Getting Involved @ McGill for Grad Students & Post-docs

July 25, 2018

Post-Graduate Students’ Society
Getting Involved @ McGill

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Getting Involved @ McGill for Grad Students & Post-docs

Welcome and Introductions

AGENDA:

• Post-Graduate Students’ Society of McGill (PGSS)
• Why get involved
• Involvement and Leadership Development
• Getting Involved for International students
• How to get involved at McGill
• Questions
Poll 1: As a graduate student what do you think of getting involved on the campus? Do you see it as:

- necessary
- nice to do if possible
- neutral
- not necessary

Please do poll and use the chat box to explain your answer
PGSS: Post-Graduate Students’ Society of McGill
academic.pgss@mail.mcgill.ca

- Acquire policy making and governance skills
- Networking opportunities
- Why should I be involved at PGSS?
- Positive impact on McGill and Community
- A bridge between university and the employment market
- Develop strong leadership skills
- Social life outside of the office
PGSS CORPORATION

Thomson House

http://thomsonhouse.ca/home

Restaurant & bar
Space Rentals

PGSS McGill
pgss.mcgill

Leisure Classes

Discounts

100+ events!

Orientation
Aug 30 - Sept 11

BBQ Bash - Aug 30
Housewarming Party - Sept 28th

Montreal Planetarium
Rio Tinto Alcan Tickets

Botanical Gardens & Insectarium Tickets

Latin Groove.ca
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<th>SUPPORT &amp; ADVOCACY</th>
<th>HEALTH &amp; WELLNESS</th>
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<td>Committee for Member Support Member Legal Support Fund</td>
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<td>Thomson House</td>
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<td>Equity, Diversity &amp; Accessibility</td>
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<td>Family Care Caucus</td>
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<td>International Student Caucus</td>
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<td>Cross, Continuum plan)</td>
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<td>PGSS Environment Committee</td>
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<td>Student Rights and representation with McGill, Quebec</td>
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<td>and Canada</td>
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https://pgss.mcgill.ca
PGSS Committees
Academic Affairs
Committee for Member Support
Committee on Monetary Affairs
Council Steering Committee
Elections Committee
Environment Committee
Equity and Diversity Committee
External Affairs Committee
Family Care Caucus
Governance Committee
Health and Wellness Committee
Internal Affairs Committee
International Students Caucus
Member Services Committee
Sustainability Committee
Policy and Structure Advisory Committee

PGSS Governing Bodies
Appointments Board
Board of Directors
Council
Executive Committee
General Meeting
Judicial Board

McGill Committees
Senate
Board of Governors
Working Groups
Advisory Committees
Cyclical Review Units
Library Advisory Committees
Faculty Councils

Getting Involved @ McGill

Why?

According to a recent study, McGill students involved in university organizations and leadership positions scored significantly higher in:

• complex cognitive skills
• consciousness of self,
• and resiliency

than students who have never been involved.

Multi-Institutional Study of Leadership, 2015
Getting Involved @ McGill

Why?

To practice and improve your balance of academic excellence with co-curricular activities.

Skills that you develop include time management, life balance and building a social network (a.k.a. finding great friends for life).
Poll 2: Why do you want to get involved? (select as many as apply)

- to meet new people
- an outlet from academics
- learn something new
- for my cv/resume
- networking opportunities
- continue pursuing my interests/hobbies
- for fun
- to compliment my academic interests
- to find something specific I am interested in
- other

(Please use chat box if you’d like to add in more info)
During the university years, leadership development generally relies on involvement in student organizations and activities (Astin & Astin, 2000), providing the students with benefits such as “self-efficacy, civic engagement, character development, academic performance, and personal development” (Dugan & Komives, 2007, p. 8).

Students can and do increase their leadership skills during school and by (getting) involve(ed) in co-curricular activities (Pascarella & Terenzini, 2005).
How to get involved?

Welcome to Engage McGill!

A guide and overview to getting engaged in University and student-led groups and events across both campuses.

You can also access information about the support and resources at McGill that are geared towards helping you get more engaged and supporting your learning and development outside of the classroom.

Browse the different categories below or click Opportunities for Engagement above.
How to get involved?

Welcome to myInvolvement!
myInvolvement enhances the McGill student experience by connecting students to learning opportunities outside the classroom. Visit our McGill website to learn more.

New to the Site?
View our user guides! If you have questions or something isn’t working correctly, email us at myinvolvement@mcgill.ca

View Your Co-Curricular Record
To view, customize, and print your CCR:
1. Click your first initial (or photo) in the top-right corner.
2. Click "Co-Curricular Record."
How to get involved?

Click on any of the above images - all these areas offer opportunities to participate via attending workshops, volunteering, taking classes, joining a committee/team, etc.
Getting Involved @ McGill

• Grad Orientation (GX)
  • Thursday, August 30\textsuperscript{th}
  • A great way to meet fellow incoming grad students, learn about involvement opportunities on campus, and talk to other grad students about their involvement experience!

• Throughout the academic year...
  • Check out the Peer Programs Network at mcgill.ca/peerprograms to learn about the ways students volunteer to help fellow students at McGill!
Getting Involved @ McGill

SSMU Resources

https://ssmu.ca/student-life/clubs-services-isg/

CLUBS
- Athletics and recreation
- Leisure Activities and Hobbies
- Language and Publications
- …. 

SERVICES
- MSERT (McGill student emergency response team)
- Walksafe
- Peer support Center
- …. 

INDEPENDENT CLUBS
- QPIRG
- CKUT 90.3 FM
- IRSAM
- The Legal Information Clinic at McGill (LICM)
- …. 

[Image of a pie chart with sections for Clubs, Services, and Independent Clubs, each containing the listed resources.]
Getting Involved @ McGill

International Students

• Why would you want to get involved as an international student?
  • As a way to transition to a new location
  • To meet new people
  • To know about the resources available in the university and in the city of Montreal
  • To develop some skills (language, cultural familiarity, ..)
  • other

POLL #4
Getting Involved @ McGill

Resources for international students

Pre-Arrival Orientation Webinars

iSTEP
Thank you & welcome to McGill!

We hope to see you at Grad Orientation on August 30th, 2018 and Activities Nights on September 11th and 12th, 2018.

See you soon!

Please help us by sharing what you learned today with other incoming students.