Health Insurance

McGill International Health Insurance includes:
- Detailed information about the Blue Cross International Health Insurance plan
- Eligibility for exemption
- IHI Premium Adjustment Webform
- IHI Cancellation Webform
- COVID-19 Health Insurance FAQ’s
- Undergraduate students: SSMU Dental Plan (see section under “International Students”)
- Graduate students: PGSS Dental Plan
- Mac campus students MCSS Dental Plan
- Adding Dependents
- Canadian Non-Resident
- Study Away outside Canada – extended insurance
- Study Away outside of Quebec but in Canada – extended insurance
- eClaims – detailed registration instructions
- Forms

Access to Health Care

- McGill Student Wellness Hub
- Off-campus resource map
- Clic Santé
- List of hospitals in Montreal
- Maple – virtual care
  - Maple How to Videos:
    - English: https://youtu.be/RR0x6D31YXo
    - French: https://youtu.be/vCMUqShdg2s
- Info Santé or Info Social (24/7): dial 811
- COVID-19 resources:
  - Important local information from Montreal Public Health (confinement measures, statistics, etc.)
  - COVID-19 testing in Montreal (self-assessment, list of clinics, etc.)
  - Quebec’s COVID-19 Vaccination Operation
  - Receiving the second dose of the COVID-19 Vaccine in Quebec
  - Student Wellness Hub info-session recordings about COVID-19 and the vaccines

Apps to download

- MySSP (to access Keep.meSAFE)
- Medavie Blue Cross Mobile
- Maple – 24/7 Online Doctors
Questions about the Wellness Hub? Contact: lwa-iss@mcgill.ca
Questions about IHI coverage? Contact: international.health@mcgill.ca

- ISS Facebook page
- ISS Twitter Feed