

Health Insurance

[McGill International Health Insurance](#) includes:

- Detailed information about the [Blue Cross International Health Insurance plan](#)
- [Eligibility for exemption](#)
- [IHI Premium Adjustment Webform](#)
- [IHI Cancellation Webform](#)
- [COVID-19 Health Insurance FAQ's](#)
- Undergraduate students: [SSMU Dental Plan](#) (see section under “International Students”)
- Graduate students: [PGSS Dental Plan](#)
- Mac campus students [MCSS Dental Plan](#)
- [Adding Dependents](#)
- [Canadian Non-Resident](#)
- [Study Away](#) outside Canada – extended insurance
- [Study Away](#) outside of Quebec but in Canada – extended insurance
- [eClaims](#) – detailed registration instructions
- [Forms](#)

Access to Health Care

- [McGill Student Wellness Hub](#)
- [Off-campus resource map](#)
- [Clic Santé](#)
- [List of hospitals in Montreal](#)
- [Maple](#) – virtual care
 - Maple How to Videos:
English: <https://youtu.be/RR0x6D31YXo>
French: <https://youtu.be/vCMUqShdg2s>
- [Info Santé](#) or [Info Social](#) (24/7): dial 811
- COVID-19 resources :
 - [Important local information](#) from Montreal Public Health (confinement measures, statistics, etc.)
 - [COVID-19 testing in Montreal](#) (self-assessment, list of clinics, etc.)
 - [Quebec's COVID-19 Vaccination Operation](#)
 - [Receiving the second dose of the COVID-19 Vaccine in Quebec](#)
 - Student Wellness Hub [info-session recordings](#) about COVID-19 and the vaccines

Apps to download

- MySSP (to access [Keep.meSAFE](#))
- Medavie Blue Cross Mobile
- Maple – 24/7 Online Doctors

Links for
IHI Health Insurance Plan



Contact Us! International Student Services (ISS)

Questions about the Wellness Hub? Contact: lwa-iss@mcgill.ca

Questions about IHI coverage? Contact: international.health@mcgill.ca

- [ISS Facebook page](#)
- [ISS Twitter Feed](#)

