Evaluation of the Cultural Formulation, Questionnaire I

**CLINICIAN’S EVALUATION OF THE USEFULNESS OF THE CULTURAL FORMULATION**

**Profession of the clinician:** physician □ psychologist □ nurse □ social worker □ other □

**Clinical setting:** psychiatric care □ outpatient □ inpatient □ primary or general health care □ other □

**Patient:** Age ___ Sex: Female □ Male □

**Application of the CF interview:** Date ___ ___ ___

Year  month  day

Did you use any manual for interview support? No □ Yes □

If yes, which manual ______________________________________________________

**Evaluation of usefulness**

How do you evaluate the usefulness of the Cultural Formulation for:

1. understanding the patient regarding

   a. cultural identity?

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<th>3</th>
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<td>it made things worse</td>
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   b. migration experience?

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   c. acculturation situation?

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   d. explanation of illness?

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   e. social factors related to psychosocial environment and levels of functioning?

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   f. your relation to the patient?

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Developed by: Bäärnhielm, S., Kirmayer, L.J., Salloum, I.M, & Mezzich, J.E.
How do you evaluate the usefulness of the Cultural Formulation for:

2. an overall understanding of the patient?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

3. categorizing the patient’s mental problems in ICD or DSM terms?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

4. recognizing general medical problems?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

5. helping the patient to deal with health problems?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

6. formulating a treatment plan?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

7. formulating and implementing health promotion?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

8. improving quality of the relation with the patient?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

9. understanding more of your own cultural background and belonging?
   1                                    2                                 3                                    4
   ______________             ___________          ______________             ______________
   it made things worse           it did not help        it helped somewhat        it helped a great deal

What were the shortcomings and limitations of the CF in this case?

Suggestions for improvement of the CF:

Thanks for your contribution!

Send the protocol to: