

Priority Topic: PARKINSONISM

Key Features:

For a single source of info on this topic:

[Parkinson's Disease in the clinic AIM 2012](#)

[Parkinson's Disease Primer NATURE 2017](#)

1. In patients with suspected Parkinson's disease, accurately distinguish [idiopathic Parkinson's disease](#) from [atypical Parkinson's disease](#) (e.g., disease at a young age, drug-related disease), as treatment differs.

What you should study:

- ✓ [Atypical Parkinsonism DDX and Tx 2016](#)

Note the change in terminology: It is atypical parkinsonism not Atypical Parkinson's Disease

2. In the care of all patients with Parkinson's disease, [involve other health care professionals](#) to enhance the patient's functional status.

What you should study:

- ✓ [Multidisciplinary Care of Patients with PD 2012](#)

- ✓ [Management of PD BMJ Infographic](#)

3. In an elderly patient with a deterioration in functional status, **look for and recognize Parkinson's disease when it is present**, as it is a potentially reversible contribution to the deterioration.

What you should study:

✓ **Parkinson Disease Primer NATURE 2017 see Pg 9 Box 1: Diagnostic Criteria**

4. In a patient with a tremor, do an appropriate physical examination (e.g., observation, use of techniques to enhance the tremor) to **distinguish the resting tremor of parkinsonism from other** (e.g., essential) **tremors**.

What you should study:

✓ **Tremor Differential AAFP 2018**

5. As part of the management of patients with Parkinson's disease, **identify anticipated side effects of medications**, especially those with which you are unfamiliar.

*** You should know how to treat Parkinson's Disease**

What you should study:

✓ **Pharmacological Management of PD JAMA 2014 Table 4**

✓ **Parkinson Disease Primer NATURE 2017 Pages 11-12 on Meds**

✓ **Management of PD BMJ Infographic**

6. As part of the ongoing follow-up care of patients with Parkinson's disease:
- Assess [functional status](#). see also **Priority Topics: Elderly, Dementia**
 - Monitor them for [medication side effects](#). see **Key Feature 5**
 - Look for [other problems](#) (e.g., depression, dementia, falls, constipation), as they are more common

What you should study:

- ✓ [Geriatric Assessment AAFP 2011](#)
- ✓ **Non-motor Symptoms: Management of PD** [BMJ Infographic](#)
- ✓ [Parkinson Disease Primer NATURE 2017](#)
see **Figure 5: Clinical Symptoms associated with PD Progression**
- ✓ [Management of Constipation in Parkinson Disease NATURE 2018](#)