

## Sample clinical cases – collateral impacts of the pandemic as seen in primary care

- A middle-aged man who works in the healthcare system has an intense fear of being vaccinated due to past negative medication reactions, he wants a note from the MD to be exempt from vaccination and is distressed due to the upcoming deadline regarding the provincial vaccine mandate for health care workers, he risks losing his job and is concerned because he has a wife and children to support
- A 77-year-old female is isolated at home with severe depression, she is amotivated, has no family support, refuses to go to hospital because she is afraid of catching COVID and it is often very difficult to reach her by phone
- A 75-year-old gentleman is recently retired and having difficulty adjusting since his identity hinges on his work, due to the pandemic he has been unable to find volunteer opportunities or other ways to occupy his time, he is feeling lonely and isolated and has attempted suicide
- A 62-year-old female home care patient has longstanding chronic pain and has been taking opioids, she has been to a rehab centre in the past, an attempt was made to refer her to the pain clinic but there are very long delays to get appointment since COVID disruptions
- A 15-year-old girl is brought to the clinic by her mother. She had severe anxiety when she had to go to back school mid-pandemic and it is still not resolving. She has had a 60 pound weight gain in the last year, and her mother is against her being vaccinated for religious reasons, but she would like to be vaccinated but doesn't want to go against her mother's wishes
- A middle-aged woman immigrated from South East Asia 20 years ago following a forced marriage, she has suffered from domestic abuse in the past, and her husband has been verbally harassing during the pandemic and prevents her from doing many activities. He won't give her an allowance or let her get a job, and especially since the pandemic she has been struggling to reach out for help, she used to be followed by social worker but she has been lost to follow-up since the pandemic, and her physician is now trying to reconnect her to local community supports
- A man in his fifties has not had well-care in over 2 years since before the pandemic, he needed a repeat colonoscopy but had refused to be seen or come back for follow-up because there had been outbreaks in the hospital and he said it wasn't urgent, but the physician is afraid that this will "fall through the cracks" and lead to a bad outcome that could have been preventable