

# Primary Care is the Place for You

Community Health Centre or  
CLSC Park Extension



# Disclosures

- No conflict of interest



# Leaving for work



# Culture of the Have's



26/05/2012

# Cross to the « Other » side



26/05/2012

# A different environment



# Park Ex



# Urban Practice





# CLSC Park Extension



# CSSS




# « The hospital »



# Monday: Pediatric Clinic



# Toddler who does not eat

- 18 mo old, drinks >35 oz/day Homo milk with a « feeder »
  - Vegetarian family
  - Extended family living in the household: who sets the rules?
  - Stands up but does not walk
  - Consanguinity
- 

# Primary Schools



# School outreach



# Wassim

- Grade 4, does not concentrate, has low marks, referred by school
- Takes Concerta 18 mg during school
- Operates an iPad but doesn't read enough
- Algerian family, older brother and three younger siblings
- During visit, mom asks me to check youngest boy for fever




# Knowing the whole family

- Aishah, almost 13 yr, accompanied by mother Salik
- « Je me fache trop facilement. »
- Dizziness, orthostatic episodes
- Child caretakers of an ill parent
- « I want to move to England. »

# Nurse practitioners




# Tuesday

- Chronic illness appointments in the morning
  - Surveillance of symptoms, compliance with medications, understanding of illness
  - Collaboration with the nurses of the Cardio-Metabolic Clinic
  - Drop-in clinic in the afternoon (acute care for my patients)
- 

# Interdisciplinary Care

- Harry, 58 yr, lost to follow-up post-op
- Deaf, legally blind: arranged specialty care with social worker Andrew and doctor
- Mackay Center
- Worsening diabetes, swallowed chemstrips, admitted to ER
- Homecare nurse John
- Competency: ethicist

# Wednesday

- Drop-in clinic open to the public (20-25 spots)
  - NP's and NP candidates
  - Detection of serious chronic illness (diabetes, HIV, mood disorders, elderly « orphan » patients)
  - Assigning continuity of care for some
- 

# Health and Culture



# On-site interpreter




# Thursday

- Interpreter and refugee clinic
- Or Pre-travel clinic in collaboration with a local pharmacy
- Administration



# Surinder and Harb

- Asylum seekers sought Shahida
  - Surinder: a.fib with hyperthyroidism, lost to follow-up from anticoagulation clinic
  - Chronic mood disorder vs. PTSD
  - Paying lawyers, drivers, others?
  - Now « illegals » and without meds
- 

# Community Organizations



# Friday: La Maison Bleue





01/06/2012

# Samia

- Two marriages, five children
- Youth protection involved for issues of neglect
- 3 kids and dad in the examining room
- Oldest daughter with a damaged cast on her ankle, 4 year old with language delay
- Team and Youth Protection must define their roles, as must the parents

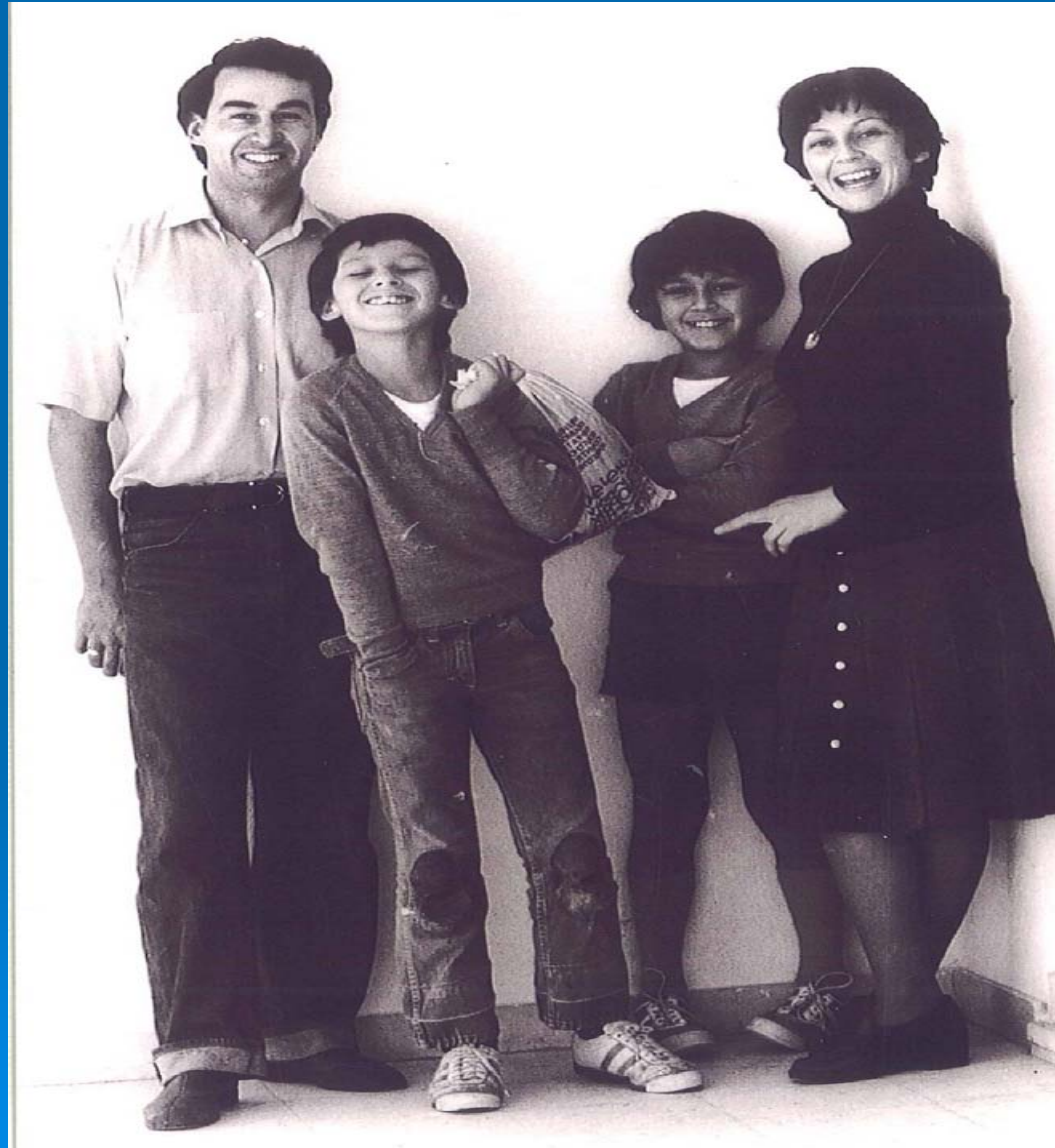
# Primary Care Definitions

- Entry into the health system for all new needs and problems
- Person-focused; not disease-oriented
- Continuity of care
- Care for all but very uncommon or unusual conditions
- Coordinates or integrates care provided elsewhere or by others

# CANMed roles (in practice)

- Medical expert (broad skills)
- Communicator (cultural competence)
- Collaborator (interdisciplinary teamwork)
- Health advocate (local and global issues)
- Manager (prioritize services, assess need)
- Scholar (teaching, adapted CME, research)
- Professional (ethics, role-model, dialogue)

# Tunisia, 1977





# Dr. Salvador Allende





15/12/2010



15/12/2010



15/12/2010

THANK YOU

