



Call for Applications – Deadline April 22nd, 2019

April 29-May 3, 2019 / McGill-IHSP Summer Program
McGill University, Montreal, Canada

IHSP Research to Policy Dragon's Den

April 29-May 3 of 2019, the McGill Institute for Health and Social Policy (IHSP) is hosting a unique training opportunity in translating research to policy. Mentored by a select group of academics, policy, practice and media experts, participants will take on a current policy challenge, develop an evidence-based proposal for policy change, and design effective strategies for moving it to action.

Topic in 2019: Cities and Mental Health:

Over half of the world's population now lives in cities. This is expected to rise to 70% by 2050. Research suggests that there is a link between urban living, well-being and mental health including schizophrenia and other mental health issues such as depression and anxiety. In the IHSP's 2019 Dragon's Den, we will consider the different ways that living in cities affects the mental health of vulnerable populations (adolescents, the elderly, indigenous peoples, and immigrants and refugees) and explore policy options to address key challenges.

Participants will hone their skills in:

- Using research to impact policy
- Working and thinking across sectors and disciplines
- Developing policy proposals at community, local, provincial and national levels
- Validating and refining their proposals with input from practice and policy experts and from individuals who would be impacted by the policy
- "Selling" an idea to prominent policy, practice, community and media leaders

This 5-day intensive workshop will include:

- Cross-disciplinary research and policy approaches for addressing a current challenge to health and well-being.
- Team development of proposals for policy change at diverse levels of government.
- Discussions with policymakers, practitioners and/or community leaders to validate and refine policy proposals.
- Team development of strategies for influencing policymakers and the media, supported by expert mentors.
- Dragon's Den! Team pitching of policy proposal to prominent policy and media leaders.

This is a non-credit training, offered free of charge, to advanced students, practitioners and policymakers.

Program and Application Details: <https://www.mcgill.ca/ihsp/events/dragonsden>

Please note: **No prior experience or knowledge of "Cities and Mental Health" is required to participate in this program.**