LET’S GET INVOLVED!

@McGill
WHERE TO START?

There are so many ways to get involved at McGill! Here are a few places to start, but in no means is a comprehensive list.

**Activities Night**
Discover over 250 student clubs, services, and independent student groups that McGill has to offer on Sept 9 & 10!

**Get Engaged**
Check out Engage McGill to guide and give you an overview of opportunities and events across campus! You can also find a full list of clubs and student groups [here](#), and leadership workshops [here](#). You can also join a [Peer Program](#), such as the [First Friend program](#).

**ACCE Team**
Attended these workshops and wanting to do more? Join the ACCE Team to enrich your leadership skills while facilitating these workshops!


**MyInvolvement**
MyInvolvement is your online portal for student involvement and skills building. Find workshops, events, student organizations, McGill-based volunteer opportunities, and other meaningful learning opportunities all in one place! This is where your Co-Curricular Record is housed – reflecting your learning opportunities outside the classroom.

[https://involvement.mcgill.ca/](https://involvement.mcgill.ca/)

**SKILLS21**
Here’s the link to a skills development program designed to teach you valuable skills outside of the classroom – skills for the 21st century!

[www.mcgill.ca/skills21/](http://www.mcgill.ca/skills21/)

**McGill Athletics & Recreation**
Something for everyone!
Stay active, meet new friends and try something new at the McGill Sports Complex!

Some activities include:
- Club Sports
- Fitness Groups
- Intramurals
- Varsity Sports

[mcgillathletics.ca](http://mcgillathletics.ca)

**CaPS (Career Planning Services)**
Plan your career path.
CaPS office can help you find a career related job or internship. Workshops, CV Review, LinkedIn Review and more!

[mcgill.ca/caps](http://mcgill.ca/caps)

**McGill Scholarships & Student Aid**
Information and advice about paying for tuition, financial aid, government aid, scholarships, WorkStudy program and more.

Find out more about managing your money with the Frugal Scholar Program!

[mcgill.ca/studentaid](http://mcgill.ca/studentaid)

**Student Wellness Hub**
Here to support you.
Providing access to basic physical and mental services, health promotion and peer support programs.

Services available such as:
- General Practitioners
- Nurses
- Dietitians
- Access Advisors
- Counsellors
- Psychiatrists

[mcgill.ca/wellness-hub](http://mcgill.ca/wellness-hub)
Getting Involved
In your first year

SUGGESTED ASSOCIATIONS FOR FIRST YEARS
Click here for a complete list.

EUSJC
EUS Junior Council
Engineering Undergraduate Society

FUSC
First-Year Events, Academics & Representative Council
Student’s Society of McGill University

FYRE
First-Year Representatives of Education
Education Undergraduate Society (EdUS)

FYC
First-Year Council
Student’s Society of McGill University

FOCSS
COMunity: Commuters of McGill
Off-Campus & Commuter Student Support

FEARC
First-Year Events, Academics & Representative Council
Arts Undergraduate Society (AUS)

FUSS
Freshman Undergraduate Science Society
Science Undergraduate Society (SUS)

FIT
First-Year Involvement Team
Management Undergraduate Society (MUS)

Residence
Hall Council/Inter-Residence Council/University Residence Council
McGill Student Housing & Hospitality Services