



May 15-17 2020

Course Director:

Mark Samaha MSc, MD, FRCSC











### LOCATION

**McGill Medical Simulation Centre** 

3575 Parc Ave, Suite 5640 Montreal, QC H2X 3P9

Montreal Centre for Facial Plastic Surgery

(Injectable fillers and Neurotoxins Workshop) 1240 Beaumont, Suite 200 Montreal, QC H3P 3E5

#### **FACULTY**



Mark Samaha, MSc, MD, FRCSC Course Director
Associate Professor
Otolaryngology - Head and Neck Surgery
Facial Plastic and Reconstructive Surgery
McGill University



Sami P. Moubayed, MD, FRCSC Assistant Clinical Professor Otolaryngology - Head and Neck Surgery University of Montreal



Kal Ansari, MD, FRCSC, MACMD Associate Professor Otolaryngology - Head and Neck Surgery University of Alberta



Michael Roskies, MSc, MD, FRCSC Facial Plastic and Reconstructive Surgery Toronto, Ontario



Michael G. Brandt, MD, FRCSC Assistant Professor Otolaryngology - Head and Neck Surgery Facial Plastic and Reconstructive Surgery University of Toronto



Philip Solomon, MD, FRCSC Lecturer Otolaryngology - Head and Neck Surgery Facial Plastic and Reconstructive Surgery University of Toronto



Frank P. Fechner, MD Instructor Facial Plastic Surgery University of Massachusetts Medical School



Mark Taylor, MD, FRCSC, FACS Professor and Interim Head Otolaryngology - Head and Neck Surgery Dalhousie University



Alex M. Mlynarek, MSc, MD, FRCSC Assistant Professor Head and Neck Oncology Otolaryngology - Head and Neck Surgery McGill University



Jonathan R.B. Trites, MD, FRCSC, FACS Associate Professor Otolaryngology - Head and Neck Surgery Dalhousie University



#### **Visit Montreal**

Spring is a great time to visit Montreal. Take advantage of the vibrant cultural scene and activities, museums, and a world renowned orchestra. Montreal has the second highest number of restaurants per capita in North America, making it a "foodie" city, with variety to please every palate. Visit Old Montreal to appreciate its stunning architecture and European charm. Enjoy the multicultural vibe that is so characteristic of this wonderful city.

#### **Target Audience**

The course provides a valuable educational opportunity for practicing physicians of all levels of experience and residents in training. The program covers aesthetic and reconstructive topics and techniques relevant to facial plastic and reconstructive surgery. The format of the course allows participants of all levels to tailor their learning experience according to their goals, from the most basic to the most complex.

#### **Course Description**

The course spans the entire spectrum of facial plastic and reconstructive surgery. It is unique in Canada in its scope, audience, size, and quality of cadaver dissection facilities and specimens.

Instructors are prominent leaders and educators in the specialty in Canada. The ratio of instructor to participant allows for one-on-one teaching and coaching. There is a total of no less than 12 hours of cadaver dissection by the participants. There are 2 participants per cadaver stations to insure full exposure to all procedures by each participants. Exceptionally, a third participant may be added.

Didactic lectures cover a wide range of topics and emphasize a practical approach to surgical decision-making and techniques. The course is geared to facilitate interaction between registrants and faculty.

The injectable fillers and neuromodulator workshop allows for exposure to variety of techniques by different expert injectors. Tips and assistance on incorporating fillers and neurotoxins in your practice are also available. Live patient demonstrations with small groups provide easy exposure and opportunity for interactive learning.

#### **Learning Objectives**

At the conclusion of the course, the participant should be able to:

- Discuss principles and basics in facial plastic and reconstructive surgery
- Explain different approaches, incisions, and techniques in modern esthetic rhinoplasty
- Debate different treatment choices and approaches to the aging face
- Utilize technical pearls for complex problems and deformities
- Delineate sound principles in facial reconstruction, including optimal choice of reconstructive option
- Be able to incorporate fillers and neuromodulators into his/her practice and apply safe and optimal injection techniques

#### CME

Practicing Otolaryngologists will be eligible for up to 20 hours of Category 1 CME credits through McGill University department of Otolaryngology-Head and Neck Surgery.



#### **CADAVER DISSECTION SESSIONS**

The cadaver dissection sessions allow for close interaction with faculty, demonstrations, and a great deal of flexibility for candidates to try various techniques.

#### Esthetic Facial Plastic Surgery:

Fresh cadaver specimens will be used. Hands-on practice of surgical techniques as well as injection of fillers into cadaver heads, including

- Rhinoplasty Open and endonasal
- Blepharoplasty
- Cervicofacial rhytidectomy all techniques
- Forehead/Brow lift
- Otoplasty
- Chin implantation
- Injectable fillers

# Local and regional flap reconstruction:

Prosection demonstrations and handson dissection of local flap reconstruction techniques, including

- Forehead flap
- Melolabial flap
- Lip reconstruction
- Deltopectoral flap
- Submental flap
- Supraclavicular flap
- Various other flaps





#### Friday, May 15 Lecture Session:

#### Location: McGill Medical Simulation Centre Lecture room:

7:30 - 7:50	Breakfast and registration
7:50 - 8:00	Welcome and introduction - Mark Samaha, MD
8:00 - 8:30	Local Flaps in facial reconstruction - Kal Ansari, MD
8:30 - 8:50	Common local flaps - the basics - Michael Brandt, MD
8:50 - 9:10	Question period & break
9:10 - 9:30	Nasal Reconstruction - Alex Mlynarek, MD
9:30 - 9:50	Facial nerve: implications in facial plastic surgery - Sami-Pierre Moubayed, MD
9:50 - 10:20	Regional flaps in facial reconstruction - Jonathan Trites, MD
10:20 - 10:30	Break

#### Cadaver Dissection Session:

#### Location: McGill Medical Simulation Centre Skills lab

10:30 - 12:00 Cadaver dissection by participants
Recon demonstrations: K. Ansari, A. Mlynarek, J. Trites, M. Brandt, S-P Moubayed
Nasolabial flap - K. Ansari
Paramedian forehead flap - A. Mlynarek
Facial nerve anatomy - S-P Moubayed

12:00 - 13:00 Lunch Panel - Interesting reconstructive challenges

**Moderator: S-P Moubayed** 

Panelists: K. Ansari, A. Mlynarek, J. Trites, M. Brandt

#### Cadaver Dissection Session (cont'd):

13:00 - 16:00 Cadaver dissection by participants
Flap demonstrations: K. Ansari, A. Mlynarek, J. Trites, M. Brandt, S-P Moubayed
Various regional flaps (submental, pectoralis, etc.) - J. Trites
Various local flaps (rhomboid, bilobed, V-Y advancement, cervicofacial, etc.) all instructors



#### Saturday, May 16 Lecture Session:

#### Location: McGill Medical Simulation Centre Lecture room

7:30 - 8:00	Breakfast
8:00 - 8:20	Open Rhinoplasty - Mike Roskies, MD
8:20 - 8:40	Endonasal vs. open Rhinoplasty - Philip Solomon, MD
8:40 - 9:00	Upper Lid Blepharoplasty - S. Mark Taylor, MD
9:00 - 9:20	Question period & break
9:20 - 9:40	Lower Lid Blepharoplasty - Mark Samaha, MD
9:40 - 10:00	Face and neck lift - Frank Fechner, MD
10:00 - 10:20	Introducing fillers into your practice - Michael Brandt, MD

#### Cadaver Dissection Session:

#### Location: McGill Medical Simulation Centre Skills lab

10:30 - 12:00 Cadaver dissection by participants

Demonstrations: F. Fechner, M. Samaha, S.M. Taylor, M. Roskies, P. Solomon Rhinoplasty - open and endonasal Blepharoplasty - upper lid

12:00 - 13:00 Lunch Q & A

Incoroporating facial plastic surgery services into your practice

Setup / space Schedule management Marketing

Equipment / supplies Personnel Pricing

#### <u>Cadaver Dissection Session (cont'd):</u>

13:00 - 16:00 Cadaver dissection by participants

Demonstrations: F. Fechner, M. Samaha, S.M. Taylor, M. Roskies, P. Solomon

Blepharoplasty - lower lid

Facelift - SMAS and Deep plane

Forehead lift

Chin implant



# Sunday, May 17 Workshop:

### Neuromodulators and injectable fillers

#### **Location: Montreal Centre for Facial Plastic Surgery**

8:00 - 8:30 E

Breakfast

8:30 - 10:30

Neuromodulators and injectable fillers demonstrations - live patients

S.M. Taylor, MD

Frank Fechner, MD

M. Samaha, MD

#### Filler demonstrations

Non-surgical rhinoplasty

Nasojugal folds (Tear troughs)

Nasolabial folds

Geniolabial folds (Marionette lines)

Temporal fossae

Malar/submalar regions

Buccal hollows

Lips

Non-surgical blepharoplasty

#### Neurotoxin (Dysport) demonstrations

Frontalis (forehead)

Corrugators (glabella)

Orbicularis (Brows)

Orbicularis (crow's feet)

Masseter (Bruxism)

Nasalis (Bunny lines)





10:30-10:45 Wrap-up



### **A**CCOMMODATIONS

#### OMNI MONT-ROYAL

1050, Sherbrooke Street West, Montreal, QC 514-284-1110

\$ 239.00 CAD for Deluxe accommodation

\$ 259.00 CAD for Premium accommodations

\$ 379.00 CAD for Omni Suites

Room block reserved and rates available until April 16th under "McGill Facial Plastic Surgery Course".

Rates will be valid from May 14th to May 17th, 2020.

Info and reservation for course attendees available at

https://www.omnihotels.com/fr-ca/hotels/montreal-mont-royal/meetings/11th-annual-mcgill-facial-plastic-center

Alternative accommodations are also available. Please click the link below for hotels with group rates for McGill University. Booking can be made by mentioning McGill University.

https://www.mcgill.ca/accommodations/mohp

### REGISTRATION

Includes lectures, cadaver dissection lab and injectables workshop.

Practicing physicians: \$2150 Fellows: \$850

Canadian Residents: \$395

Non-Canadian Residents: \$1200

Payment by Credit Card: Please fill out the registration form below and contact the

coordinator to complete payment.

Payment by Cheque: Please fill out the registration form below and send with Cheque

payable to "Otolaryngology Fund Account 65172" to the following address:

Facial Plastic Surgery Course 1001 boul. Décarie D05.5639 Montreal, QC H4A 311

Contact information

Contact Coordinator: Fabio Ciccocioppo

Tel.: 514 934-1934 ext. 36386 E-mail: otlhns.med@mcgill.ca



## REGISTRATION FORM

Title: Surr	name:	First Name:				
Address:						
City:	Province:	Postal Code:				
Telephone: E-mail address:						
University/Hospital/Facility:						
Training Level:						
Please check the box for which activitie(ies) you will attend.  Lectures only  Injectables workshop  Cadaver dissection						
Please check your preferred method of payment						
by credit card VISA MasterCard by cheque						
Name as it appears on card:						
Card number:						
Expiry date: Card security code:						