



Manulife



Personalized Medicine program

Find the most suitable drug for you.

Your genetics play a big role in how you respond to drugs. Personalized Medicine uses a simple genetic test to help doctors understand how you will respond to medication. It reduces the trial and error and helps you avoid any potential side effects. Keep reading to find out if Personalized Medicine is right for you.

53% of people in the Personalized Medicine program changed their medication or dosage.¹ These changes can lead to better health outcomes.

82% self-reported improvement in mental health symptoms.²

What is Personalized Medicine?

Personalized Medicine is about learning how your genetics can affect your response to medication. And it might be included in your benefits plan.*

It involves a pharmacogenetic test. This is a type of test that identifies how you may respond to medications. Your results are only seen by you, the Canadian company that runs the test (Personalized Prescribing Inc.), and anyone you give consent to share your results with - such as your doctor.

To do the test, you submit a small saliva sample. A pharmacist from Personalized Prescribing Inc. will look at your genetics in the sample and create a report for you and your doctor, if you consent to share your results with them.

This report shows which drugs are more likely to help and which may have side effects. It may also recommend changes to your medication. Your doctor can use these results to help prescribe the right drug for you at the right dose.

¹ Manulife Personalized Medicine Program (Pharmacogenetics) 2020-current

² Manulife Personalized Medicine Program (Pharmacogenetics) 2020-current

* Personalized Medicine is offered as an add-on to extended healthcare (EHC) benefits for members and their covered family members. Check your group benefits plan to confirm your eligibility.

When should you consider taking a pharmacogenetics test?

Consider Personalized Medicine if you are:

- starting a new medication, or
- taking a medication that isn't working, or
- taking a medication that's causing side effects.

What conditions are covered by the test?

- a mental health condition, such as depression or anxiety
- chronic pain
- neurological conditions
- attention deficit hyperactivity disorder (ADHD)

Benefits



Convenient access to advanced pharmacogenetic testing



Helps find the most effective medication fit



Reduces time and side effects from trial-and-error by finding the right medication



Helps you live a healthier life sooner

The Manufacturers Life Insurance Company

Personalized Medicine is offered as an add-on to extended healthcare (EHC) benefits for members and their covered family members. Check your benefits to confirm your eligibility. Group Benefits are provided by The Manufacturers Life Insurance Company. Manulife, Manulife & Stylized M Design, and Stylized M Design are trademarks of The Manufacturers Life Insurance Company, and are used by it and its affiliates under license. PO Box 2580, STN B Montreal QC H3B 5C6. ©2022 The Manufacturers Life Insurance Company. All rights reserved.



Learn more about
Personalized Medicine [here](#)
or speak with your doctor.





Personalized Medicine program

Finding the right drug for you

How to register*



Step 1

Go to personalizedprescribing.com/manulife



Step 2

Answer the eligibility questions.



Step 3

Pay for the test online. Be sure to save your receipt.



Step 4

Submit a claim to your group benefits. Include your receipt with it.

What happens next?

A pharmacist will reach out

Personalized Prescribing Inc™ will have one of their pharmacists get in touch. The pharmacist will:

- help you fill out your consent form
- ask you about any relevant health history
- answer any questions you have

Taking the test

Within about 2 days, the test will arrive in the mail by courier. The test has instructions on what to do and how to send it back. The test involves a small saliva sample.

Getting your results

It takes about 7 days for you to get your results. Your results will be available through the Personalized Prescribing Inc. online portal.

When your results are ready, you will receive an email. The email will explain how to sign in, see your results, and set up a call with a Personalized Prescribing Inc. pharmacist.

After receiving your results

A Personalized Prescribing Inc. pharmacist can meet with you and your doctor or specialist to talk about your results and treatment.



Get started today at
personalizedprescribing.com/manulife

The Manufacturers Life Insurance Company

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**Your results
are *confidential!***

