



LET'S GET INVOLVED!

@McGill 



Brought to you by campus life and engagement



Activities Night

Discover over 250 student clubs, services, and independent student groups that McGill has to offer on **Sept 9 & 10!**



Get Engaged

Check out [Engage McGill](#) to guide and give you an overview of opportunities and events across campus! You can also find a full list of clubs and student groups [here](#), and leadership workshops [here](#). You can also join a [Peer Program](#), such as the [First Friend program](#).



ACCE Team

Attended these workshops and wanting to do more? Join the ACCE Team to enrich your leadership skills while facilitating these workshops!

www.mcgill.ca/engage/support/acce-ambassadors-campus-and-community-engagement

MyInvolvement



MyInvolvement is your online portal for student involvement and skills building. Find workshops, events, student organizations, McGill-based volunteer opportunities, and other meaningful learning opportunities all in one place!

This is where your Co-Curricular Record is housed – reflecting your learning opportunities outside the classroom.

<https://involvement.mcgill.ca/>



SKILLS21

Here's the link to a skills development program designed to teach you valuable skills outside of the classroom – skills for the 21st century!

www.mcgill.ca/skills21/

WHERE TO START?

There are so many ways to get involved at McGill! Here are a few places to start, but in no means is a comprehensive list.



RESOURCES



McGill Athletics & Recreation

Something for everyone! Stay active, meet new friends and try something new at the McGill Sports Complex

Some activities include:

- Club Sports
- Fitness Groups
- Intramurals
- Varsity Sports

mcgillathletics.ca

Student Wellness Hub

Here to support you. Providing access to basic physical and mental services, health promotion and peer support programs.

Services available such as:

- General Practitioners
- Nurses
- Dietitians
- Access Advisors
- Counsellors
- Psychiatrists

mcgill.ca/wellness-hub

CaPS (Career Planning Services)

Plan your career path. CaPS office can help you find a career related job or internship. Workshops, CV Review, LinkedIn Review and more!

mcgill.ca/caps

McGill Scholarships & Student Aid

Information and advice about paying for tuition, financial aid, government aid, scholarships, WorkStudy program and more.

Find out more about managing your money with the Frugal Scholar Program!

mcgill.ca/studentaid



Getting Involved

In your first year



EUSJC

EUS Junior Council
Engineering
Undergraduate Society

FASC

*First-Year Events, Academics
& Representative Council*
Student's Society of McGill
University

FYRE

*First-Year Representatives of
Education*
Education Undergraduate
Society (EdUS)

SUGGESTED ASSOCIATIONS FOR FIRST YEARS

Click [here](#) for a complete list.

FYC

First-Year Council
Student's Society of
McGill University

OCCSS

*COMunity: Commuters
of McGill*
Off-Campus & Commuter
Student Support

FEARC

*First-Year Events, Academics &
Representative Council*
Arts Undergraduate Society
(AUS)

FIT

First-Year Involvement Team
Management
Undergraduate
Society (MUS)

FUSS

*Freshman Undergraduate
Science Society*
Science Undergraduate
Society (SUS)

Residence

*Hall Council/ Inter-Residence
Council/University Residence
Council*
McGill Student Housing
& Hospitality Services