### Daily Breakfast

- Bacon, or sausage
- Breakfast potatoes
- Oatmeal
- Hard boiled eggs, custom omelette, fried eggs

### Vegetarian (V) - Gluten (GF) - Vegan (VE) - Halal (H)

#### Monday
- **Breakfast**
  - French toast (V)
  - McGill breakfast sandwich

- **Lunch**
  - Closed

- **Soup**
  - Chicken noodle

- **Dinner**
  - Jerk chicken (GF, V)
  - Jamaican casserole (GF, V)
  - Rice & beans (GF, V)
  - Vegetable of the day (V)

#### Tuesday
- **Breakfast**
  - Breakfast burrito (V)
  - Chocolate chip pancakes

- **Lunch**
  - Closed

- **Soup**
  - Miso, tofu & mushroom (VE)

- **Dinner**
  - Shepherd’s pie (GF)
  - Sweet potato & Black Bean burrito (V)
  - Onion Rings (V)
  - Vegetable of the day (V)

#### Wednesday
- **Breakfast**
  - Breakfast burrito (V)
  - Chocolate chip pancakes

- **Lunch**
  - Closed

- **Soup**
  - Mulligatwany

- **Dinner**
  - Dijon roast pork (GF)
  - Roasted red pepper & goat cheese quiche (V)
  - Spicy potato wedges (V)
  - Vegetable of the day (V)

#### Thursday
- **Breakfast**
  - Breakfast burrito (V)

- **Lunch**
  - Closed

- **Soup**
  - Minestrone (VE)

- **Dinner**
  - Roast beef au jus (GF)
  - Wheat berry - lentil vegan meat balls (VE)
  - Baked potato (GF)
  - Vegetable of the day (V)

#### Friday
- **Breakfast**
  - Blueberry pancakes (V)

- **Lunch**
  - Closed

- **Soup**
  - Peas (GF)

- **Dinner**
  - Chicken brochette (GF)
  - Spanikopita (V)
  - Lemon-herb roasted potatoes (GF)
  - Vegetable of the day (V)

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Please note that the menu is subject to change without notice.

**Legend**
- Yellow: Made without Gluten (GF)
- Green: Vegetarian (V)
- Brown: Vegan (VE)
- Purple: Halal (H)
- Pink: Recipes from the Smart Palate (SP)