Menu of the day

**New Residence dining hall**

**Vegetarian (V)**
**LEGEND**
- Made without Gluten (GF)
- Vegetarian (V)
- Vegan (VE)
- Halal (H)
- MSC (MSC)

**Sunday**
- **Soup**
  - GF Spinach & cream
  - GF Curried squash

**Monday**
- **Menu of the day**
  - Beef teriyaki
  - Vegetable chili
  - Turmeric barley
  - Oven-roasted potatoes
  - Vegetables of the day
- **Soup**
  - GF Chicken noodle
  - GF Rutabaga & apple

**Tuesday**
- **Menu of the day**
  - Shepherd’s pie
  - General tao tofu
  - Brown rice
  - Sautéed butternut squash w/rosemary
  - Vegetables of the day
- **Soup**
  - GF Beef & barley
  - GF Broccoli
  - GF Tomato & corn tortilla

**Wednesday**
- **Menu of the day**
  - Honey & sesame chicken
  - General tao tofu
  - Indian chickpea & cauliflower curry
  - Couscous
  - Basmati rice
  - Vegetables of the day
- **Soup**
  - GF Lentil
  - GF Celery & leek

**Thursday**
- **Menu of the day**
  - Chipotle Lime MSC Haddock
  - Vegetarian pad thai
  - Mashed sweet potato
  - Vegetables of the day
- **Soup**
  - GF Cream of corn
  - GF Celery & leek

**Friday**
- **Menu of the day**
  - Chicken breast w/ mushroom sauce
  - Lasagna
  - Cajun style red skin potatoes
  - Garlic bread
  - Vegetables of the day
- **Soup**
  - GF Carrot & ginger
  - GF Minestrone

**Saturday**
- **Menu of the day**
  - Beef & carrots
  - Vegetarian spring rolls
  - Thai fried rice
  - Vegetables of the day
- **Soup**
  - GF Korean glazed chicken
  - GF Red curry tofu
  - GF Brown rice pilaf
  - Vegetables of the day

**Sunday**
- **Menu of the day**
  - Cheese / Pepperoni / Vegetarian Whole wheat & made without gluten crust available
- **Dinner**
  - Stir fry
- **Pizza**
  - Cheese / Pepperoni / Vegetarian Whole wheat & made without gluten crust available

Please note that the menu is subject to change without notice.
Made without gluten options available upon request, daily, at the grill, pasta & stir fry station.