| **Warm-Up – Activity Name:** |  |  |  |
| **Diagram of space and formation for each progression** *(only if there is a change )*  **Equipment:**  **Safety:** | | | |

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity (ies)** | **Task Progressions** | **Teaching Cues** | **Time** |
| **Main Activity – Activity Name:** |  |  |  |
| **Cool-Down Culminating Activity:** |  |  |  |
| **Diagram for each formation and progression** *(only if there is a change )*  **Differentiation:**  **Equipment:**  **Safety:** | | | |

**Post Lesson Comments:** *(use color font)*

*What went well?*

*What needs improvement?*