

Job Profile

Job Profile Name:	Massage Therapist
Job Code:	CADD-00004
Employee Group:	AMUSE Casual

Job Summary:

Performs tasks independently with limited instructions. These functions are of high complexity and specialized training, and the incumbent performs them using general instructions. Provide massage therapy services to the students and clients of the McGill Sport Medicine Clinic.

Typical Functions:

1. Knead and massage muscles and soft tissue.
2. Assess soft tissues and joints of the body for treatment and prevention of dysfunction, injury, pain and physical disorders.
3. Utilize a wide range of manipulation techniques to reduce or prevent physical dysfunctions and pain.
4. Maintain or achieve physical myofascial balance.
5. Keep medical records for each client's health, assessment and treatments done.
6. Explain to clients how to perform certain exercises at home post treatment.
7. Educates the patient on best practices post-treatment (ex: hydration, etc.)
8. Work with or contact other health care providers as needed to ensure the client receives the best quality care.
9. Promote relaxation techniques for clients to ensure the maximum benefit of the massage.
10. Provide high quality treatment and care to the clinic's patients.
11. Work in collaboration with McGill Sports Medicine Interdisciplinary team.
12. The list of functions outlined above is representative and not a complete and detailed list of tasks which may be performed by an incumbent.

Minimum Education, Certification and Experience:

- High School Diploma with three years of relevant experience in the field of work.
- Certificate in Massage Therapy including a minimum of 400 – 1000 hours of Massage therapy school.
- Have completed Sport Massage course.
- Be a member of good standing of the Fédération québécoise des massothérapeutes.
- Hold valid professional insurance.
- Be a member in good standing of the Canadian Sport Massage Therapy Association.
- Have at least 2 years of clinical experience.
- Valid sport first responder certificate, is considered an asset.
- Experience working with an athletic and active population.