Priority Topic: DYSPEPSIA

Key Features:

For a single source on this topic: ACG Dyspepsia Guidelines 2017

and also this PowerPoint by Dr Ingram of St Mary’s: Dyspepsia Emily Ingram 2017

1. In a patient presenting with dyspepsia, include cardiovascular disease in the differential diagnosis.

What you should study:

✓ Evaluation and Management of Functional Dyspepsia AAFP 2011 Table 2
(I couldn’t find anything specifically on CVD but this is a decent DDx)

2. Attempt to differentiate, by history and physical examination, between conditions presenting with dyspepsia (e.g., gastroesophageal reflux disease, gastritis, ulcer, cancer), as plans for investigation and management may be very different.

What you should study: see also Priority Topic Abdominal Pain

✓ ACG Dyspepsia Guidelines 2017
✓ PUD and H. pylori AAFP 2015
✓ Rome III diagnostic criteria for functional gastrointestinal disorders
✓ Functional Dyspepsia Primer NATURE 2017 (long, but check out the figures!)
✓ Functional Dyspepsia AAFP 2011
✓ GERD AIM 2015
✓ GERD Guideline 2013
✓ Gastric Cancer AAFP 2004 (A bit old but a good overview)
3. In a patient presenting with dyspepsia, ask about and examine the patient for worrisome signs/symptoms (e.g., gastrointestinal bleeding, weight loss, dysphagia).

**What you should study:** know red flags of dyspepsia

✓ Dyspepsia Presentation Emily Ingram 2017
✓ Functional Dyspepsia Primer NATURE 2017 Box 2
✓ Abdominal history: [https://www.youtube.com/watch?v=O2qYU8n4VsA](https://www.youtube.com/watch?v=O2qYU8n4VsA)
✓ Abdominal physical examination: [https://www.youtube.com/watch?v=XOefpxm38bc](https://www.youtube.com/watch?v=XOefpxm38bc)

**Exam tip:**
(While examining: MAKE SURE YOU SAY WHAT YOU ARE LOOKING OUT LOUD!)