



**SKILLSETS**  
Unlock Your Potential



*Unlock your potential with  
**SKILLSETS***

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# Learning Outcomes

- Become aware of what McGill's SKILLSETS program offers for graduate students.
- Learn about ways to develop your communication, leadership, and teaching skills with SKILLSETS.





# *What is SKILLSETS?*



We will go over workshops for 3 main categories:



Communication

Teaching

Leadership



McGill

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McGill

# Gradlife McGill

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GradLife McGill showcases the graduate student experience through *your* voice, photos, and videos.

Apply to be a blogger or Instagrammer at:

[www.mcgill.ca/skillsets/gradlife](http://www.mcgill.ca/skillsets/gradlife)



**GradLife**

# Supervision Series



## *3 workshops:*

- **Getting Started with Supervision**
  - Obtain practical approaches to building a productive relationship with their supervisor.
- **Sustaining Supervision**
  - Gain concrete tools to maintain their supervisory relationship
- **Getting the Best Out of Your Supervisor**
  - Panel discussion



# 3 Minute Thesis Competition

Ma Thèse en 180 secondes



Photo credit: Vivienne Tam

- 3 minutes and 1 static slide to present your research to a non-specialist audience
- Develop presentation skills
- Compete for cash prizes!
- French (MT180) or English (3MT)
- Students currently enrolled in a thesis-based program *or* have a major research component are eligible
- Registration for 2023 competition now open, follow the link below!!!

[mcgill.ca/skillsets/offerings/3mt](https://mcgill.ca/skillsets/offerings/3mt)



We will go over workshops for 3 main categories:



# Teaching Assistants (TA) Training

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- How to design a lecture? How to engage students effectively?
- Implement student-centered principles in class design and practice active learning strategies



We will go over workshops for 3 main categories:



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# From Surviving to Thriving: Resilience in Grad School

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- Why do I feel stuck? Why does this matter?
- Build skills to grow in emotional resilience and deal with the stresses of graduate school



# Leadership Series

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- Do you want to excel at emotional intelligence and build confidence?
- Do you want to learn more about inspiring people and negotiation?



*...but wait, there's more!*

Digital Literacy

Funding

Financial  
Skills

Project  
Management

*more* Survival  
Skills for  
Grads





***Any Questions?***

# More resources within SKILLSETS



Teaching Assistants resource document

myCourses

GradLife Orientation (GLO)



Individual Development Framework



SKILLSETS calendar of Events







# SKILLSETS

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*Have more questions?*

[skillsets@mcgill.ca](mailto:skillsets@mcgill.ca)



Visit our website to  
register to workshops!