



Good Luck with Exams & Happy Holidays

Congratulations on making it through the Fall semester!

Here at ISS, we want to wish everyone the best of luck with your upcoming final exams, papers, and projects. Find study tips and exam prep [workshops](#) through Teaching and Learning Services (TLS) to help you succeed on your exams.

After finishing exams, if you'd like to celebrate, please join us for our [annual gingerbread house contest downtown](#) or at [Macdonald campus](#), where you can enter also learn about events happening in Montreal over the holiday break.

In this newsletter:

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We wish you a healthy and safe end of 2023!

[International Student Services](#)



Immigration & Health

Holiday Travel

Are you travelling outside of Canada over the holidays while waiting for your study permit extension or restoration application to be approved?

[Visit our website for more information!](#)

Graduating students and the Post-Graduation Work Permit

Is Fall 2023 your final term of studies? Are you hoping to work in Canada after the term ends?

[Visit our Work FAQs \(and click on PGWP\) for more information!](#)

International Health Insurance plan

If you plan to travel outside of Canada during the holiday break, please review [our website](#) to find out more about your travel health insurance coverage under the IHI plan.

If you have a medical emergency or need assistance while travelling (excluding your country of origin), call [CanAssistance](#).

Upcoming Programs & Events

McGill Winter Break Clubs

Join us for a Gingerbread House Contest (with Prizes!) and a Presentation from Montreal Tourism

Find out about all the events happening in Montreal over the Winter Break

Montreal Tourism, in collaboration with International Student Services, will host our annual winter break club - an informal night of merriment and creativity.

First, Montreal Tourism will present some of the fun events in Montreal taking place over the winter break. Then, ISS will provide a gingerbread house kit and attendees can join us in our annual gingerbread house decorating contest. Gift cards to be won!

Downtown

Wednesday, December 20th at 5pm
Newman Centre, 3484 Peel (Back Door)

[Register here](#)

Mac Campus

Friday, December 15th at 5pm
Faculty Lounge, MS2-022

[Register here](#)



Faith-based support for Muslim and Jewish students

McGill's Office of Religious and Spiritual Life (MORSL) is partnering with trained wellness facilitators at McGill who come from relevant cultural and faith backgrounds to offer space for faith-based groups to help

McGill students **manage the spiritual and emotional distress** surrounding events in the Middle East and in the news or social media.

There are upcoming support groups for [Muslim](#) and [Jewish](#) students who identify across the faith and cultural spectrum, including different branches and levels of observance.

MORSL is now offering faith-based group support for managing distress surrounding current events in the Middle East.

McGill Student Services Office of Religious and Spiritual Life



Accessing Healthcare in Quebec

Don't wait to get sick or injured... attend this webinar to find out how your International Student Health Insurance Plan (IHI) works and how to access medical care here in Quebec.

Details

Friday, December 1 at 2:30pm

[Register here](#)



Register for a credited French course

This week and the next, the French Language Center from McGill University will be holding placement tests for winter course registration. For more information, please find details on their [website](#).

December Celebrations Around The World

First Sunday of Advent: Dec 3

Second Advent Sunday: Dec 10

St. Nicholas Day: Dec 6

The Feast of St. Ambrose: Dec 7

Hanukkah: Dec 7 – Dec 15

Feast of the Immaculate Conception: Dec 8

Saint Kliment Ohridski's Day: Dec 8

Virgin of Caacupé Day: Dec 8

Feast of Our Lady of Guadalupe: Dec 12

Third Advent Sunday: December 17

Dongzhi Festival: Dec 22

Fourth Advent Sunday: Dec 24

Christmas: Dec 25

Boxing Day: Dec 26

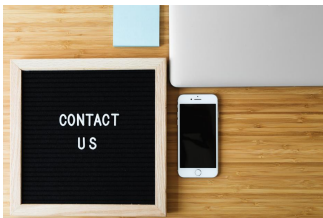
Synaxis of the Mother of God: Dec 26

Unduvap Full Moon Poya Day: Dec 26

Kwanzaa: Dec 26 – Jan 1

Feast of the Holy Family: Dec 31

New Year's Eve: Dec 31



[Contact us](#)
The Team at International Student Services
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