Student-Generated Co-Curricular Record

Below is a list of your involvement in recognized McGill events and student-led initiatives. These activities are not for academic credit and do not appear on the academic transcript. This unofficial record may include self-reported experiences, which have not been verified by the University and are included for your own personal planning purposes. These self-reported experiences will not appear on your official co-curricular record.

Name: John Doe
Date: September 25, 2021

Activity-Based Awards

Max Stern Recruitment Fellowship-Faculty of Engineering

Organization: McGill University

Dates: (9/1/2018 - 4/30/2019)

Description
Established in 1944 through a generous bequest from Dr. Max Stern, offered to students entering a graduate program at McGill University. These fellowships are awarded to outstanding students seeking first admission to graduate studies in any of the selected departments at McGill University.

Enriched Educational Opportunities

McGill Global Health Scholars (Montreal-based)

Organization: McGill Global Health Programs

Dates: (5/1/2018 - 8/31/2018)

Description
Over the course of one year, McGill Global Health Scholars provides opportunities for McGill undergraduate students to learn about global health through participation in research. Scholars are involved in research or outreach projects (240 hrs) mentored by a faculty member and are based in Montreal. Projects may include synthesis of literature, data collection, data analysis, creation of presentations or documents to communicate research findings, manuscript development, patient or family interviews, coordination of events, and assistance with laboratory experiments. In addition, during the academic year, the Global Health Scholars benefit from a series of global health workshops and trainings organized by GHP. Scholars involved in the program for the year gain exposure to global health concepts, assist with a real world global health research or outreach projects, increase their knowledge and sensitivity towards different cultures and contexts, are exposed to a variety of global ethical issues in healthcare to promote transformative learning processes, gain enhanced understanding of illness and wellness, and examine the root causes or determinants of health issues and outcomes.

Hours: 240.00

Campus and Community Engagement
**Note-Taker**

**Organization:** Office for Students with Disabilities

**Dates:** (1/6/2020 - 4/14/2020)

**Description**
Note-Takers support a student’s learning by providing clear and accurate notes as a supplementary record to lectures. Note takers are responsible for attending all of the classes to which they have been assigned, and providing comprehensive, well-organized, and relevant notes by being an active listener.

**Hours:** 20.00

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**International Student Buddy Program Volunteer**

**Organization:** International Student Services

**Dates:** (9/1/2020 - 12/31/2020)

**Description**
The International Student Buddy Program pairs registered McGill students with newly admitted international students to provide them with their first McGill contact. The volunteer acts as a resource person and provides a current student perspective about life at McGill and in Montreal. They meet students from different cultural and linguistic backgrounds and have the opportunity to develop both intercultural and interpersonal communication skills. Volunteers are responsible for completing the program milestones, which include contacting and meeting the student buddy online, checking in on them during the midterm season, and submitting a final report at the end of the semester. The time commitment usually entails a minimum of 3 hours per semester, including online meetings and attendance at online events hosted by International Student Services.

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**Personal and Professional Development**

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**Being a Change Agent**

**Organization:** Campus Life & Engagement

**Dates:** (1/23/2019 - 1/23/2019)

**Description**
In this session, students learn about people’s capacities to act as change agents. The workshop explores the impact of role modes and how they, as individuals, could induce positive change in their communities in their daily actions. This workshop is offered as part of the Emerging Leaders Workshop Series.

**Hours:** 1.50

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**Skills for Time Management**

**Organization:** Teaching and Learning Services

**Dates:** (4/26/2019 - 4/26/2019)

**Description**
By participating in this two-hour workshop, attendees learn to recognize the importance of setting and organizing priorities, identify common obstacles to productivity, and apply strategies to manage their time effectively.

**Hours:** 2.00

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**The Art of Taking Exams**

**Organization:** Office for Students with Disabilities

**Dates:** (2/21/2020 - 2/21/2020)

**Description**
In this webinar, participants learn: to compare test-taking strategies in planning for before, during and after exams to allow them to attain their academic objectives; and to create an Individualized Study Plan that will better support their overall test-taking needs.

**Hours:** 1.00
Student-Led Initiatives

**Activities Night Volunteer**

**Organization:** Students' Society of McGill University  
**Dates:** (2/21/2020 - 2/21/2020)  
**Description**  
Activities Night is an event for McGill students to discover over 300 groups on campus to get involved. Volunteers generally commit at least five hours to help control admissions and crowds, guide attendees, and answer questions. Volunteers learn management of people, event planning and management, interpersonal communication, and crowd control.  
**Hours:** 6.00

**American Sign Language for Beginners Mini Course**

**Organization:** Students' Society of McGill University  
**Dates:** (2/21/2020 - 2/21/2020)  
**Description**  
In this 8 week course, students learn the basics of signing in an interactive and encouraging environment by learning simple greetings, engaging in everyday conversational topics, and through practising fingerspelling. A student who completes this beginner's course and gains the confidence and ability of communicating with the Deaf and hard-of-hearing community.

**Vice-President External**

**Organization:** Student Association of Physical Education and Kinesiology  
**Dates:** (09/01/2020 - 04/30/2021)  
**Description**  
The Student Association of Physical Education and Kinesiology (SAPEK) is a student run organization made up of undergraduate students from both Physical Education and Kinesiology at McGill University. The Vice-President External represents and reports information to SAPEK by sitting on various Boards and Committees such as: Department meetings, Education Undergraduate Society (EdUS) and any other meetings that may have information pertinent to SAPEK or the population SAPEK represents. The Vice-President External also aids the Vice-President Internal in running council in the case of the President's absence. Through their volunteering in this position, they develop communication, leadership, outreach, networking, public relations, teamwork, and time management skills.

The Co-Curricular Record Pilot Program began in September 2012 and only select activities were recorded. For more information, please contact Student Services at myinvolvement@mcgill.ca or visit our website at mcgill.ca/involvement.