

Enhanced Skills

Mother and Child Health Profile:

Breastfeeding

This major aims to develop an expertise in breastfeeding science and art. Residents are strongly encouraged to take simultaneously their lactation consultant training and examination. An increased amount of time will be spent in breastfeeding clinics, in different sites. Trainees may also explore the different steps required to build a breastfeeding clinic in their community. At the end of his training, the resident should be an expert in breastfeeding and be a consultant in level 2 or 3 breastfeeding clinics.

Specific Objectives may include learning to perform posterior frenotomy and manage complex breastfeeding issues (lactation of Down syndrome infant, cleft palate, nipple trauma refractory to initial treatment, etc.) Promoting early initiation of breast feeding where medical interventions are required (e.g. caesarean section and NICU admission)