

What can I do with my studies in Kinesiology

Depending on my interests and experience, possible job titles:

- Kinesiology
- Recreational Counsellor
- Sports Analyst
- Rehabilitation Specialist
- Exercise Physiologist
- Coach
- Sports Program Supervisor
- Sales Specialist in the Sport Equipment Industry
- Aquatics Program Coordinator
- Fitness Instructor
- Instructor in Recreation and Sport
- Ergonomist
- Personal Trainer
- Professional Head Coach
- Special Education Assistant
- Manager / Administrator of After School Sports Programs
- Sports Counsellor
- Summer Camp Manager / Administrator
- Geriatric Recreational and Leisure Activities Coordinator

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

Possible job titles outside my area of study:

Business

- Management Consultant
- Multicultural Consultant
- Marketing Specialist
- Recruiter
- Public Relations Consultant
- Investment Advisor
- Sales Person

Try searching for the job titles shown on this page at either jobbank.gc.ca or careercruising.com, where you'll find career descriptions, profiles and job outlooks (login details for Career Cruising available by contacting CaPS).

Communications

- Writer / Author / Columnist
- Editor
- Reporter / Correspondent
- Journalist
- Broadcaster
- Publisher
- Technical Writer
- Web Developer / Producer

Education

- Academic Advisor
- Educator / Trainer
- Research Assistant
- Scientific Illustrator
- Alumni Relations Officer
- Foreign Student Advisor
- Recreation Director

Other

- Laboratory Assistant
- Administrative Assistant
- Community Relations Officer
- Data Management Administrator
- Choreographer
- Dancer

With additional education/ training or experience:

- Exercise Therapist
- Nutritionist
- Occupational Therapist
- Public Health Director
- Physical Therapist
- Research Director
- Sports Medicine Physician
- Medical Doctor
- Policy Analyst
- Military Instructor
- Health Educator
- City Administrator
- Community / Correctional Services Manager
- College Instructor
- University Professor
- Health & Social Policy Developer
- Program Administrator

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the [Undergrad Hive](#) career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

Related Skills:

- Ability to make decisions
- Ability to understand and work with complex scientific data
- Ability to work independently as well as part of a team
- Critical thinking and analytical skills
- Laboratory experience
- Listening skills
- Problem solving
- Project management
- Quantitative skills
- Social & interpersonal skills
- Specialized subject knowledge
- Teaching aptitude
- Knowledge of the functions of the human body
- Verbal and written communication skills

Areas of Employment:

- Educational Institutions
- Rehabilitation Services
- Government Health & Fitness Clubs
- Health Services
- Laboratories Medical Schools
- Research & Development
- Scientific Journals
- Sports & Athletics Programs

Associations & Websites:

- Canadian Athletic Therapists Association
<https://athletictherapy.org/>
- Canadian Kinesiology Alliance
<https://www.cka.ca/>
- Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
<https://www.scapps.org/>
- Canadian Society for Exercise Physiology
<http://www.csep.ca/>
- Canadian Physiological Society
<http://www.cpsscp.ca/>
- Canadian Physiotherapy Association National Office
<https://physiotherapy.ca/>
- Coaching Association of Canada
<https://www.coach.ca/>
- Fédération des Kinésologues du Québec
<https://www.kinesiologue.com/>
- Kino Québec
<http://www.kino-quebec.qc.ca/>
- Kinesiology Network
<http://www.kinesiology.net/>
- Ontario Kinesiology Association
<http://www.oka.on.ca/>
- American Physiological Society
<http://www.the-aps.org/>
- Physical and Health Education Canada
<https://phecanada.ca/>