



Department of Family Medicine

Presents:

eCHAT: Screening & Intervening for Mental Health & Lifestyle Issues

With:

**Dr. Felicity Goodyear-Smith, MB CHB, MGP,
Department of General Practice & Primary Health Care,
University of Auckland, New Zealand.**

The electronic Case-finding and Help Assessment Tool (eCHAT) is a New Zealand primary care intervention developed over the past decade by a team led by Prof Felicity Goodyear-Smith. Self-completed by patients in the waiting room prior to consultation with their general practitioner or nurse, eCHAT case-finds for nine mental health and lifestyle risk factors (smoking, drinking, other drugs, gambling, depression, anxiety, exposure to abuse, anger control difficulties, physical inactivity) and asks with which, if any, patients would like help. Summary results are integrated into the electronic health record at point of care along with stepped care decision support options, facilitating a conversation for shared decision-making.

Thursday November 7, 2013

From: 12:00-1:30 p.m.

Department of Family Medicine

5858 ch. de la Côte-des-Neiges, 3rd floor, suite 300

BRING YOUR LUNCH! There will be light refreshments.

Please RSVP to research.fammed@mcgill.ca or (514) 399-9109

There is no parking on site and parking is limited in the area.

Taxis and public transport are advised.

More details:

Professor Felicity Goodyear-Smith is a general practitioner and Academic Head of the Department of General Practice & Primary Health Care, University of Auckland, New Zealand. She is currently nearing the end of a six month sabbatical and is visiting McGill to develop collaborative research involving eCHAT.

Cannot make the seminar physically? (Please Note: Students from FMED 504 are expected to be there). Then, you may join the webinar by registering at the below link:

<https://attendee.gotowebinar.com/register/4925912501814174209>

After registering, you will receive a confirmation email containing information about joining the webinar.