### *DAILY BREAKFAST INCLUDES:*
- Bacon, or sausage
- Breakfast potatoes (GF)
- Oatmeal (VE)
- Hard boiled eggs, custom omelette, fried eggs (V)

### Monday
- **BREAKFAST**: French toast (V)
- **LUNCH**: Closed
- **SOUP**: Chicken noodle (VE)
- **DINNER**: Beef meat loaf
  - Vegan sausage w/peppers & onions (VE)
  - Roasted garlic mashed potatoes (GF)
  - Vegetable of the day (V)

### Tuesday
- **BREAKFAST**: McGill breakfast sandwich
- **LUNCH**: Closed
- **SOUP**: Sweet potato bisque (GF)
- **DINNER**: Miso glazed haddock
  - Asian soya & veggie soba (VE)
  - Roasted sweet potatoes (GF)
  - Vegetable of the day (V)

### Wednesday
- **BREAKFAST**: Eggs benedict (V)
- **LUNCH**: Closed
- **SOUP**: Broccoli & cheddar (GF)
- **DINNER**: Chicken fajitas
  - Vegan chicken fajitas (VE)
  - Rice - quinoa pilaf (GF)
  - Vegetable of the day (V)

### Thursday
- **BREAKFAST**: Breakfast burrito (V)
- **LUNCH**: Closed
- **SOUP**: Pistou (GF)
- **DINNER**: Chipotle/lime grilled pork chops
  - Chickpea, spinach & potato jalfrezi (VE)
  - Sweet potato fries (V)
  - Vegetable of the day (GF)

### Friday
- **BREAKFAST**: Chocolate chip pancakes (V)
- **LUNCH**: Closed
- **SOUP**: Carrot & Ginger (GF)
- **DINNER**: Fish tacos
  - Caramelized onion, kale & feta quiche (VE)
  - French fries (V)
  - Vegetable of the day (GF)

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### DAILY MENU

- Bacon, sausage (GF)
- Breakfast potatoes (VE)
- Oatmeal (VE)
- Hard boiled eggs, custom omelette, fried eggs (V)

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**Recipe Ideas from the Smart Palate (SP):**
- Fish tacos
- Caramelized onion, kale & feta quiche
- French fries

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Please note that the menu is subject to change without notice.