FOCUS ON GENERAL INTERNAL MEDICINE DECEMBER 2015



Dr Pilote wishes everyone Happy Holidays, a Merry Christmas and

A Healthy and Prosperous New Year 2016!



Message from Dr Pilote

2016 Year in perspective

Transition in leadership

My second term as division head will end in June 2016. The unprecedented growth in our division sets us up as one of the best GIM divisions in North America. Certainly at McGill and in Canada, we are recognized for our innovations in clinical care, research and education. Our recruitment strategy around the areas of medical obstetrics, perioperative medicine, quality improvement, medical education and vascular health has in fact been a model for defining GIM as a subspecialty and its related training program. Additionally, we have been instrumental in the many transitions that our medical system is undergoing. Each of you should take pride in our collective accomplishment. Thank you for your support and great contribution! Let us continue to build in a collegial manner across McGill.

Enjoy a well-deserved Holiday Season.

Fondly, Louise



Curling at the
Royal Montreal Curling Club
1850 de Maisonneuve West
Tel: 514-935-3411

Curl from 6:00 – 8:00 followed by drinks and canapés! Please join for drinks even if you don't curl!



Welcome to Dr John Angelopoulos!

He recently joined the Division at Lachine Hospital, after having completed training in Critical Care! He will teach and supervise residents and students.

McGill-Wide Programs Growing in 2016 Exciting Development Taking Place

1. Vascular Medicine: Since Dr Stella Daskalopoulou's recruitment in 2007, she has developed a state-of-the-art vascular lab for vascular research and clinical care.

In 2013, Drs Natalie Dayan and Leora Birnbaum started the first maternal cardiovascular health (MatCH) clinic in Quebec based on a patient education model where they see patients with metabolic disorder, placental complications, heart disease, etc. The clinic is receiving referrals from the JGH, St. Mary's and Lachine. Also, Dr Khue Ly is looking into developing a microvascular disease clinic.

The team is building a rotation in Vascular Medicine that will include McGill-wide activities. The McGill GIM R4s and R5s would get excellent exposure across McGill. More to come in 2016!

2. Peri-Op Medicine: Dr Amal Bessissow is now Co-Director of Peri-Op Medicine with Dr David Hornstein. They have initiated the Peri-Op Journal Club, the first one is at Noon, Wed 27 Jan. The plan is to videoconference the journal club McGill-wide so that all sites can participate.

They are very excited about setting up a Post-Op Outpatient Clinic to carry out post-trauma follow-up. More to come in the New Year about ideas to have dedicated clinics, 1 per week for post-op outpatient care.

- **3. Complex Care Centre:** A GIM CCC nurse has been hired at the Glen who is collaborating between the CTUs and the GIM clinic to avoid re-admissions and visits to the ER. She is also building bridges with 5 family medicine clinics, facilitating referrals to GIM from family medicine and enabling GIM to find family physicians for GIM outpatients. A comprehensive care center will be opening up at the JGH and these two innovations in clinical care will offer opportunities for education and research.
- **4. Education:** McGill Faculty Development will provide educational activities re the implementation of competency-based medical education as GIM does so much teaching. A survey will be sent to GIM faculty to ascertain level of interest in preparing for the GIM certification exam.

Dr Charith Sairam was welcomed to the Committee as the representative for Lachine. Collaboration in perioperative medicine will be the first step.



Happy 2016!

