#### **IPN New Student Orientation**

January 6, 2023



# Agenda today

(3:00 PM - 3:15 PM)

IPN: Dr. Ed Ruthazer - 15 mins

► (3:15 PM - 3:20 PM)

Wellness Hub: Leah Dolgoy and/or Devon Simpson

(3:20 PM - 3:35 PM)

Brain Reach: the BrainReach team

► (3:35 PM - 3:40 PM)

Brain Info: Nancy Mugisha & Brain Info team

(3:40 PM - 3:50 PM)

**Teaching and Learning Services**: Mithura Sanmugalingam

(3:50 PM - 4:20 PM)

**Graduate Funding GPS**: Jan Walker

► (4:20 PM - 4:30 PM)

**Library Neuro**: Selin Altuntur and/or Andrea Quaiattini

► (4:30 PM - 4:40 PM)

**GSAN**: Alex Bailey & Isabela Lara Uquillas

(4:40 PM - 4:55 PM)

**Neurolingo**: Hyo Lee & Hilary Sweatman

► Simulcast at https://mcgill.zoom.us/j/86228369662

#### The Team

- Dr. Ed Ruthazer, Program Director
- Katherine Vanka, Student Affairs Administrator (returning this month)
- Suri Wang, Student Affairs Coordinator
- Melissa Zhu, Student Affairs Coordinator
- Mirko Sablich, Admissions Coordinator
- Adriana Sgambetterra, Project Administrator
- Mengting Hu, Student Services Administrator (IPN-UESTC Program)
- Work-study assistants:
  - Israth Jahan & Noshin Monjur

# Our new location: Irving Ludmer Building



Irving Ludmer Psychiatry
Research and Training Building,
Room 303
1033 Pine Ave W, Montreal,
Quebec H3A 1A1

# OVERVIEW OF THE INTEGRATED PROGRAM IN NEUROSCIENCE

#### Governance

- Letter of Understanding (L.O.U.) and regular communication with your supervisor.
  - Stipend support
  - Work hours
  - Expectations to attend lab/individual meetings, journal clubs, seminars
  - Conferences
  - Authorship

#### Communication is key!

## **Stipend Support**

- Stipend consists of 4 parts as of Fall 2022:
  - ► Living stipend \$19760 (to increase w/CPI)
    - ▶ Will go to \$21,183 next term.
  - ▶ PGSS Health Insurance (Ca: \$575 or Int'l: \$1199)
  - ► Graduate Tuition (increases ~4% per year)
  - University Fees

MSc terms 1-3 PhD years 1-4		Qc Base Tuition	\$2798	
		FEES	\$1619	
	OOP MSc	Int'l MSc	Int'l PhD	
	plus \$5932	plus \$16356	plus \$14394	

As of PhD5 or MSc 4 <sup>th</sup> term			
	TUITION	FEES	
Additional Session	\$2538	\$1080	

Competitive PhD International Differential Fee Awards are available



#### Courses

- Master's students must take 3 courses.
  Options:
  - NEUR 630 + NEUR 631 + 1 elective
  - NEUR 630 + 2 electives
  - NEUR 631 + 2 electives
- ▶ Ph.D. students must take 4 courses:
  - NEUR 630 + NEUR 631 + 2 electives

# **Course Exemptions**

- Students can get exempted from NEUR 630 and/or NEUR 631.
- If exemption is granted, you will still have to take 3 courses as an M.Sc. student and 4 courses as a Ph.D. student
- To get exemptions, send the following documents to <a href="mailto:ipn@mcgill.ca">ipn@mcgill.ca</a>.
  - Transcript
  - Syllabus

# NEUR 705: Responsible Conduct of Research

- Interactive lectures that cover science and research integrity and related topics
- Mandatory in order to graduate from the IPN
- Winter 2023 Schedule:
  - ► Tuesday, March 21, 2023: 12:30 5:00 PM, E.T.
  - ► Tuesday, March 28, 2023: 12:30 5:00 PM, E.T.
  - Zoom
- Janine Mendola and Salah El Mestikawy coordinating

#### **Winter 2023**

- Most courses will be In-person, while some will have remote components
  - Check with your instructors to confirm the remote components
  - Check Teaching & Learning Services (TLS) website (<a href="https://www.mcgill.ca/tls/students">https://www.mcgill.ca/tls/students</a>) for resources on using Zoom, remote learning strategies, workshops



5 Strategies for Success



Learning with Zoom



Webinars



**Study Tactics** 



Strategies Inventory



Virtual Study Group Toolkit

# **Upcoming Milestones**

**Contact Mentor** 

Due: Within 2 weeks of assignment



Select Advisory
Committee

Due: By the end of your 1st semester



1<sup>st</sup> Advisory Committee Meeting Due: By the end of your 1st year



## Student Milestones

#### myProgress

- MyProgress is web-based tool that allows graduate students and their supervisors to track and monitor progress towards their degree.
- https://www.mcgill.ca/gps/myprogress.
- myThesis
  - ► This is a thesis examination management system for McGill graduate students to nominate examiners and submit initial thesis.
  - https://www.mcgill.ca/gps/thesis/thesisguidelines/initial-submission/what-mythesis.

# Student Development

- mylnvolment
  - ► This is an online portal for students to find involvement opportunities outside the classroom for skills building.
  - https://www.mcgill.ca/involvement/myinvolvement.
- myPath
  - ► This is a toolkit that provide students with ways to identify their goals and create an individual Development Plan (IDP)
  - https://www.mcgill.ca/mypath/

# RESOURCES FOR YOUR SUCCESS

### **Academic**

UNIT	WEBSITE
Graduate & Postdoctoral Studies	https://www.mcgill.ca/gps
Libraries	https://www.mcgill.ca/library
Office for Students with Disabilities (OSD)	https://www.mcgill.ca/osd
Teaching & Learning Services (TLS)	https://www.mcgill.ca/tls/students

# **Professional Development**

UNIT	WEBSITE
Career Planning Service (CaPS)	https://www.mcgill.ca/caps
Graphos (Academic Writing and Oral Communication)	https://www.mcgill.ca/graphos
SKILLSETS	https://www.mcgill.ca/skillsets

# Well-Being & Other Important Resources

UNIT	WEBSITE
Student Wellness Hub	https://www.mcgill.ca/wellness-hub
International Student Services	https://www.mcgill.ca/internationalstudents
Office for Sexual Violence Response, Support, and Education (O-SVRSE)	https://www.mcgill.ca/osvrse
Office of the Dean of Students	https://www.mcgill.ca/deanofstudents
IT Services	https://www.mcgill.ca/it
McGill Bookstore	https://lejames.ca

#### **Student Wellness Hub**

- Offers support for your physical and mental well-being
- Local Wellness Advisor (LWA) for graduate students is Devon Simpson (<a href="mailto:devon.simpson@mcgill.ca">devon.simpson@mcgill.ca</a>).
  - You can also use the FMHS LWA Leah Dolgoy (<u>leah.dolgoy@mcgill.ca</u>)
  - ► LWAs are trained clinicians who provide wellness support and connect you with the right resources.

#### Homework

- Use your McGill e-mail address to communicate with the University and the IPN office
- Complete the Academic Integrity Tutorial on Minerva
- Complete the "It Takes All Of Us" sexual violence education program on myCourses
- Bookmark the IPN website: www.mcgill.ca/ipn
- Bookmark the Graduate & Postdoctoral Studies website: www.mcgill.ca/gps
- Read the IPN weekly e-newsletter "The Synapsis"
- Read through the Student Rights and Responsibilities website: https://www.mcgill.ca/students/srr/
- Download the official McGill app on your phone: https://www.mcgill.ca/app/