

## Enhanced Skills

Mother and Child Health Profile:

### Vulnerable clientele

This profile is designed to prepare a resident who wishes to work with more vulnerable clientele, locally or remotely. Different initiatives have tried to offer clinical care to populations challenged with issues such as isolation, poverty, drug use, violence or mental illness. Training within clinics geared toward this population would be provided. International health work can be explored by residents but will not be organized by the program.

Specific objectives will include exposure to models of care and the development of competencies that promote the health and empowerment of vulnerable clientele. Clinical rotations may include Maison Bleue, Portage, SIFFE program, and others are organized. Formal teaching concerning intimate partner violence and female genital mutilation are given. Skills to screen for post-partum depression, post-traumatic stress syndrome, family violence, neglect, and issues related to immigration and multiculturalism are explored. The resident will learn to work in an interdisciplinary model.

Resident graduating this major should be able to understand much thoroughly the reality of these clienteles and intervene more efficiently. They would take a leadership role with initiatives in that regard.