







# Unlock your potential with SKILLSETS

#### **Learning Outcomes**

- Become aware of what McGill's SKILLSETS program offers for graduate students.
- Learn about ways to develop your communication, leadership, and teaching skills with SKILLSETS.







#### What is SKILLSETS?





















#### **Gradlife McGill**

GradLife McGill showcases the graduate student experience

through your voice, photos, and videos.

Apply to be a blogger or Instagrammer at:

www.mcgill.ca/skillsets/gradlife











### **Supervision Series**



#### 3 workshops:

- Getting Started with Supervision
  - Obtain practical approaches to building a productive relationship with their supervisor.
- Sustaining Supervision
  - Gain concrete tools to maintain their supervisory relationship
- Getting the Best Out of Your Supervisor
  - Panel discussion







## 3 Minute Thesis Competition

Ma Thèse en 180 secondes



- 3 minutes and 1 static slide to present your research to a non-specialist audience
- Develop presentation skills
- Compete for cash prizes!
- French (MT180) or English (3MT)
- Students currently enrolled in a thesis-based program *or* have a major research component are eligible
- Registration for 2023 competition now open, follow the link below!!!

mcgill.ca/skillsets/offerings/3mt









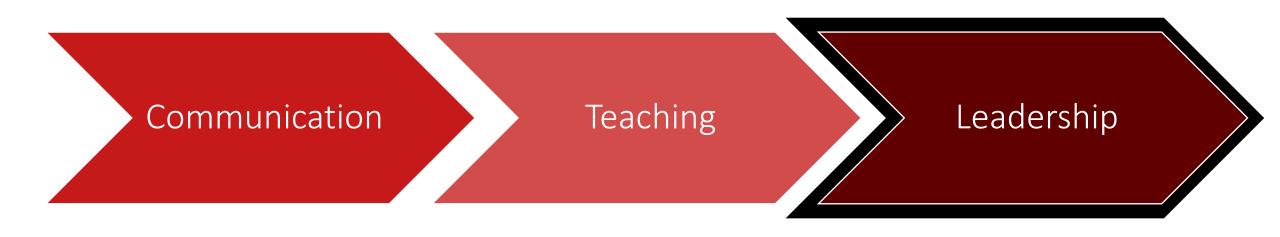
# Teaching Assistants (TA) Training



- How to design a lecture? How to engage students effectively?
- Implement student-centered principles in class design and practice active learning strategies









# From Surviving to Thriving: Resilience in Grad School



- Why do I feel stuck? Why does this matter?
- Build skills to grow in emotional resilience and deal with the stresses of graduate school



## **Leadership Series**



- Do you want to excel at emotional intelligence and build confidence?
- Do you want to learn more about inspiring people and negotiation?







#### ...but wait, there's more!

Digital Literacy

Funding

Financial Skills

Project Management more Survival
Skills for
Grads







# Any Questions?



#### More resources within SKILLSETS



**Teaching Assistants resource document** 



**GradLife Orientation (GLO)** 



**Individual Development Framework** 



**SKILLSETS** calendar of **Events** 







Have more questions?

skillsets@mcgill.ca



Visit our website to register to workshops!