Priority Topic: **SMOKING CESSATION**

Key Features:

1. In all patients, regularly evaluate and document smoking status, recognizing that people may stop or start at any time.

✓ **Just do it!**

2. In smokers:
   a) Discuss the benefits of quitting or reducing smoking.
   b) Regularly assess interest in quitting or reducing smoking.

What you should study:

✓ Ottawa Model Review **Page 3**

✓ CAMH Guideline Summary 2011

3. In smokers motivated to quit, advise the use of a multi-strategy approach to smoking cessation.

What you should study:

✓ Managing Smoking Cessation CMAJ 2016

✓ Smoking Cessation AIM 2016

✓ Promoting Smoking Cessation AAFP 2012

✓ Ottawa Model for Smoking Cessation

✓ Drugs for Smoking Cessation BMJ 2016