

CLINICAL

FIRST NUNAVIK PLASTIC SURGERY DAY: MARCH 11, 2009

This dedicated half-day of hand surgery for Inuit patients was spearheaded by McGill Chief of Plastic Surgery, Dr. Lucie Lessard. Five patients travelled together from the North and passed through specially organized pre-operative evaluation and post-operative care designed for their particular needs.

Thanks to Dr. Lessard and to collaborators from the MGH operating room, EMG clinic, Quebec Northern Module and Northern Liaison offices for contributing to the smooth functioning of this new initiative.

RATIONALIZING CARE FOR THE INUIT CLIENTELE

During the course of 2008, improved organization of care, recruitment of specialists and provision of distance follow-up permitted 161 patients to avoid the arduous trip to Montreal. This initiative has allowed patients to receive care closer to home where possible and avoid un-necessary trips to Montreal.

REHABILITATION SERVICES MEETING

A coordination meeting for Nunavik Rehabilitation Services between the Northern Rehabilitation team and teams from Orthopedics, Trauma and TBI at the Montreal General Hospital was organized by A. Robitaille in February. The network created at this meeting will allow for improved collaboration and discharge planning for Nunavik patients requiring rehabilitation services.

NUNAVIK CENTRE TEAM

Coordinator

Dr. Barbara Young, Internist
barbara.young@mcgill.ca

Nurse Coordinator

Andréanne Robitaille
andreanne.robitaille@muhc.mcgill.ca
514-934-1934 local 43714
Pager 514-406-1194

Oncology Pivot Nurse for Nunavik

Mary Lou Kelly
marylou.kelly@muhc.mcgill.ca
514-934-1934 ext. 43625 or 45070

Administrative Assistant

Lucie Patriarca
lucie.patriarca@muhc.mcgill.ca

Spring 2009 Newsletter

Nunavik Centre

McGill's adult specialty service
link to Northern Quebec

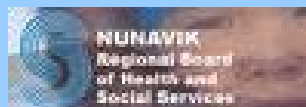
Montreal General Hospital

1650 Cedar Avenue,
office **B2-101.4**
Montreal (Quebec)
H3G 1A4

Telephone : **514-934-8563**

Fax : 514-934-8564

COLLABORATORS:



THE NUNAVIK CENTRE

EDUCATION

MUHC PSYCHIATRY GRAND ROUNDS: "MENTAL HEALTH IN NUNAVIK"

The Nunavik Centre Team presented to an audience of McGill Psychiatrists and mental health workers on mental health in the Nunavik context. Cultural views of mental illness, region-specific challenges and current mental health programs were highlighted. Mental Health workers from Nunavik contributed their perspective by visioconference.

MEDICAL GRAND ROUNDS:

Discussion of a multi-disciplinary Cancer Genetics project in Nunavik, presented by Dr. W. Foulkes and al. at the Jewish General Hospital on March 16, 2009

TELE-TRAUMA ROUNDS

HEAD TRAUMA IN REMOTE REGION :

The conference emphasised on triage of head trauma without CT scan. Given by Dr. Razek on January 22, 2009.

UPCOMING TELE-TRAUMA ROUNDS (dates to be confirmed)

- **HAND TRAUMA** : presented by the MGH Plastic surgery team (Dr. L. Lessard)
- **MAXILLO-FACIAL TRAUMA** : presented by the MGH OMF team (Dr. A.Chehade)
- **EYE TRAUMA** : presented by Ophthalmology (Dr. M. Oh)

FIRST NEUROLOGY ROUNDS (date to be confirmed)

- **FIRST SEIZURE EPISODE IN A REMOTE REGION** to be given by Dr. J. Jirsch, Neurologist at the MGH.

RESEARCH

14TH INTERNATIONAL CONGRESS ON CIRCUMPOLAR HEALTH

YELLOWKNIFE, NWT – JULY 10-16TH 2009

Abstracts submitted in January have been accepted !

- Poster presentation, by Dr. S.Morin, on the *Prevalence of Clinical Risk Factors for Osteoporosis in Inuit Women 50 to 69 years; the Bone Health Nunavik (BoHN) Program*
- Research presentation, by Marylou Kelly and A.Robitaille on *Transition to end of life care: The Inuit experience in Montreal*

COMMUNITY-BASED PARTICIPATORY RESEARCH

The team participated in the Community-Based Participatory research workshop at McGill faculty of Medecine on March 12 2009.

The next workshop will be given during the McGill Summer program in Social and Cultural Psychiatry at Kahnawake on June 1st, 2009.



BoHN : Bone Health Nunavik

OSTEOPOROSIS

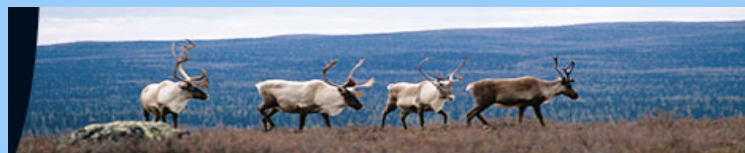
Collaboration with Dr. S. Morin

Data collection for the first phase of the BoHN Program was performed by A. Robitaille in Kuujuaq in January. A 12-item questionnaire on osteoporosis risk factors was administered to a cohort of 156 predominantly post-menopausal women participating in a regional mammography clinic.

Statistical analysis of the findings is now underway, and an abstract has been submitted to the American Society for Bone and Mineral Research.

LANCET ONCOLOGY

Dr. Young's reaction to the article *Cancer patterns in Inuit populations* was published in the Lancet Oncology vol. 9: 1124.
www.thelancet.com/oncology



Newly up dated web-based CME content for Nunavik and the Cree territories can be found at <http://cme.med.mcgill.ca/php/conf.php?search=category&catid=94>

First Inuktitut Lesson !

Nakurmik : thank-you
Ilali : you're welcome
Kamatstiarit : take care
Qanuipit? : How are you?