

# Priority Topic: HYPERLIPIDEMIA

## Key Features:

The most concise and comprehensive resource for this topic is the [Simplified Lipid Guidelines CFP 2015](#)

1. [Screen appropriate patients](#) for hyperlipidemia.

### *What you should study:*

- ✓ [Simplified Lipid Guidelines CFP 2015](#)
- ✓ [Canadian Lipid Guidelines CCS 2016](#)  
[Lipids Pocket Guide CCS 2016](#)
- ✓ [Screening for lipid disorders in children and adolescents AAFP 2017](#)

2. In all patients whose cardiovascular risk is being evaluated, [include the assessment of lipid status](#).

### *What you should study:*

- ✓ [Simplified Lipid Guidelines CFP 2015](#)

3. When hyperlipidemia is present, take an [appropriate history](#), and [examine and test the patient for modifiable causes](#) (e.g., alcohol abuse, thyroid disease).

### *What you should study:*

- ✓ [Dyslipidemia AIM 2017 - Page 7 - causes of secondary hyperlipidemia](#)

4. Ensure that patients diagnosed with hyperlipidemia receive **appropriate lifestyle and dietary advice**. Periodically **reassess compliance** with this advice (especially in patients at overall low or moderate CV risk).

***What you should study:***

- ✓ **Simplified Lipid Guidelines CFP 2015**
- ✓ **Dyslipidemia Controversies in Primary Prevention PBSGL 2015 - Table 1**  
<https://members.fmpe.org/>

5. In treating hyperlipidemic patients, **establish target lipid levels** based on overall CV risk.

***What you should study:***

- ✓ **Simplified Lipid Guidelines CFP 2015**

6. In patients **receiving medication** for hyperlipidemia, periodically **assess compliance** with and **side effects** of treatment.

***What you should study:***

- ✓ **Dyslipidemia AIM 2017 - Drug treatment for lipid disorders pg 10-12**
- ✓ **Hyperlipidemia - drugs for CV risk reduction AAFP 2017**
- ✓ **Safe use of Statins - Liver enzymes and Muscle toxicity AAFP 2011**