Priority Topic: **SMOKING CESSATION**

### Key Features:

1. In all patients, regularly **evaluate and document smoking status**, recognizing that people may stop or start at any time.

   ✓ **Just do it!**

2. In smokers:
   a) **Discuss the benefits** of quitting or reducing smoking.
   b) Regularly **assess interest** in quitting or reducing smoking.

   **What you should study:**

   ✓ Ottawa Model Review  Page 3
   ✓ CAMH Guideline Summary 2011

3. In smokers **motivated to quit**, advise the use of a **multi-strategy approach** to smoking cessation.

   **What you should study:**

   ✓ Managing Smoking Cessation CMAJ 2016
   ✓ Smoking Cessation AIM 2016
   ✓ Promoting Smoking Cessation AAFP 2012
   ✓ Ottawa Model for Smoking Cessation
   ✓ Drugs for Smoking Cessation BMJ 2016