

Priority Topic: **DYSPEPSIA**

Key Features:

For a single source on this topic: [ACG Dyspepsia Guidelines 2017](#)

and also this PowerPoint by Dr Ingram of St Mary's: [Dyspepsia Emily Ingram 2017](#)

1. In a patient presenting with dyspepsia, [include cardiovascular disease](#) in the differential diagnosis.

What you should study:

- ✓ [Evaluation and Management of Functional Dyspepsia AAFP 2011 Table 2](#)
(I couldn't find anything specifically on CVD but this is a decent DDx)

2. Attempt to [differentiate](#), by history and physical examination, [between conditions presenting with dyspepsia](#) (e.g., gastroesophageal reflux disease, gastritis, ulcer, cancer), as plans for investigation and management may be very different.

What you should study: see also [Priority Topic Abdominal Pain](#)

- ✓ [ACG Dyspepsia Guidelines 2017](#)
- ✓ [PUD and H. pylori AAFP 2015](#)
- ✓ [Rome III diagnostic criteria for functional gastrointestinal disorders](#)
- ✓ [Functional Dyspepsia Primer NATURE 2017 \(long, but check out the figures!\)](#)
- ✓ [Functional Dyspepsia AAFP 2011](#)
- ✓ [GERD AIM 2015](#)
- ✓ [GERD Guideline 2013](#)
- ✓ [Gastric Cancer AAFP 2004 \(A bit old but a good overview\)](#)

3. In a patient presenting with dyspepsia, **ask about** and **examine** the patient for **worrisome signs/symptoms** (e.g., gastrointestinal bleeding, weight loss, dysphagia).

What you should study: know red flags of dyspepsia

- ✓ Dyspepsia Presentation Emily Ingram 2017
- ✓ Functional Dyspepsia Primer NATURE 2017 **Box 2**
- ✓ Abdominal history: <https://www.youtube.com/watch?v=O2qYU8n4VsA>
- ✓ Abdominal physical examination:
<https://www.youtube.com/watch?v=XOefpxm38bc>

Exam tip:

(While examining: MAKE SURE YOU SAY WHAT YOU ARE LOOKING **OUT LOUD!**)