

Priority Topic: **SMOKING CESSATION**

Key Features:

1. In all patients, regularly **evaluate and document smoking status**, recognizing that people may stop or start at any time.
2. In smokers:
 - a) **Discuss the benefits** of quitting or reducing smoking.
 - b) Regularly **assess interest** in quitting or reducing smoking.

What you should study:

- ✓ **Ottawa Model Review Page 3**
- ✓ **CAMH Guideline Summary 2011**

3. In smokers **motivated to quit**, advise the use of a **multi-strategy approach** to smoking cessation.

What you should study:

- ✓ **Managing Smoking Cessation CMAJ 2016**
- ✓ **Smoking Cessation AIM 2016**
- ✓ **Promoting Smoking Cessation AAFP 2012**
- ✓ **Ottawa Model for Smoking Cessation**
- ✓ **Drugs for Smoking Cessation BMJ 2016**