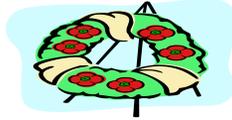


FOCUS ON GENERAL INTERNAL MEDICINE

NOVEMBER 2021



Lest we forget

Ongoing Excellence in the Division Congratulations!

AWARDS

Dr Ernesto Schiffrin was selected by the American Heart Association (AHA) as the 2021 Distinguished Scientist. This designation honors AHA professional members who have made extraordinary contributions to cardiovascular and stroke research.

Dr Ken Flegel received the MUHC Department of Medicine Clinical Impact Award for making a medical or societal impact through activities that contribute to the advancement of their field through publication, guideline development, work with policy makers or knowledge transaltion at the DOM celebratory event on Sept 23rd.

Dr Amal Bessissow received for the second consecutive year the Douglas G. Kinnear Award - nominated by residents for exceptional skill in teaching clinical medicine. In addition, she was the co-recipient of the MUHC Department of Medicine Award for Innovation in Clinical Care for their project entitled, *The use of technology to improve the effects of social isolation of hospitalized patients during the COVID-19 pandemic (TIES)*.

Drs Ning-Zi Sun and Penny Toliopoulos were awarded the 2021 Grant for Education Scholarship for their project entitled, *Service, education and professional identity formation in residency training: a qualitative study*.

Dr Suzanne Morin would like to highlight that our nursing colleagues on the C9 - D9 units received the Physician-in-Chief Award at the DOM celebratory event for their dedication and expert care during the COVID pandemic. We are fortunate to work alongside this great team.

Congratulations and Best Wishes!

Dr Thomas Maniatis has accepted a full-time position in the Medical Education Division of the Collège des Médecins du Québec starting in January 2022! Tom has been an integral part of the Division for over 20 years, who tirelessly gave his time and resources to the MUHC and McGill. We wish him happiness and success in this new chapter in his career and look forward to working with him in his new role at the CMQ.

Best Wishes to Karen on her retirement!



On September 17, we gathered to recognize **Karen Diraddo**, who retired after working in the MUHC network for 33 years. Following 8 years as coordinator for the MGH site director, Core Internal Medicine Program, Karen joined us for the past 15 years as the administrative officer for the Division of GIM – MGH site. We will miss her quiet professionalism, her warm and encouraging smile, and her uncanny knack for solving seeminly insoluble problems. Her patients will miss her attentive ear and her calming nature. We wish her well in her retirement!

We welcome Komal (“call me Priya”) Danoodarry. (komal.danoodarry@muhc.mcgill.ca)

Welcome!



Dr Natasha Nathoo joined the Division at the MUHC on November 1st. She completed an Obstetric Medicine fellowship at UBC and is currently completing her MHPE in Health Professions Education at Maastricht University, Netherlands. She will have a clinical and academic focus in obstetric medicine. Outside work, Natasha enjoys spending time with her family, playing volleyball and tennis, hiking, travelling, and listening to good music.



Dr Stéphanie Cérat joined the Division on November 1st based at the MUHC. She also completed a Obstetric Medicine fellowship at the University of Alberta. She is joining the growing McGill GIM team to participate in the clinical and academic activities of the Obstetric Medicine Program. Stéphanie will complete her MSc in Medical Education at the University of Montréal in December 2021. Outside work she enjoys cooking, hiking and hot yoga.



Dr Teresa Cafaro joined the Division on 1 July 2021 based at the JGH. She completed her fellowship in Perioperative Vascular Medicine and a Master's in Research Methodology at McMaster University. She will focus on further developing the perioperative clinical mission at the JGH and contributing to the McGill GIM perioperative academic mission. Her research is focused on perioperative outcome management. In her spare time she enjoys cycling and spinning.

Two new recruits filled the Poste en Réseau Obligatoire (PRO) positions in Nunavik (Region 17)



Dr Daphnée Perron-Couture (photo not available) and **Dr David Bélanger** are new associate members of the Division, filling the two PRO positions in Nunavik. They will provide clinical care to northern communities in close collaboration with the MUHC. At the MUHC they will conduct Télésanté clinics and participate in in- and outpatient activities and undergraduate and postgraduate clinical teaching.

Annual Performance Evaluation Exercise – Updated Guide

Following consultation with key stakeholders, the DOM evaluation criteria have been updated and approved by the DOM Council and will be used for the 2022 performance exercise. Please consult this link to see the guidelines:

https://www.mcgill.ca/deptmedicine/files/deptmedicine/department_of_medicine_performance_guidelines_2020.pdf

Upcoming Events

2nd McGill DOM Medical Grand Rounds Wednesday 17 November at 5:00 on ZOOM

QI expert, Kaveh G. Shojania, MD, University of Toronto, will present *Reshaping research priorities to match the massive crises we face*, speaking to Quality Improvement issues.

Join by Zoom: <https://mcgill.zoom.us/j/82654428033> Meeting ID: 826 544 28033 Passcode: 028171

McGill University/MUHC 3rd Annual Women's Heart Health Symposium Cardiovascular Emergencies in Women 8:30 – 1:00, Thursday 18 November on ZOOM

Dr Natalie Dayan and **Dr Louise Pilote** are on the organizing committee.

Dr Vicky Tagalakis will present *Sex Differences in Acute Pulmonary Embolus*.

Dr Isabelle Malhamé will present *Cardiovascular Complications in Pregnancy*.

Register here: [Registration Form](#) A ZOOM link will be sent to all registrants

**McGill General Internal Medicine
Symposium on Perioperative Medicine
4:30 – 6:30, Thursday 25 November on ZOOM**

Featuring local leaders in periop medicine and guest speakers Dr Steven Cohn, University of Miami and Dr Flavia Borges, McMaster University.

Register here: [Registration Form](#). A ZOOM link will be sent to all registrants

CME Corner

**Bedside Ultrasound Training for Clinical Use in General Internal Medicine
*McGill CPD office accredited for RCPSC MOC Section 3***



Bedside US is an integral part of daily patient care on our CTUs, consult services and even rapid access clinics. We are increasingly expected to supervise trainees performing US on our patients and yes, it can be useful knowing quickly at the bedside if your patient's heart is *squeezing normally* or if *there is abnormal fluid in the lungs!* This year's McGill GIM ultrasound training session will be held at the

McGill Sim Center on **Thursday December 16** from **12:30-4:30 pm**. *Learn how to assess global cardiac function; presence of abdominal free fluid; pneumothorax, interstitial edema, pleural effusion, and consolidation; and techniques of generating views of the femoral and popliteal areas for the assessment of proximal DVT.*

See your emails for Registration details. Space is limited, "first come first served basis"!

News from the Working Group on GIM Mentorship and Coaching



Drs Elizov and Malhamé submitted their working group report based largely on one-on-one and group discussions with Division members in spring 2021, as well as themes that emerged from the external review of the Division in 2020. There was resounding support for GIM specific mentorship and coaching across the career lifespan to support professional

development and vitality/resilience. **Drs Elizov and Malhamé** will now focus on developing the governance and structure of our Mentorship and Coaching Program and will need your input once again. **Please look out for their survey requests coming soon and participate!**

This is a program by YOU for YOU!

Research Corner



The Dept. of Medicine funded its first two scholarly quality awards to Dr Emilie Trinh at the MUHC and Dr Michael Goldfarb at the JGH. The annual competition consists of \$20,000 of operating funds and a \$20,000 salary stipend (only MUHC). You are encouraged to apply with across site collaboration! **Drs McDonald and Tagalakis** will be organizing a session in early 2022 with local GIM QI leaders and interested members to identify across site research initiatives and support applications. If you are interested in joining, we would love to hear from you!

Dr Stella Daskalopoulou is back from maternity leave! Congratulations on her daughter, Veatriki-Victoria's 1st birthday that was on October 1st! Dr Daskalopoulou recently received two grants:

-MEDTEQ+: AI tools to characterize and identify unstable atherosclerotic plaque (ATLANTIS) - \$210,000.

-McGill Initiative in Computational Medicine: Novel approach to improve the identification of unstable plaques and prediction of strokes - \$25,000.

Dr Suzanne Morin received a CIHR Grant: Multifaceted Intervention Telehealth to Reduce the risk of Falls and Fractures in Older Men (MisterFit study) - \$459,765.



GIM Residency Training Program Corner

From the desk of Dr Patrick Willemot

Please fill out your EPAs!

Please remember that all EPAs are automatically removed from your One45 Inbox after 21 days (this is a McGill Faculty-level decision). Incomplete EPAs can put GIM residents at risk of delayed academic probation. In general, the GIM Division is doing well, but we can continue doing better, particularly in GIM clinic supervision. Please complete EPAs with GIM residents on the day of observation when you give them feedback, or within 24-48 hours. If you have any trouble, please reach out to patrick.willemot@mcgill.ca or to residencygim@mcgill.ca. Remember that the mobile phone website access has markedly improved and is a very viable option.

GIM residents home call/weekend call during Transition to Discipline and Foundations of Discipline

Subsequent to feedback, as of the 2022-2023 academic year, the GIM program will start scheduling GIM residents in TtD and FoD stages of training for their home and weekend calls centrally. This will, for everyone involved, take the confusion out of whether a resident will be on call or not.



News from ASMIQ – Report from Dr Patrick Willemot

MSSS End-of-practice planning clauses active as of October 1st 2021

In the MSSS's September 2021 Règles de gestion de PEM en spécialité document, Article 8 pertains to end-of-career management.

- a) From the age of 63, specialists can benefit of an official 2-year (non-renewable) transition plan. They remain clinically active during this time but can, if they wish, be excluded from on-call responsibilities and inter-hospital cross-coverage requirements. During this time, they can bill up to a maximum of 50% of their average annual salary over the preceding 3 years (excluding on-call earnings if the specialist wishes to stop participating in on-call requirements). Physicians must advise their Department chief a notice of at least 1 year and will leave their PEM within 2 years of the start of their practice reduction.
- b) From the age of 65, specialists can maintain a "pratique marginale" as a "membre actif" and come off-PEM, for a maximum of 3 years, after which they would become "membre associé." They can bill up to a maximum of 20% of their average annual salary over the preceding 3 years (excluding on-call earnings).

The end-of-practice transition clause is active as of October 1st: please discuss with your hospital Division chief and/or Department chief and/or with the ASMIQ/FMSQ if you're interested. Once the specialist has left their PEM, they can still practice in Québec (work in private clinic, find another PEM, replacement work, locum work).



See the GIM website at mcgill.ca/internalmed! We would appreciate any changes to profiles or items to keep the website up to date!

Interested in sharing news with our Division? Please email Antoinette or Vicky

