Priority Topic: SEX

Key Features:

** an important Priority Topic that is typically not covered in depth in training.

These two AAFP articles cover sexual dysfunction well:
Erectile Dysfunction AAFP 2016
Sexual Dysfunction in Women AAFP 2015

1. In patients, specifically pregnant women, adolescents, and perimenopausal women:
   a) Inquire about sexuality (e.g., normal sexuality, safe sex, contraception, sexual orientation, and sexual dysfunction).
   b) Counsel the patient on sexuality (e.g., normal sexuality, safe sex, contraception, sexual orientation, and sexual dysfunction).

What you should study:

✓ Adolescent Sexuality Peds in Review 2013
✓ Sex and Perimenopause RACGP 2011
✓ Sex in Pregnancy CMAJ 2011
✓ Sexual Health Provider Guide (how to ask questions about sexual health)
✓ Talking about Consent AAFP blog

Although there is no explicit key feature on Trans Health, it can easily come up in a SOO to test your comfort taking a sexual history! These are quick overviews.

✓ Care of the Transgender Adolescent AAFP 2015
✓ Gender Dysphoria RACGP 2015
✓ Supporting trans people in clinical practice
✓ 10 Tips for Transgender Healthcare
2. Screen **high-risk patients** (e.g., post-myocardial infarction patients, diabetic patients, patients with chronic disease) for **sexual dysfunction**, and screen other patients **when appropriate** (e.g., during the periodic health examination).

**What you should study:** Risk factors and how to ask questions

- Erectile Dysfunction AAFP 2016
- Sexual Dysfunction in Women AAFP 2015

3. In patients presenting with **sexual dysfunction**, identify features that suggest **organic and non-organic** causes.

**What you should study:**

- Erectile Dysfunction AAFP 2016
- Sexual Dysfunction in Women AAFP 2015

- Sexual dysfunction usually relates to erectile or orgasmic problems but **dyspareunia is equally problematic:**
  - Dyspareunia in Women AAFP 2014

Dyspareunia in Men is also important to know about, but I couldn’t find a good article except on Uptodate.

4. In patients who have sexual dysfunction with an identified probable cause, **manage the dysfunction** appropriately.

**What you should study:**

- Erectile Dysfunction AAFP 2016
- Sexual Dysfunction in Women AAFP 2015
5. In patients with identified sexual dysfunction, inquire about partner relationship issues.

✓ Just do it!

but if you want to read an article...

✓ The partner’s role in managing ED NATURE 2016