Health Insurance

McGill International Health Insurance includes:
- Detailed information about the Blue Cross International Health Insurance plan 2021-22
- Eligibility for exemption
- COVID-19 Health Insurance FAQ’s
- Undergraduate students: SSMU Dental Plan (see section under “International Students”)
- Graduate students: PGSS Dental Plan
- Mac campus students MCSS Dental Plan
- Adding Dependents
- Canadian Non-Resident
- Study Away outside Canada – extended insurance
- Study Away outside of Quebec but in Canada – extended insurance
- eClaims – detailed registration instructions
- Forms
- Blue Cross Visitors Insurance (for arrival prior to August 15th 2022)
- How to Register your child for RAMQ coverage
- Contact RAMQ

Access to Health Care

- McGill Student Wellness Hub
- Off-campus resource map
- Clic Santé
- List of hospitals in Montreal
- Maple – virtual care
  - Maple How to Videos:
    - English: https://youtu.be/RR0x6D31YXo
    - French: https://youtu.be/vCMUqShdg2s
- Info Santé or Info Social (24/7): dial 811
- COVID-19 resources:
  - COVID-19 testing in Montreal (self-assessment, list of clinics, etc.)
  - Quebec’s COVID-19 Vaccination Operation
  - Registering COVID-19 vaccine from outside of Quebec.
  - Student Wellness Hub info-session recordings about COVID-19 and the vaccines

Apps to download
Links for IHI Health Insurance Plan

- **MySSP** (to access Keep.meSAFE)
  - App Store, Google Play

- **Medavie Blue Cross Mobile** –
  - App Store, Google Play

- **Maple** – 24/7 Online Doctors –
  - App Store, Google Play

- **Dialogue** – online doctors and nurses –
  - App Store, Google Play

Contact Us! International Student Services (ISS)

Questions about the Wellness Hub? Contact: lwa-iss@mcgill.ca
Questions about IHI coverage? Contact: international.health@mcgill.ca

International Student Services website includes:

- International Student Pre-Arrival Guide
- ISS Contact Information
- ISS Facebook page
- ISS Instagram