Refer to the resources on iSTEP website to guide through the steps of success
Prepare yourself throughout your time at McGill from U0 to graduation

iSTEP
Action Plan

Step I: Laying Foundations

- Discovering Academic Interests
- Getting Involved & Creating Experiences
  - Extra curricular activities
  - Volunteering
- Expanding Skills
  - Language
  - Transferable skills
- Identifying Job Searching Tools
  - Attending CaPS’s workshops about CV & cover letter
  - Drafting your own very first CV

Interested In Staying In Quebec After Your Studies?
- Taking French courses for PEQ
- Renewing your study permit on time if necessary
- Taking a look at MIDI’s website to get an idea of the requirements.

Step II: Internships & Jobs

- Exploring Career Options
  - Taking a look at CaPS’s career outlook resources
  - Talking to a career advisor about your career actions
- Perfecting Your CV & Cover Letter
  - Updating your CV
  - Having your CV & cover letter reviewed by a career advisor or edited by a tutor
- Developing Interview Skills
  - Comprehending Interview
    - Attending CaPS’s workshops about interviews
  - Fortifying your Interview Skills
    - Practicing your Interview in French
    - Attending mock interviews on-line or off-line
- Building Your Professional Image
  - Establishing a presence on LinkedIn
  - Attending CaPS’s workshop: Perfect Your Professional Image
  - Starting networking (in or out of academia)

essential information for international students

Life Prep for International Students
Mastering the Market:
- Knowing where to start looking
- Getting familiar with the Canadian job market

Securing Essential Documents to Work When You are a Student
- SIN
- Do I need a work permit?

Knowing Your Workplace
- Are unpaid internships legal?
- Integrating into your workplace

Step III: Final Year Checklist

Creating Your Targeted Application

Knowing the Options
- Where to find future jobs?
- What is a Working Holiday?
- What else can you do with your degree?

Networking and Building Connections

Identifying the Professional Orders in Quebec

Completing Essential Documents After Graduation
- Introducing post-graduation employment in Canada
- Post-Graduation Work Permit & RAMQ health insurance
- Permanent residency Info Session
- Filing income tax

Life AYD

BRIDGE THE GAP Conference for International BCom Students

Step IV: Now You’ve Graduated

Knowing Your Rights as a Worker in Canada

Reading Information for Spouses and Family Members
- Childcare
Open work permit for spouses and family members

Adapting to Quebec as a Worker
- Reading the suggested articles about Quebec work values
- Attending a workshop from MIDI

Knowing External Resources Available to You After Graduation
- CV and cover letter advising and other workshops
- Employment assistance programs

Improving Your French Skills at Work

Completing Essential Documents After Graduation
- Extending your stay: PGWP & RAMQ health insurance
- Applying for permanent residency
- Filing Tax as a temporary worker

Business Start-Ups and Self-Employment

McGill Dobson Center for Entrepreneurship

Getting your legal questions answered

External resources

Information and workshops for artists

Reverse Culture Shock