



# Summer Accessibility Guide

for all McGill Parents and Guardians

*a collaborative initiative from the JBSCE Subcommittee on Family Care,  
McGill University (2022)*



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*Info. Summer 2022*

## Summer Camps for Children

If you are a parent (or are about to become one), see the following pages for information about Montreal-based summer camps for children:

### A. [Day Camp Urban Excursion:](#)

A day camp that provides all the activities that Parc Jean-Drapeau has to offer, including beach, kayaking, rock climbing, la Ronde and more.

- Ages 5 to 15 (Coed)
- Day Camp
- From \$400

### B. [Pedal heads Bike, Swim and Sports:](#)

Pedal heads offers activities such as bike, swim, and trail programs to families across Canada. Pedal heads help kids develop life skills, confidence, and independence through fun, safe, and engaging instruction.

- Ages 2 to 12 (Coed)
- Day Camp, Program
- From \$199

### C. [UCMAS Abacus and Mental Math School](#)

UCMAS also offers Spring workshops. It has been proven through several research by International Institutes, including Harvard & Stanford, that UCMAS increases IQ of children.

- Ages 5 to 13 (Coed)
- Day Camp, Program
- From \$155

### D. [Camp Ecolart](#)

A premium summer and winter camp for kids ages 4 to 17. We offer day and overnight camps in the summer in 4 locations: Montreal, Whistler, Banff and San Diego. We also offer a ski/snowboard camp in the winter.

- Ages 14 to 17 (Coed)
- Day Camp, Overnight Camp
- From \$350

**E. [McGill Sports Camp](#)**

Campers benefit from a multi-sport program and McGill University's extensive athletics facilities. Our mission is to encourage an active and healthy lifestyle in an environment that promotes fair play and sportsmanship.

- Ages 14 to 17 (Coed)
- Day Camp
- From \$275

**F. [Robotics Camp – Montreal](#)**

Children design, build and program robot(s) using LEGO Mindstorms and LEGO Wed systems. Utilization of various software. One-hour out-door activity.

- Ages 4 to 14 (Coed)
- Day Camp
- From \$345

**G. [Sports Life](#)**

A unique team sports camp, simulating the career of professional athletes! Sports include: ice hockey, flag/touch football, basketball, soccer, baseball, ball hockey and much more!

- Ages 5 to 15 (Coed)
- Day Camp, Program, Virtual Program
- From \$150

**H. [Inventor Stem School](#)**

STEM-focused enrichment programs in engineering, mechanics, robotics, architecture, and programming we develop critical competencies through play and hands-on construction using LEGO® and Minecraft® Education.

- Ages 3 to 16 (Coed)
- Day Camp, Program, PA Day
- From \$25

**I. [KidCoders Academy](#)**

KIDCoders Computer Academy teaches coding, problem solving & STEM skills. Kidcoders will ensure your child has a fun-filled & balanced summer with our combination of indoor & outdoor activities.

- Ages 8 to 15 (Coed)
- Day Camp, Program
- From \$649

**J. [Laurus Summer Camp](#)**

Montreal, Laval and West Islands #1 Lifestyle Summer Day camp! We blend fun, education & specialty training in arts, academics, and sports! Weekly program for kids ages 3 - 15!

Registration is open in November for 2020!

- Ages 3 to 15 (Coed)
- Day Camp, Virtual Program
- From \$150

**K. [BKLearning](#)**

BKLearning offers high-quality online education services with a focus on private tutoring for grades 3-11 in English, Math, & Science.

- Ages 8 to 17 (Coed)
- Day Camp, Virtual Program
- From \$60

**L. [MWS Montreal Language Camps](#)**

French and English language camps at McGill University where kids engage in language learning, daily excursions, and camp activities. Programmes divided by age - 7 to 10, 11 to 13 and 14 to 17 years old.

- Ages 7 to 17 (Coed)
- Day Camp, Overnight Camp
- From \$890

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## Summer Activities for Families in Montreal

See the following pages for information about summer activities for families in Montreal:

### Parks in Montreal

- a. Jeanne-Mance Park
- b. Parc La-Fontaine
- c. Parc Jean-Drapeau
- d. Verdun Beach
- e. Parc Jarry
- f. Parc Maisonneuve
- g. Esplanade of the Olympic Park
- h. Parc Angrignon
- i. Parc Sir-Wilfrid-Laurier
- j. Parc Outremont

[Stroller Park](#) is also an incredible resource - reviews of splashpads and parks - with photos, comments if bathrooms are available, shade, what age group the park is appropriate for... a great way to discover so many wonderful places through this site!

Other McGill parents shared that in the summer, they love to hike in the mountain park in Mont Orford [Mont-Orford | Sortez en grand | Orford, Québec](#) [Mont Orford](#), rent paddle boards or kayaks in Magog or a local parc and go to up to in Mont St Gregoire.

## Festivals and Events for Families

### [International des Feux Loto-Quebec](#)

*(June 15 to August 6, 2022)*

- After a two-year hiatus, the International des Feux Loto-Québec, Montréal's beloved fireworks festival, will be back from June 25 to August 6 to light up the city's skies.
- One of summer's most-anticipated events, the festival will be presented at Lac des Dauphins at La Ronde on Wednesday and Saturday evenings.
- This year's program will include the participation of six world-class pyrotechnic companies who will compete to win the hearts of spectators and the gold Jupiter trophy, the most prestigious award in the industry.

### [Festival International Nuits d'Afrique](#)

*(July 12 to July 24, 2022)*

- For its 36th year, the Festival International Nuits d'Afrique promises another stellar program of over 100 performances, workshops, and other activities with the African, Caribbean, and Latin American diaspora in the spotlight. Bring your comfiest shoes because you'll be up on your feet dancing all evening!

### [Just For Laughs](#)

*(July 13 to July 31, 2022)*

- We're not kidding when we say Montréal's Just For Laughs is the world's top comedy festival. But don't take our word for it—just follow the laughter from the city's theatres, clubs and streets. For its 40th anniversary, the JFL 2022 in-person reboot guarantees guffaws and mirth galore, featuring Bill Burr and Kevin Hart at the epic-size Bell Centre.

### [Zoofest](#)

*(July 14 to July 31, 2022)*

- Since its founding in 2009, Zoofest has embraced an anything goes attitude to its programming and events. Running simultaneously to the massive Just For Laughs and OFF-JFL events, Zoofest brings over 125 additional performances ranging from burlesque to theatre. Consider the envelope pushed!

### [Festival Fantasia](#)

*(July 14 to August 3, 2022)*

- One of Canada's most beloved film festivals, the Fantasia International Film Festival puts the focus on genre cinema. Three weeks of thrills, chills and bloody spills paired with filmmaker Q&As and other activities, mark Festival Fantasia as the movie event of the summer.

### [Osheaga](#)

*(July 29 to July 31, 2022)*

- A yearly must-do on North America's music festival circuits, Osheaga brings the top trend-setters to Parc Jean-Drapeau for three days of multi-stage performances of a lifetime. This year's lineup includes headliners Montréal's own Arcade Fire plus Dua Lipa and A\$AP Rocky, alongside fan favourites Mitski, Caribou, Wet Leg, Charli XCX, Pierre Kwenders and the Yeah Yeah Yeahs.

### [Montreal Highland Games](#)

*(July 31, 2022)*

- The Montréal Highland Games return to the Douglas Hospital grounds in Verdun on Sunday, July 31, after a two-year hiatus. This family-friendly festival invites Montrealers of all backgrounds to celebrate Scottish sport, music and culture, with everything from Celtic music and pipe and drum bands to Highland dancing, medieval combat and classic Scottish athletics.

### [Ile Sonique](#)

*(August 5 to 7, 2022)*



- The leafy expanses of [Parc Jean-Drapeau](#) transform into the biggest outdoor nightclub dance floor when ÎleSoniq takes over in early August. As always, headliners like Swedish House Mafia, Illenium and Eric Prydz share the stage with the latest up-and-comers in electronic music, and 2022 also sees locals DVBBBS and Black Tiger Sex Machine perform to some of the biggest crowds in their careers.

### [ItalfestMTL](#)

*(August 5 to 21, 2022)*

- For its 29th edition, ItalfestMTL offers two weeks of community pride in [Little Italy](#) and beyond. Food, culture and performances bring Montréal's feisty Italian community out in force to eat, dance and play the summer nights away. *Ciao bella!*

### [Montreal Pride](#)

*(August 1 to 7, 2022)*

- One of Montréal's biggest annual parties, Montréal Pride features a rainbow of internationally beloved musicians and drag queens, endless joy in the Gay Village *quartier* (in full effect on Community Day) and the powerful moment of silence during the Parade commemorating the 2SLGBTQ+ community's history. Last but not least, dance your cares away and get your flirt on at the closing outdoor T-Dance set to the sounds of some of the world's top DJs.

### [Jackalope](#)

*(August 19-21, 2022)*

- Simply put, Jackalope should appear in the thesaurus as a synonym for Action and Adrenaline. Get ready for some of the world's most daring athletes as they demonstrate

their skills at bouldering, skateboarding and other action sports leaving audiences slack-jawed in the process.

### [MUTEK](#)

*(August 23 to 28, 2022)*

- 23 years after its first edition, MUTEK has long established its reputation as a world-leading festival of electronic music and digital art. Adored by both audiences and artists, MUTEK sets the standard for *avant garde* music and virtual experiences.

### [Psicobloc](#)

*(August 27-28, 2022)*

- You've never seen free-climbing like what you'll experience at Psicobloc, as over 300 climbers from around the world ascend a 65-foot overhanging wall. But worry not—if they slip and tumble, the deep end of a swimming pool guarantees a soft (albeit wet) landing. Be prepared to spend the day on the edge of your seat!

### [Montreal Fashion and Design Festival](#)

*(August 25 to 28, 2022)*

- Just one look at the Festival Mode Design's ultrachic [Instagram](#) and you'll know you've found fashionista heaven. Using the [Quartier des Spectacles](#) as its catwalk, #FMDMTL's fashion shows, pop up shops and events keep you on the cutting edge of style while mingling with Montréal's most fashionable

### [Centre Monseigneur Pigeon](#)

- In Ville Emard/Cote St Paul; Centre Monseigneur Pigeon offers affordable day camps and free family friendly programming in the parks throughout the summer.

### [Petit Pknic](#)

- Every Sunday starting June 26 until September 5, games and counselors await you from 2pm to 7pm at our Petit Picnic zone in parc Jean Drapeau!

### Summer in the City

- Côte Saint-Luc Library, the Parks and Recreation Department and the Public Works Department have planned a variety of summer events - including storytime, outdoor concerts, fitness in the park, drama workshops and more)

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## Summer Activities for Children with Special Needs

### YMCAs of Québec

- The YMCAs nine centres around Montreal work hard to integrate children with special needs at their day camps and offer them a range of programs including swimming, arts and crafts and games. However, not all of the Ys have adapted equipment and facilities so check with the one nearest you.
- **Ages:** 2-17 years, depending on the centre  
**Dates:** June 29-Aug. 27, 2010, depending on the centre

### Camp Yaldei

- Run by the Donald Berman Yaldei Developmental Centre, which is based in N.D.G., this Jewish, overnight camp offers a host of activities from boating to nature trails. The camp is located in the Laurentians.
- **Ages:** 5 and up  
**Dates:** June 29-July 19, July 21-Aug. 9 or June 29-Aug. 9, 2010.  
**Information:** Call (514) 279-3666, ext. 249

### [Camp Massawippi](#)

- Run by the MAB-MacKay Rehabilitation Centre based in Montreal, this camp in Ayer's Cliff, QC offers a site adapted to the needs of those with physical, auditory or visual impairments and offers a host of traditional camp activities.
- **Ages:** 6-30  
**Dates:** June 28-July 9 (ages 13-30), July 12-23 (ages 6-30) July 26-Aug. 6 (ages 13-10) and Aug. 9-14 (ages 6-30), 2010.  
**Information:** Call (514) 489-8201, ext. 2028

### [YM-YWHA Day Camps](#)

- At the centre at 5400 Westbury Ave. in Montreal, children ages 4-12 are integrated into the Friendly Faces Day camp and enjoy a range of traditional camp activities. There is also a camp called Manhigim for teenagers, which includes morning activities focused on acquiring life-skills like taking the metro and budgeting and then afternoons filled with games, sports, and swimming.
- **Ages:** 4 & up  
**Dates:** June 28-Aug. 20, 2010  
**Information:** Call (514) 737-6551

### [Pedalheads Bike, Swim and Sport](#)

- Pedalheads offers bike, swim, and trail programs to families across Canada. Pedalheads helps kids develop life skills, confidence, and independence through fun, safe, and engaging instruction.
- Sport: Cycling

### [The Friendship Circle of Montreal](#)

*Sunday Circle*

- This program offers a unique opportunity for children to gain from group activities while still receiving one-on-one attention from their volunteers. Participants partake in structured activities and free play throughout the Friendship Circle facility. Activities include arts and crafts, cooking, dance and free play.
- Children (6-14 years of age)
- SUNDAY 1:00 PM - 3:00 PM
- **Member fee \$200 Non-Member fee \$300**

#### *Teens and Young Adult Girls*

- Create meaningful friendships, socialize, and enhance life skills while participating in structured programming. Activities include dance, art, drama, cooking and occasional outings.
- SUNDAY 4:00 PM - 6:00 PM
- **Member fee \$200 / Non-Member fee \$300**

#### *Teens and Young Adult Boys*

- Create meaningful friendships, socialize, and enhance life skills while participating in structured programming. Activities include sports, art, drama, games and occasional outings.
- SUNDAY 4:00 PM - 6:00 PM
- **Member fee \$200 / Non-Member fee \$300**

#### *The Lounge*

- This daily program teaches life skills & social skills for teens & young adults in a relaxing setting.
- **Non-Member fee \$200 - per day \$600/week**

### *Art and Dance*

- Unleash creativity and explore a variety of art mediums
- MONDAYS 5:00PM – 7: 00 PM
- **Member fee \$200 / Non-Member fee \$300**

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## Additional Resources

### Good resources in Montreal

- The Montreal families website - [www.montrealfamilies.ca](http://www.montrealfamilies.ca) for more information about things to do or go with kids.
- The city of Montreal website: <https://montreal.ca/en/> where you can see libraries in your neighborhood, pools, summer activities, and more.

### Services for immigrant and refugee youth and their families

Below are some [services for immigrant and refugee youth and their families available in Quebec](#)

#### [Le Centre Multiethnique de Quebec](#)

- Written and verbal liaison between schools and newcomer families.
- Building cultural awareness and connection with schools, especially issues of identity in 12- to 17-year-olds.

#### [Comite d'accueil international des Bois-Frans](#)

- Project Jeunes immigrants, to promote dialogue between immigrant students, their Quebec peers, families, school staff and the community through a range of social and educational activities.

#### [La Maisonnee](#)

- Summer camps, homework assistance and school drop-out prevention programming for immigrant youth.

#### [The Prida Clinic](#)

- CSSS de la Montagne offers health and social services to immigrants, refugees and asylum seekers of all ages, including psychosocial, physical and mental health assessments to accompanied and unaccompanied minors.

#### [Ste-Foy CLSC](#)

- Immigrant/refugee families are referred to the refugee clinic

#### [Tel-Jeunes](#)

- Crisis hotline, with guidance and referral services 7 hours of a week, 24 hours a day

#### [L'Accolade Santé Mentale](#)

- Information, support, indiv. & family counseling [E/mostly F]
- Located in Montreal (South Shore)

#### [Agence Ometz](#)

- Social Services, provides support to families (mainly Jewish)
- Montreal (Cote des neiges area)

#### [ALPABEM](#)

- Support, education, information and resources for families
- Montreal

#### [Amcal Family Services](#)

- Various services for families with any difficulties, workshops
- Montreal (west island area)

The Welcome Center for Newcomers (MANA) <https://manamtl.org/> at Ile des Soeurs.

## **Trans, Non-binary and Gender non-conforming youth resources**

### [Summer Tips and Tricks for Trans, Non-Binary, and Gender Non-Conforming Youth](#)

- Summer can be difficult for trans, non-binary, and gender non-conforming youth. But it doesn't have to be! Check out these tips from TYEF to help you or your child have a fun, authentic, and memorable summer full of gender euphoria. 🌻 🌈
- Tips for trans girls and transfeminine non-binary youth
  - Clothes
  - Swimming
  - Health and Safety
- Tips for trans boys and transmasculine non-binary youth
  - Clothes
  - Swimming
  - Health and Safety

See also [Montreal Pride](#) (August 1 to 7, 2022) in *Festival and Events* section!