

Priority Topic: LOSS OF WEIGHT

Key Features:

1. Pursue an underlying cause in a patient with [unexplained weight loss](#) through [history, physical examination](#) (including weight) and [appropriate investigations](#).

What you should study:

- ✓ [Unintentional Weight Loss in Older Adults AAFP 2014](#)
- ✓ [Unintentional Weight Loss in Older Adults CMAJ 2011](#)

2. Maintain an [ongoing record of patients' weights](#) so as to accurately determine when true weight loss has occurred.

3. In patients with [persistent weight loss of undiagnosed cause](#) , follow-up and reevaluate in a timely manner in order to decide whether anything needs to be done.

What you should study:

Basically, don't let these patients fall through the cracks. If you want an article on this, here is one:

- ✓ [Unintentional Weight Loss 2017](#)