Town Hall
Entering Canada & Quarantine

Presented by:

IMPORTANT DISCLAIMER: The information in this presentation is accurate as of the date of the presentation. For the latest immigration updates, please consult the ISS website at https://www.mcgill.ca/internationalstudents/

AUGUST 9th, 2021
Agenda

1. **Welcome** – Melissa Paulmier, International Student Services (ISS)

2. **Entering Canada & Quarantine** – Melissa Paulmier (ISS)

3. **Residences & Quarantine Plan in August** – Teresa Anania, Student Housing & Hospitality Services (SHHS)

______________________________________________________________________________

**Question & Answer Period**
Entering Canada & Quarantine
Who can enter Canada at this time?

Entry into Canada is currently restricted to essential or non-discretionary travel. This means that only certain people are authorized to enter, including:

- **International Students**
- Temporary Foreign Workers; and
- Immediate family members of international students and foreign workers, such as a:
  - spouse or common-law partner
  - dependent child
  - parent or step-parent*
  - guardian or tutor*

*Minors

**Exception:**

- Fully vaccinated US citizens and permanent residents who are currently residing in the US:
  - Are allowed to enter Canada for discretionary (or non-essential) travel, such as leisure or tourism or accompanying student to help them settle in;
What are the travel restriction requirements for International Students to enter Canada?

International students, regardless of which country they are entering Canada from and whether they are arriving by land or by air, will be considered to be entering Canada for a non-discretionary and non-optional purpose, if:

- Their study permit has been approved (regardless of the date of their letter of introduction), or they hold a valid study permit, or they are authorized to apply for a study permit upon entry to Canada (US citizens and US permanent residents only);
- They are attending an educational institution that is on the list of institutions with an approved COVID-19 readiness plan in place*;
- They do not have any signs or symptoms of COVID-19; AND
- They have a plan to quarantine for 14 days

* McGill is on this list.
What documents are required for International Students to enter?

When entering Canada, make sure to travel with **ALL** of the following documents:

1. A valid **study permit** or **Port of Entry Letter of Introduction** (study permit approval letter);
2. A **letter of acceptance and proof of enrolment** (if you are returning student);
3. Proof of **financial capacity** documents;
4. Valid **immigration medical examination** results if you have resided in a **designated country or territory** for more than 6 months within the past year, or if you will be employed in a position that puts you in close contact with people;
5. Your **CAQ** (or CAQ approval letter);
6. A **valid eTA or Temporary Resident Visa (TRV)**. *Only U.S. Citizens are exempt from both*
7. Your passport; **AND**
8. All other **supporting documents** you included in your study permit application.
Quarantine and Testing Rules for NON-VACCINATED travellers to Canada

STEP 1 - Before departure:

- Plan your quarantine.
- Take a COVID-19 molecular test within 72 hours before your last scheduled flight or entering Canada by land.
- Register for your arrival test (Day 1) in advance to save time at the border.
- Use ArriveCAN app to enter your information 72 hours before your arrival.
- Have your ArriveCAN receipt and test result ready.
- Be asymptomatic when entering Canada

Note: the mandatory 3 night stay at a government authorized hotel is no longer required
Quarantine and Testing Rules for NON-VACCINATED travellers to Canada

STEP 2 – Upon arrival:

• Provide required documents and information, including your quarantine plan and negative pre-entry test result to the border officer.
• Answer all eligibility and health screening questions.
• Complete a Day 1 COVID-19 molecular test (more than likely at the border).
• Collect a test kit for use on Day 8 of your quarantine.

NOTE: If you have any COVID-19 related symptoms, you will be directed to a designated quarantine facility.
Quarantine and Testing Rules for NON-VACCINATED travellers to Canada

STEP 3 – Completing your 14 day quarantine:

• Go to your place of quarantine
• Create an account with the test provider for your Day 8 test.

➤ If your arrival test (Day 1) is negative, you may:
  • Complete and ship the Day 8 test kit according to the instructions.
  • Finish your 14 day quarantine

➤ If your arrival test (Day 1) is positive, you must:
  • A Public Health Agency of Canada official will call you with instructions. You'll be required to isolate for 14 days from when you took your test
What is a suitable place to quarantine?

A suitable place to quarantine is a place:

- where you can **stay for 14 days** or possibly longer;
- where you have **access to the necessities of life**, including water, food, medication and heat without leaving quarantine;
- where you can **avoid contact** with others who did not travel with you (unless a minor with a guardian);
- that allows you to have access to a **bedroom that is separate** from the one used by persons who did not travel and enter Canada with you;
- where you can **avoid all contact with vulnerable persons** (e.g. elderly – 65+, compromised immune system, etc.), unless a parent or child;
- that allows **no other person** to be present at the place, **unless** that person resides there habitually;
- where you have **no visits** from family or guest.
What is a suitable place to quarantine?

A suitable place to quarantine can be:

• Your **own apartment**, **hotel**, **Airbnb**, or a **shared living space** (if you can respect the conditions cited previously)

**Shared living spaces where you can't quarantine**
You cannot quarantine in **group living environments**, for example:

• a small apartment you share with others
• a shared household with a large family or families or many people
• a shelter, group home, group residence, hostels, industrial camps, construction trailers or other group setting
• a student residence (unless you’ve received prior authorization)
• shared living spaces with housemates who haven’t travelled with you that you cannot avoid interacting with
What is a suitable place to quarantine?

Sharing a household with others that you did not travel with:
If you will be quarantining in shared living space with people that you did not travel with you must:

• avoid contact with anyone you did not travel with
• stay in separate rooms
• use separate bathrooms (if possible)
• keep surfaces clean
• avoid sharing personal items
• limit interactions with others in the household

Assessing your quarantine plan:
See the government of Canada’s Assess your quarantine plan tool for more information
Who is considered FULLY VACCINATED?

To be considered **fully vaccinated**, travellers must have received the **required dosage** of a vaccine **or combination of vaccines** approved by the Government of Canada at least **14 days** prior to entering Canada.

Travellers can receive their vaccines in any country. At this time, the **list of vaccines** accepted by the Government of Canada is limited to those made by:

- Pfizer;
- Moderna;
- AstraZeneca/COVISHIELD; and
- Janssen (Johnson & Johnson).
Quarantine and Testing Rules for FULLY VACCINATED travellers to Canada

STEP 1 - Before departure:

- **Plan your quarantine***
- Take a [COVID-19 molecular test](#) within 72 hours before your last scheduled flight or entering Canada by land.**
- Use [ArriveCAN](#) app to enter your information 72 hours before your arrival.
- Have your [ArriveCAN receipt](#), your proof of vaccination documentation in English or French (or accompanied by a certified translation) and test result ready.

*Fully vaccinated travellers are exempt from the 14 day quarantine requirement but still have to present a suitable quarantine plan, and be prepared to quarantine, if deemed required by a border officer.

**Travellers who have previously tested positive for Covid-19 will be allowed to present proof of a positive Covid-19 molecular test result taken within 14 to 90 days prior to arrival in Canada as part of pre-arrival test requirements (in lieu of a negative test result).

Note: the mandatory 3 night stay at a government authorized hotel is no longer required.
Quarantine and Testing Rules for FULLY VACCINATED travellers to Canada

STEP 2 – Upon arrival:

- Provide required documents and information, including your quarantine plan, negative pre-entry test result and proof of vaccination to the border officer.
- Answer all eligibility and health screening questions.
- Be asymptomatic when entering Canada*

**NOTE:** you will no longer have to take a Day 1 (arrival test) or a Day 8 COVID-19 test unless randomly selected to do so at the Port of Entry (POE);

*If you have any COVID-19 related symptoms, you will be directed to a designated quarantine facility.
GOOD TO KNOW!

• International students can get vaccinated in Canada for FREE – please see the Vaccinations FAQs on our Health Insurance webpage for more details.

• NEW! International Health Insurance (IHI) coverage will commence as of August 1st, 2021 for incoming Fall 2021 admits and returning students who did not have coverage in 2020-21 – must activate IHI on Minerva.

• We recommend that new international students arriving by air, plan to arrive in August and register for the Acceuil PLUS service, opening August 1st at Montreal International Airport (only). This will save you a considerable amount of time on arrival.

• Since August 3rd, 2021 at 10am, ISS’s Wellness Advisor hosts a weekly Pandemic Drop-In Support Group for any student struggling with grief, anxiety, isolation, and/or distress related to COVID-19. Registration is required.
GOOD TO KNOW!

Quebec Public Health Kiosk at the Montreal-Trudeau International Airport

- The Quebec Public Health team will have a kiosk, next to Acceuil Plus, at the Montreal airport (August 1st – September 10th). International Students can receive vaccination information, schedule their vaccination appointments and/or register their vaccines with Public Health staff at the kiosk.

- Students who received their vaccines outside Quebec are invited to register their vaccines in Quebec to receive a proof of vaccination issued by the Quebec Government.

IMPORTANT:
Vaccinations will not be administered at this kiosk nor at the airport.
GOOD TO KNOW!

For more detailed information on the Quarantine Bursary offered by SSAO, please refer to the recording of the July 29th, 2021 Town Hall on the Entering Canada section of our website!

Click there!
Resources:

• McGill has a dedicated website on COVID-19. We invite you to consult this website for up-to-date information on the impact of COVID-19 on McGill’s activities, such as course delivery and convocation.

• **IMPORTANT:** Fall 2021 will begin as scheduled and will proceed in-person – valid CAQ and Study Permit required.

• As this information is rapidly evolving, we invite you to consult our COVID-19 Updates website in order to have access to a list of official government resources and FAQs related to travel and applying for immigration documents.

• Join the Pandemic Drop-In Support group – details in newsletter sent on July 27th

• **Need more help:**
  Visit our website first. Fill out our advising request form!
  We can be reached by phone at +1 (514) 398 – 4349. See the phone hours on our website
Need more information?
Questions?