Community and Homecare Palliative Care
Mount Sinai Hospital

The resident will spend two rotations on community-based palliative care units. One of these rotations will take place at Mount Sinai Hospital. It has a 15 bed palliative care unit, as well as pulmonary rehab and longterm care beds. An average of 210 patients get admitted to this palliative care unit per year. Mount Sinai also has a well-established interdisciplinary home care program, caring for an average of 20 patients at any given time, for an average of 100 patients per year. This program coordinates its services with the community partners available to the patients. The team is made up of 4 doctors, all of whom are from a family medicine background, a psychologist, a social worker, a music therapist, an art therapist, physiotherapy, occupational therapy, a clinical ethicist, pastoral care workers, recreational therapist, a dietician, and very involved volunteers.

In addition to working on the PCU at Mount Sinai, the resident will be exposed to the care home-based palliative care patients. As well, during this month, the resident will accrue 2 to 3 homecare patients for which he/she will be responsible during the rest of the year; protected time will be offered during other rotations to ensure the resident has time for homecare visits of his/her patients as needed.

The resident will be expected to be on call from home during two weekends out of the four week rotation. This call is by telephone, during the day (9am to 9pm) and does not require for the resident to go back into hospital. The staff physician is always available to answer questions and for support.