Priority Topic: **RAPE/SEXUAL ASSAULT**

**Key Features:**

1. Provide **comprehensive care to all patients** who have been sexually assaulted, regardless of their decision to proceed with evidence collection or not.

   **What you should study:**
   THINK SOO: ask about desire to contact police, collect evidence, and press charges but **DO NOT PUSH** and provide sensitive and gentle care regardless.

   ✓ Care of Patient after Sexual Assault NEJM 2011
   ✓ Drug-facilitated Sexual Assault CMAJ 2009
   ✓ Care of the Adolescent Patient after Sexual Assault AAP 2017

2. Apply the **same principles of managing sexual assault** in the acute setting to other ambulatory settings (i.e. medical assessment, pregnancy prevention, STI screening/treatment/prophylaxis, counselling).

   ✓ Just do it! Don’t forget to do appropriate testing and care in a clinic setting (same articles as above)

3. Limit **documentation** in sexual assault patients to **observations** and other necessary medical information (i.e., avoid recording hearsay information).

   **What you should study:**

   ✓ Sexual Assault of Women AAFP 2010 - Page 3: Eval and Tx of Injuries
4. In addition to other post-exposure prophylactic measures taken, assess the need for human immunodeficiency virus and hepatitis B prophylaxis in patients who have been sexually assaulted.

**What you should study:** know how to decide and also how to prescribe

✓ Care of Patient after Sexual Assault NEJM 2011
✓ Pocket PEP St Mike’s 2016

5. Offer counselling to all patients affected by sexual assault, whether they are victims, family members, friends, or partners; do not discount the impact of sexual assault on all of these people.

**What you should study:**

✓ Sexual Assault ACOG 2014 - psychological impact

6. Revisit the need for counselling in patients affected by sexual assault.

✓ Just do it!

7. Enquire about undisclosed sexual assault when seeing patients who have symptoms such as depression, anxiety, and somatization.

**What you should study:** remember to ask re: both RECENT and REMOTE

✓ Adult Manifestations of Childhood Sexual Abuse ACOG 2011-17

**Special Populations:**

- Military-related Sexual Assault CMAJ 2017 *(Military Women)*
- Men and Sexual Assault ASAAS *(Men)*
- Sexual Violence against Men & Boys in the Syria Crisis UNHCR *(Refugee)*
- Violence against Aboriginal Women Fact Sheet *(Aboriginal)*
  shockingly I couldn’t find an article on Sexual Assault in Aboriginal women
- Sexual Violence in the Trans Community *(Transgender)*
You should also be aware of Trauma-informed care:
✓ Trauma-Informed Care CFP 2018
✓ Soins tenant compte des traumatismes CFP 2018